NOVEMBER 2026

New Beginnings

OVEREATERS ANONYMOUS®
CENTRAL FLORIDA INTERGROUP

Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit **oacfi.org** for more information.

STEP ELEVEN: SPIRITUAL AWARENESS	Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
TRADITION ELEVEN: ANONYMITY	Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television and other public media of communication.
CONCEPT ELEVEN: HUMILITY	Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs and consultants.

In this newsletter you can expect:

Upcoming events (pages 2 - 5)

Stories of impact (pages 6, 11, 12)

Open service opportunities (page 7)

WSO News (page 8)

Toolbox challenge (page 9)

7th tradition (page 10)

Treasurer's report (page 12)

Meeting list (pages 13- 16)

November Calendar of Events

OACFI Intergroup/Budget Meeting
November 14th at 10:00 am ET
https://us02web.zoom.us/j/5083293778
Password: service

Budget meeting follows IG meeting.

OACFI Annual Recovery Retreat
November 6th - 8th
DeLand, Florida
Registration info below

Sponsoring Newcomers Workshop
November 1st at 2:30 pm ET
Zoom ID: 946 329 9470
Password: recover!

International Day Experiencing Abstinence (IDEA) Workshop
November 21st at 8:00 am ET
Zoom ID: 940 5580 8391
Password: Serenity

Abstinence and Recovery Workshop
November 21st at 10:00 am ET
Zoom ID: 816 6332 7887
Password: x5xMc5

OA Phone Marathons
Meetings held from 8AM to midnight, EST.

November 8th - Diwali
November 11th - Veterans Day
November 26th - Thanksgiving

712-432-5200
PIN: 4285115

Body Image and Self-Acceptance Recovery Workshop
November 22nd at 1:00 pm ET
Zoom ID: 824 5698 3356
Password: 446385

Gratitude and Recovery Gathering with Speakers
November 22nd at 3:30 pm ET
Zoom ID: 815 6171 2598
Password: 268332

Weekend Recovery Speaker Call
November 28th at 12:00 pm ET
Dial-in: 1-712-432-5200
PIN: 4285115#











A NEW KIND OF RETREAT EXPERIENCE

Set at the beautiful Sanborn Center, this year's retreat offers the connection of a closed campus in the heart of Downtown DeLand. Experience recovery, community, and comfort in a space that feels welcoming, refreshed, and alive. Whether you're new or in long-time in recovery, there is a place for you here.

RETREAT DETAILS

November 6-8th, 2026
Sanborn Center, DeLand Florida
Closed campus experience in a walkable downtown setting

- Lunch & dinner included (gluten & sugar free)

HIGHLIGHTS

- Mind • Body • Spirit workshop tracks
- Creative activities
- Clean abstinent meals
- Evening skits, raffle & auction
- Inspirational Key Note Speaker
- Friday night kickoff

Price until 10/1
$195
Price after 10/1
$245

https://www.oacfi.org/retreat/

MORE THAN WORKSHOPS

This weekend is about connection, creativity, and joy in recovery.

A balance of structure, freedom, and inspiration.

For More Info and Registration



CREATE YOUR OWN RETREAT EXPERIENCE

This retreat is designed to meet you exactly where you are. At each session, choose from three pathways:

Mind – Emotional sobriety, tools, and perspective

Body – Physical wellness, nourishment, and self-care

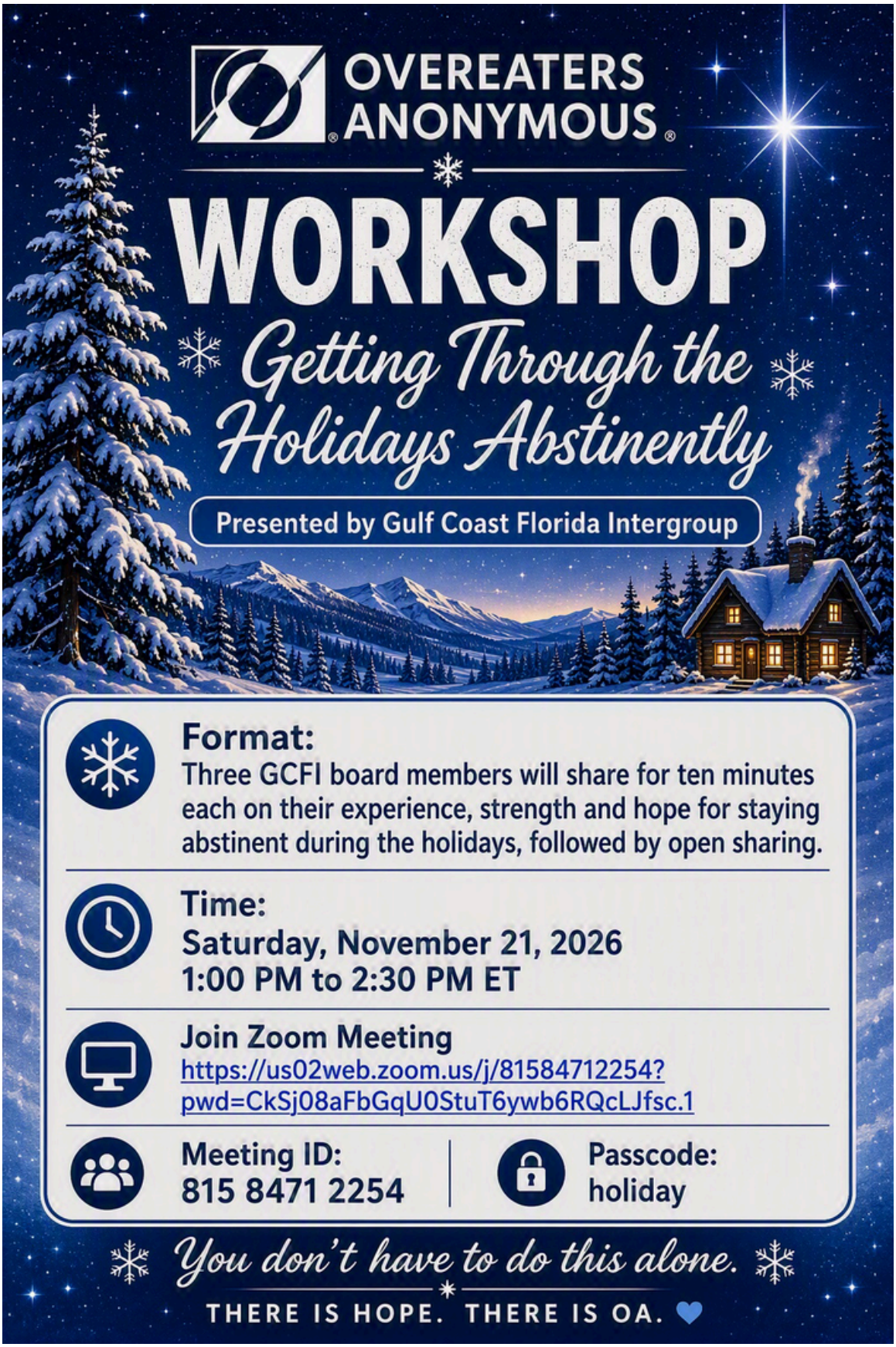
Spirit – Connection, meditation, and spiritual growth





COST: ✔ **$195** 8/2 to 10/1 ✔ **$245** after 10/2

REGISTER NOW!


OVEREATERS ANONYMOUS®
WORKSHOP
Getting Through the Holidays Abstinently
Presented by Gulf Coast Florida Intergroup
Format:
Three GCFI board members will share for ten minutes each on their experience, strength and hope for staying abstinent during the holidays, followed by open sharing.
Time:
Saturday, November 21, 2026
1:00 PM to 2:30 PM ET
Join Zoom Meeting
https://us02web.zoom.us/j/81584712254?pwd=CkSj08aFbGqU0StuT6ywb6RQcLJfsc.1
Meeting ID:
815 8471 2254
Passcode:
holiday
You don't have to do this alone.
THERE IS HOPE. THERE IS OA.



Ground Glass

"The moral inventory is a cool examination of the damages that occurred to us during life and a sincere effort to look at them in a true perspective. This has the effect of taking the ground glass out of us, the emotional substance that still cuts and inhibits." - As Bill Sees It, p. 140 as quoted in "Daily Reflections"

Today's reflection from AA, removing the ground glass, really speaks to me. Removing the ground glass is a metaphor for getting rid of the things inside yourself that cause pain. Like resentments, anger and fear.

I believe that my fourth step was the greatest gift to myself. Going into that step, I thought I had many resentments. But it turns out it wasn't as bad as I thought. I think this step was a great step because it revealed so much of myself to me.

Because of this step I understand why I am a compulsive overeater, when it started and the effect it had on my life. That knowledge combined with a strong spiritual renewal, is making my life so wonderful today!

Attitude of gratitude!

-Anonymous
Deland, FL

"New Beginnings" contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on www.oacfi.org, a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.

Below are current service opportunities in the OA Central Florida Intergroup.

- Nominations for each position will be accepted at the October 10, 2026 and November 14, 2026 Intergroup meetings.
- Elections will be held at the December 12, 2026 Intergroup meeting. The service for each position begins Jan. 1, 2027.
- To fulfill one of these positions, a member should participate in an OA group that is registered by OA World Service and is part of the Central Florida Intergroup. For more detailed information about positions, please see the resources listed below.

Policies and Procedures: https://www.oacfi.org/2026/06/14/policy-procedure-manual-june-2026/
Bylaws: https://www.oacfi.org/wp-content/uploads/2024/11/bylaws-OACFI-willingness-to-learn.pdf (Currently being reviewed by the Bylaws Committee for possible updates/edits.)

Service Position Open in January 2027	Brief Description of Duties and Other Information	Abstinence Requirement
***VICE CHAIR**	Support the chairperson and ensure continuity of leadership and committee function. Serve in place of the Chairperson when needed. This is an OACFI Board Position. The Vice Chair shall have given service beyond the group level for a minimum of 1 year. Term of services is 2 years. The vice chair is usually expected to become chair.	1 year
***TREASURER**	Manage the financial resources of the Intergroup in accordance with established policies, and maintain its fiscal integrity. Provide regular financial reports, including prudent reserve status. This is an OACFI Board Position. Treasurer shall have given service beyond the group level for a minimum of 1 year. Term of service is 2 years.	1 year
***BUDGET COMMITTEE CHAIR**	**NEEDED IMMEDIATELY**—Help formulate the annual OACFI budget. (Different position than treasurer.)	none
***PIPO COMMITTEE CHAIR**	The PIPO (Public Information and Professional Outreach) Committee shall carry the Overeaters Anonymous message to the public and professional community and support efforts to increase public awareness of Overeaters Anonymous. Recommended term of service is 2 years.	6 months
***NEWSLETTER EDITOR**	Produce the Intergroup newsletter in support of communication and recovery. The newsletter currently comes out monthly. Recommended term of service is 2 years.	6 months
***12TH STEP WITHIN COMMITTEE CHAIR**	Support recovery within the fellowship by reaching members who still suffer.	6 months
***REGION 8 ASSEMBLY REPRESENTATIVES (2 OPENINGS)**	Represent the Intergroup at Region 8 Assemblies. Attend and participate in Region 8 Assemblies. Present a written report to Intergroup following the assembly. There are two (2) Business Assemblies / Recovery Conventions per year; usually held in March and October. Term of service is 2 years. Service-related expenses are covered by Intergroup.	6 months
***WORLD SERVICE DELEGATES (3 OPENINGS)**	Represent the Intergroup at the World Service Business Conference. Attend and participate in the World Service Business Conference. Present a written report to Intergroup following the conference. The World Service Business Conference meets every year. Term of service is 2 years. Service-related expenses are covered by Intergroup. OA World Service states that each Delegate shall have given service beyond the group level for a minimum of 2 years.	1 year
***NEXT GENERATION COMMITTEE CHAIR**	Support outreach and engagement with younger people in Overeaters Anonymous. Recommended term of service is 2 years.	6 months
***INTERGROUP MEETING REPRESENTATIVES Needed for groups that do not currently have a Meeting Representative for Intergroup.**	Serve as the link between member groups and the Intergroup. Attend and participate in the Intergroup business meetings. Communicate information, motions, and decisions between Intergroup and their group. Ensure their group's meeting information is accurate and current. Support Intergroup service through committee participation, where possible. Appoint an alternate who may serve in their absence. Intergroup meets monthly via videoconferencing.	Not listed.

If interested in any of these positions, or for more information, please email: chair@oacfi.org or call 443-754-0503 and leave a message. Thank you!

Call for Story Submissions

Your experience, strength, and hope makes an impact. New Beginnings is looking for articles to be featured in upcoming newsletters. All OA-related topics are welcome: step work, using the tools, coming back from relapse, celebrating recovery milestones, processing resentments, surviving holidays, and more.

Ready to do service? Email your story to newsletter@oacfi.org.



New Book & Workbook Bundles



Image courtesy of OA World Service

Save $5 per bundle when you buy the For Today Book and Workbook Bundle (#920) and the Voices of Recovery Book and Workbook Bundle (#921) from the OA bookstore.

GO TO BOOKSTORE

Donate: Professional Exhibits Fund

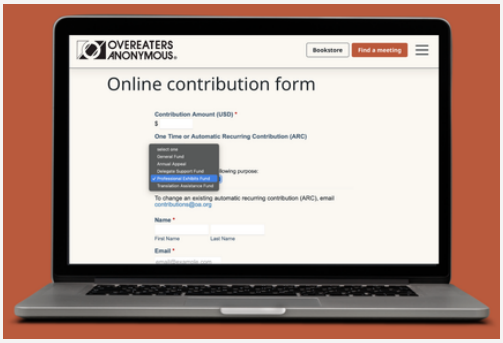


Image courtesy of OA World Service

OA's Professional Exhibits Fund helps pay booth fees and material costs for health and wellness service bodies who wish to represent OA at professional conferences.

CONTRIBUTE HERE

November Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

PLAN OF EATING

Track and share your food with a fellow. Reflect on any patterns you notice this month.

Update your list of “safe” foods.

TELEPHONE

Call, text, or email 90 OA fellows in 90 days.

Write down five new phone numbers from other time zones.

SERVICE

Volunteer for an open OACFI service position on page 6.

Share page 6 with an OACFI fellow who might be interested.

WRITING PROMPTS

What emotions trigger my disease? How can I use program to process them?

What am I scared to talk to my Higher Power about?

When am I most vulnerable to food triggers? Why?

What are three things I can do for a fellow who is struggling?

Share your responses to newsletter@oacfi.org for a chance to be featured in next month’s newsletter!



Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting's contribution.
For more information visit oacfi.org/7th-tradition.

OACFI & NEWCOMERS

Check out our newcomer website to learn more about OA and get started.

CHECK IT OUT

OACFI & PROFESSIONALS

How can OA help patients who are compulsive eaters? We have answers.

LEARN MORE

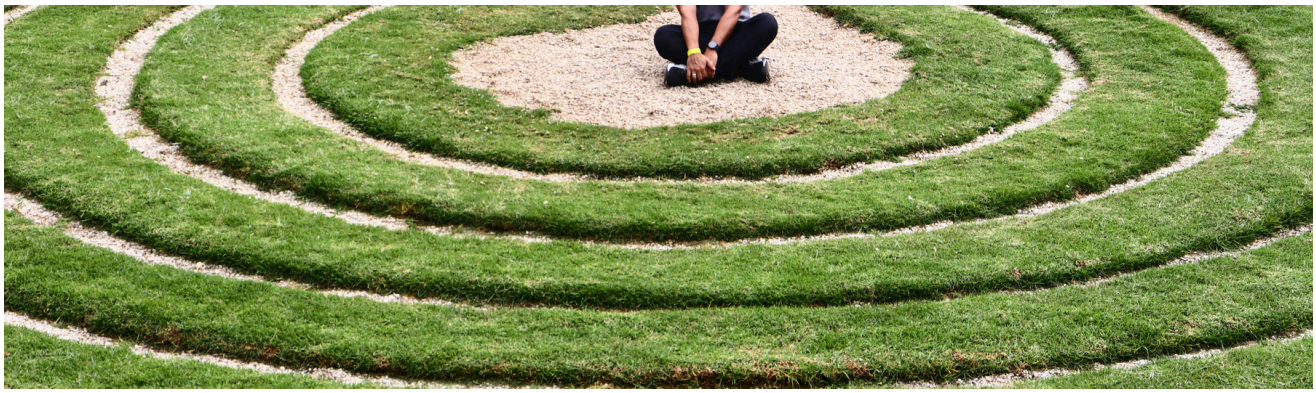
SUBSCRIBE

Get "New Beginnings" delivered to your inbox each month.

SIGN ME UP

FOLLOW US

Click the icons to view our social pages.



Daily Reprieve

"The purpose of Step Ten is to identify and remove from our path today's stumbling blocks, those manifestations of pride, fear, anger, self-pity, greed, and other emotions that are bringing pain into our lives and keeping us from growing today." -The Twelve Steps and Twelve Traditions of Overeaters Anonymous (p. 70)

I was blind to how my character traits impacted my relationships, destroyed my serenity, and kept me reaching for the food. The more I turned to food, the more I spiraled into my disease and unhealthy ways of coping with life. The Twelve Steps have given me a pathway to self-acceptance, a spiritual connection, and reliance on a Higher Power.

A daily Tenth Step is just one action I take to maintain my recovery from compulsive overeating. In reviewing my day, I look to see if I was resentful, selfish, dishonest, or fearful in my interactions with others. I take an honest look at my part and make amends when needed. I ask my Higher Power what He would want me to do in each situation. I then share my Tenth Step with my sponsor.

Step Ten initially was not an easy process, but over time I have come to recognize its necessity if I want recovery. Personal growth is not possible without change. Step 10 continues to help me identify my character defects, patterns in my behavior, and old behaviors and reactions that no longer serve me well. This ongoing process occurs with the guidance of my Higher Power and leads to a change in how I react to life.

A daily reprieve from compulsive eating is the gift my Higher Power provides when I take the daily actions needed for my recovery.

-Anonymous

Treasurer's Report (September 2026)			
Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	
801848	Sun	Noon, zoom only (added 5/3/25)	
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	$ 40.00
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	
50209	Mon	10 AM Pimlico Rec Ctr	
57446	Mon	Space Coast	$ 50.00
45648	Mon	7PM Casa De Virtual , Kissimmee	$ 25.00
1048	Mon	7PM Church of Ascension Virtual	
800442	Mon	7PM Grace Zoom Virtual	
57739	Mon	6:00 pm Maitland F2F	
89653	Mon	10 AM Virtual For Today	
58161	Tue	5pm Central Brevard Cocoa Group	
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	$ 263.50
57273	Tue	5:30 The Meeting Place Ocala F2F	$ 10.00
39211	Tue	6:30 New Covenant Deland F2F	
52613	Tue	7:00 pm North Pool Celebration F2F	
53032	Tue	5:30 pm YMCA Lecanto Fl F2F (time changed Feb 2025)	
801000	Tues	6pm Tuskawilla//Virtual closed	
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	
800822	Tue	Central Christian Church zoom	$ 10.00
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
48700	Wed	10:00 am Lady Lake UMC F2F	
51561	Wed	2pm Melbourne (new Space coast 4/15/25	
57994	Wed	7:00 Winter Park F2F	$ 52.50
57434	Thurs	Westminster-by-the-sea	$ 55.00
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	
800920	Thurs	4:00 pm Virtual Bobble Heads	
57955	Thurs	4:30 pm Christian Family F2F	
89384	Thurs	6:00 pm Body Image Virtual	$ 5.00
89006	Thurs	7:00 pm Speaker Mtg Virtual	$ 50.00
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	
46730	Thurs	7:00 pm United Methodist Church, Rockledge	$ 13.00
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	
58477	Fri	Circle Club Indian harbor	
45611	Fri	10:00 am Lady Lake Library Hybrid	$ 27.00
801666	Fri	9:00 am Shepherd Hill Church Clermont F2F	
800378	Sat	9:00am Zoom Port Orange	
46887	Sat	8:00 am Windermere	$ 63.00
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	
38611	Sat	9:00am St. Richards Episcopal Hybrid	$ 415.27
24750	Sat	9:30am: Trinity Wellsprings Church	$ 196.00
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Workshop	
		12 Step Within Workshop	
		Literature	$ 15.00
		unknown group #	$ 282.00
		Individual Contributions (Checks/Cash)	$ 1,099.27
		Individual Contributions (Paypal or Zelle)	$ 473.00
		Literature	
		TOTAL GROUP CONTRIBUTIONS	$ 1,572.27

My HP & Me

My Higher Power will always know more than I do. In the throws of recent frustrations (health, work, family life) I find my connection with my HP ebbing and flowing. But, when I am well enough to pick up the pen, receive a phone call from a fellow, or find the strength to walk past a red light food after a hard day I know my Higher Power is with me.

My disease leads me to a path of pain, suffering, and all sorts of insanity. When I do my best and turn the rest over to my Higher Power, life becomes easier. I might not always go out of my way to pray or meditate, but I see all the ways my HP shows up and loves me unconditionally.

-Anonymous

"New Beginnings" is the monthly newsletter of the Overeaters Anonymous Central Florida Intergroup. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by OACFI.

All images used in this newsletter have been sourced from Canva (unless otherwise noted).

OVEREATERS ANONYMOUS®
CENTRAL FLORIDA INTERGROUP

Updated: 10-03-2026

MONDAY

Time	Type	Group #	Location	Contact	Phone
10:00 am	ZOOM	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256-0373
10:00 am	Varied Face to Face	50209	Pimlico Rec. Ctr. 530 Belvedere Blvd. The Villages, FL 32162	Gloria	352-345-5638
11:00 am	Newcomer's and OA Beginner's Meeting	51162	Merritt Island PresbyterianChurch 600 S Tropical Trail Merritt Island, FL 32952 *The entrance to this meeting is located on Cone Rd. as part of the church's main bldg.*	Cat	315-876-2035
Noon	Step Study ZOOM	800822	Zoom: meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: Zoom phone in 312-626-6799 pw 452471#	Kathy S.	678-429-1286
1:00 pm	Varied Open Face to Face	57446	Rockledge Presbyterian Church 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798-2520
6:00 pm	Literature Face to Face	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407-718-2127
7:00 pm	Varied ZOOM	45648	** text contact person for current Zoom meeting & password information. https://zoom.us/j/9749783696 Passcode: 803281	Terry C.	407-414-5298
7:00 pm	Varied ZOOM	01048	*Currently only held virtually S Apopka Vineland Rd Orlando, Florida, 32819	Jacqueline	407-423-4086
7:00 pm	Varied ZOOM	800442 open	Grace Zoom meeting 1-253-215-8782 Zoom 868 3781 3267 pw grace https://us02web.zoom.us/j/86837813267		mondaygracemeeting@gmail.com

TUESDAY

12 noon			Zoom meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: Zoom phone in 312-626-6799 pw 452471#	Kathy S	678-429-1286
2:00 pm	Varied Face to Face	57273	Welcome Home **New Address College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 (Text first)

Please email meetinglist@oacfi.org to add/edit/delete information. These changes can take up to 7-10 days to be reflected on this meeting list.

5:00 pm	Literature Face to Face	58161	956 North Cocoa Blvd. Cocoa, FL	Pete	321-506-3033
5:30 pm	Literature Face to Face	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168	Debby	386-402-6631
5:30 pm	Varied Open Face to Face	53479	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129
6:00 pm	Face to Face	53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461	Trish	540-454-4600
6:30 pm	Varied Face to Face	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue Deland, FL 32724 Email: DeLand. FL.OA@gmail.com	Ann H.	386.456.4922
7:00 pm	Varied Face to Face	52613	Celebration, FL 34747 Call contact person for directions Celebration, FL 34747	Geri B.	407-557-7055
7:00 pm	Varied - Conference call	55782	Phone # 408-638-0968 Meeting ID -881 5087 0583 # Passcode – 952305# enter info twice	Gerri P.	407-535-6369

WEDNESDAY

Time	Type	Group #	Location	Contact	Phone
10:00 am	Big Book Face to Face	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159	Vicki	517-256-0373
Noon	Big Book ZOOM	800822	Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Zoom call in # 1-312-626 6799 pw 452471#	Kathy S.	678-429-1286
2:00 pm	Step Study Face to Face	51535	Driftwood Club Step Study **New Info 315 Nieman Avenue Melbourne 32901 Wednesdays 2:00-3:00 pm	Roy	310-968-3061
7:00 pm	Varied Face to Face	57994	First Congregational Church 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616-8000

THURSDAY

Time	Type	Group #	Location	Contact	Phone
10:30 am	Varied Face to Face	57434	Westminster-By-the-Sea 3221 S Peninsula Drive Daytona Beach Shores, FL 32118	Terri	386-285-6492
11:00 am	Varied Face to Face	57456	Merritt Island Presbyterian Church 600 S Tropical Trail Merritt Island, FL 32952	Dan	925-577-8636
Noon	Varied ZOOM	800822	Zoon meeting ID: 844 7739 8454 pw serenity	Jacqueline	407-423-4086

Please email meetinglist@oacfi.org to add/edit/delete information. These changes can take up to 7-10 days to be reflected on this meeting list.

			https://zoom.us/j/84477398454 Phone Access: 1-312-626 6799 pw 452471#		
4:00 pm	Varied ZOOM	800920	Bobbleheads Zoom 842 9268 7636 pw Surrender https://us06web.zoom.us/j/84292687636	Donna G.	603-477-4555 Text first, please
4:30 pm	Varied Face to Face	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215-9601
6:00 pm	Discussion ZOOM	89384	Body Image Zoom 823 7540 9368 pw boai8 https://us02web.zoom.us/j/82375409368	Kathy M	407-252-7575
7:00 pm	Varied ZOOM	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 https://us02web.zoom.us/j/86370717790 Speaker on first Thursday of the month.	Jack L	352-430-5487
7:00 pm	Big Book Phone	55775	Phone # 408-638-0968 Meeting ID -881 5087 0583 # Passcode – 952305 # enter info twice	Jacqueline	407-423-4086
7:00 pm	Step Study Hybrid: Inperson + Phone	46730	Grace United Methodist Church 1935 S Fiske Boulevard Rockledge, Florida *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536-3951
7:00 pm	online	801991	https://us06web.zoom.us/j/87923044026 Meeting ID: 879 2304 4026 Passcode: SOS12steps	Lisa	321-276-2595

FRIDAY

Time	Type	Group #	Location	Contact	Phone
9:00 am	Varied Hybrid	801666	13600 Caspian Lane Clermont, FL 34711 Meeting ID - 876 6611 6868 Passcode is 077677	Gail P	352-348-1004
10:00 am	Discussion Hybrid	45611	Lady Lake Library Zoom 850 9315 5902 pw - Call contact 225 W. Guava Street Lady Lake, FL 32159 Meeting #: 45611 https://us02web.zoom.us/j/85093155902	Vicki	517-256-0373
Noon	Big Book Open Face to Face	58477	Circle Club **New Meeting 230 East Eau Gallie Blvd. Indian Harbor, FL 32937	Roy	310-968-3061
Noon	Newcomers ZOOM	800822	Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: 1-312-626 6799 pw 452471#	Kathy S	678-429-1286
7:00 pm	Literature Phone	55772	Phone # 408-638-0968 Meeting ID 881-5087 0583# Passcode – 952305# enter info twice	Jacqueline	407-423-4086

SATURDAY

Time	Type	Group #	Location	Contact	Phone
8:30 am	Newcomers Face to Face	51130	Hibiscus Variedillage Rec Center 1740 Bailey Trail The Variedillages FL 32162 (Jasmine Card Rm)	Judy S.	516-551-5269
8:30 am	Varied Face to Face	46887	Ascension Church (Rm 108) 4950 S. Apopka Variedineland Road Orlando, FL 32819	Geri B.	407-557-7055
9:00 am	Varied ZOOM	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 https://zoom.us/j/88077179552?from=join#success	Jane Varied.	386 679-2098
9:00 am	Discussion Face to Face	38611	St. Richards Church 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face) The last Saturday is a speaker meeting Fragrance Free Meeting	Carole M.	407-616-8908
9:00 am	Discussion Face to Face	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129	Debby H.	386-402-6631
9:30 am	Big Book Open Face to Face	24750	Trinity Wellsprings Church 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553
Noon	Meditation Meeting ZOOM	800822	oom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone access: 312-626-6799 pw 452471#	Jacqueline	407-423-4086

Sunday

Time	Type	Group #	Location	Contact	Phone
Noon	Literature ZOOM	801848	ID:844 7739 8454 Password: serenity	Maiya	415-601-4747
5:00 pm	Varied ZOOM	48951	In the Solution Zoom: 844 7739 8454 Password: serenity https://zoom.us/j/84477398454	Cheryl	407-221-5928

Please email meetinglist@oacfi.org to add/edit/delete information. These changes can take up to 7-10 days to be reflected on this meeting list.