

New Beginnings

**OVEREATERS
ANONYMOUS®**
CENTRAL FLORIDA INTERGROUP

Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit oacfi.org for more information.



STEP TEN: PERSEVERANCE

Continued to take personal inventory and when we were wrong, promptly admitted it.

TRADITION TEN: NEUTRALITY

Overeaters Anonymous has no opinion on outside issues; hence, the OA name ought never be drawn into public controversy.

CONCEPT TEN: CLARITY

Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.

In this newsletter
you can expect:

Upcoming events
(pages 2 - 5)

Stories of impact
(pages 6, 11, 12)

**Open service
opportunities**
(page 7)

WSO News
(page 8)

Toolbox
challenge
(page 9)

7th tradition
(page 10)

Treasurer's report
(page 12)

Meeting list
(pages 13- 16)

October Calendar of Events

OACFI/PIPO Intergroup Meeting

October 10th at 10:00 am ET

<https://us02web.zoom.us/j/5083293778>

Password: service

PIPO meeting follows IG meeting.

OA Phone Marathons

Meetings held from 8AM to midnight, EST.

October 12th - Indigenous Peoples
Day/Canadian Thanksgiving
October 31st - Halloween

Diversity and Outside Issues Workshop

October 3rd at 4:00 pm ET

Zoom ID: 851 4599 9242

Password: 12x12

712-432-5200

PIN: 4285115

Newcomer and Sponsorship Support Workshop

October 4th at 1:00 pm ET

Zoom ID: 893 714 2644

Password: 912866

Newcomer Recovery Workshop

October 17th at 11:00 am ET

Zoom ID: 850 9549 6827

Password: 1212

“Family” Share Workshop

October 8th at 6:00 pm ET

Zoom ID: 817 388 5598

Password: 1212

Zoom Security Training Session

October 17th at 4:30 pm ET

Email to register:

jenean.oa2023@icloud.com

Men’s Courage and Recovery Workshop

October 10th at 2:00 pm ET

Zoom ID: 891 5369 8069

Password: OAMen





A NEW KIND OF RETREAT EXPERIENCE

Set at the beautiful Sanborn Center, this year's retreat offers the connection of a closed campus in the heart of Downtown DeLand. Experience recovery, community, and comfort in a space that feels welcoming, refreshed, and alive. Whether you're new or in long-time in recovery, there is a place for you here.

RETREAT DETAILS

November 6-8th, 2026

Sanborn Center, DeLand Florida

Closed campus experience in a walkable downtown setting

- Lunch & dinner included (gluten & sugar free)

HIGHLIGHTS

- Mind • Body • Spirit workshop tracks
- Creative activities
- Clean abstinent meals
- Evening skits, raffle & auction
- Inspirational Key Note Speaker
- Friday night kickoff

<https://www.oacfi.org/retreat/>

Price until 10/1

\$195

Price after 10/1

\$245

MORE THAN WORKSHOPS

This weekend is about connection, creativity, and joy in recovery.

A balance of structure, freedom, and inspiration.



For More Info
and Registration



CREATE YOUR OWN RETREAT EXPERIENCE

This retreat is designed to meet you exactly where you are. At each session, choose from three pathways:

Mind – Emotional sobriety, tools, and perspective

Body – Physical wellness, nourishment, and self-care

Spirit – Connection, meditation, and spiritual growth



COST: ✓ \$195 8/2 to 10/1 ✓ \$245 after 10/2

REGISTER NOW!

OVEREATERS
ANONYMOUS®
CENTRAL FLORIDA INTERGROUP

JOIN US FOR A

Basic Canva Lesson

SATURDAY, OCTOBER 10, 2026
1 PM

Canva is a user-friendly online graphic tool that helps people create visual projects without needing any design skills.

When you complete this lesson, you will be able to create flyers and more. You will receive the Zoom ID and passcode at the end of the registration.

SIGN UP AT:

<https://bit.ly/4znydhL>

or





What We Believe

“Our beliefs provide the criteria by which we judge events. It’s as if we are wearing glasses and see the world through those lenses [...] Looking at our underlying beliefs is an important aspect of our house cleaning.”
-Twelve Step Workshop and Study Guide, pg 91

Never in my past experience with the Steps have I seen a more comprehensive, positive approach as this book brings. I’m glad I’m studying it, and hope that others may want to do a group step-study with me. Looking back, this actually did happen for me, with Step Four revealing old beliefs that no longer worked for me.

I finally saw that self-worth was my job, not the world’s. Others may say or think what they want, but I ultimately hold the key on how I feel. You cannot make me feel a certain way unless I allow it, and I no longer allow it. I know that I am a woman of worth and if you don’t feel that way about me too, well it’s just your loss, not mine.

This Step also began a process of me falling in love with me. That’s not the same as self-centeredness—it is valuing me for all my wonderful qualities, and wanting to be my very best self. I no longer need you to love me. Of course, I want people in my life and don’t do things to purposely hurt others, although I may sometimes inadvertently do that, but now I have a way to change me. I no longer need the crutch of food to get me through life. That’s what a good Step Four inventory accomplishes!

-Gerri

“New Beginnings” contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on www.oacfi.org, a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.

Below are current service opportunities in the OA Central Florida Intergroup.

- Nominations for each position will be accepted at the October 10, 2026 and November 14, 2026 Intergroup meetings.
- Elections will be held at the December 12, 2026 Intergroup meeting. The service for each position begins Jan. 1, 2027.
- To fulfill one of these positions, a member should participate in an OA group that is registered by OA World Service and is part of the Central Florida Intergroup. For more detailed information about positions, please see the resources listed below.

Policies and Procedures: <https://www.oacfi.org/2026/06/14/policy-procedure-manual-june-2026/>

Bylaws: <https://www.oacfi.org/wp-content/uploads/2024/11/bylaws-OACFI-willingness-to-learn.pdf> (Currently being reviewed by the Bylaws Committee for possible updates/edits.)

Service Position Open in January 2027	Brief Description of Duties and Other Information	Abstinence Requirement
*VICE CHAIR	Support the chairperson and ensure continuity of leadership and committee function. Serve in place of the Chairperson when needed. This is an OACFI Board Position. The Vice Chair shall have given service beyond the group level for a minimum of 1 year. Term of services is 2 years. The vice chair is usually expected to become chair.	1 year
*TREASURER	Manage the financial resources of the Intergroup in accordance with established policies, and maintain its fiscal integrity. Provide regular financial reports, including prudent reserve status. This is an OACFI Board Position. Treasurer shall have given service beyond the group level for a minimum of 1 year. Term of service is 2 years.	1 year
*BUDGET COMMITTEE CHAIR	NEEDED IMMEDIATELY —Help formulate the annual OACFI budget. (Different position than treasurer.)	none
*PIPO COMMITTEE CHAIR	The PIPO (Public Information and Professional Outreach) Committee shall carry the Overeaters Anonymous message to the public and professional community and support efforts to increase public awareness of Overeaters Anonymous. Recommended term of service is 2 years.	6 months
*NEWSLETTER EDITOR	Produce the Intergroup newsletter in support of communication and recovery. The newsletter currently comes out monthly. Recommended term of service is 2 years.	6 months
*12TH STEP WITHIN COMMITTEE CHAIR	Support recovery within the fellowship by reaching members who still suffer.	6 months
*REGION 8 ASSEMBLY REPRESENTATIVES (2 OPENINGS)	Represent the Intergroup at Region 8 Assemblies. Attend and participate in Region 8 Assemblies. Present a written report to Intergroup following the assembly. There are two (2) Business Assemblies / Recovery Conventions per year; usually held in March and October. Term of service is 2 years. Service-related expenses are covered by Intergroup.	6 months
*WORLD SERVICE DELEGATES (3 OPENINGS)	Represent the Intergroup at the World Service Business Conference. Attend and participate in the World Service Business Conference. Present a written report to Intergroup following the conference. The World Service Business Conference meets every year. Term of service is 2 years. Service-related expenses are covered by Intergroup. OA World Service states that each Delegate shall have given service beyond the group level for a minimum of 2 years.	1 year
*NEXT GENERATION COMMITTEE CHAIR	Support outreach and engagement with younger people in Overeaters Anonymous. Recommended term of service is 2 years.	6 months
*INTERGROUP MEETING REPRESENTATIVES Needed for groups that do not currently have a Meeting Representative for Intergroup.	Serve as the link between member groups and the Intergroup. Attend and participate in the Intergroup business meetings. Communicate information, motions, and decisions between Intergroup and their group. Ensure their group's meeting information is accurate and current. Support Intergroup service through committee participation, where possible. Appoint an alternate who may serve in their absence. Intergroup meets monthly via videoconferencing.	Not listed.

If interested in any of these positions, or for more information, please email: chair@oacfi.org or call 443-754-0503 and leave a message. Thank you!

Call for Story Submissions

Your experience, strength, and hope makes an impact. New Beginnings is looking for articles to be featured in upcoming newsletters. All OA-related topics are welcome: step work, using the tools, coming back from relapse, celebrating recovery milestones, processing resentments, surviving holidays, and more.

Ready to do service? Email your story to newsletter@oacfi.org.



New E-Book Available



Image courtesy of OA World Service

OA Members Who Have Lost 100 Pounds or More: Recovery One Day at a Time is now available as an ebook. Read these new stories full of hope and recovery.

[VIEW E-BOOK](#)

2027 World Service Business Conference

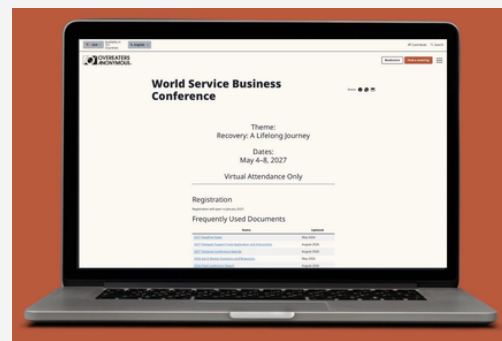


Image courtesy of OA World Service

OA's World Service Business Conference 2027 (WSBC) is coming this May. Visit the OA website to and stay aware of conference information as it becomes available.

[VISIT SITE](#)

October Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

LITERATURE

Read a story in [Lifeline](#) and share your thoughts with a fellow.

Read (or re-read) Steps 1-3 in the OA 12 & 12.

MEETINGS

Attend a meeting you haven't been to in a long time.

Volunteer to do some kind of service at your next meeting.

SERVICE

Volunteer for an open OACFI service position on page 7.

Share page 7 with an OACFI fellow who might be interested.

WRITING PROMPTS

What am I grateful for today?

When was the last time my Higher Power did for me what I could not do for myself?

What actions can I take in moments of emotional stress?

How has my life changed since joining OA?

Share your responses to newsletter@oacfi.org for a chance to be featured in next month's newsletter!



Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting's contribution.

For more information visit oacfi.org/7th-tradition.

OACFI & NEWCOMERS

Check out our newcomer website to learn more about OA and get started.

CHECK IT OUT

OACFI & PROFESSIONALS

How can OA help patients who are compulsive eaters? We have answers.

LEARN MORE

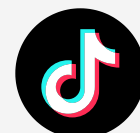
SUBSCRIBE

Get "New Beginnings" delivered to your inbox each month.

SIGN ME UP

FOLLOW US

Click the icons to view our social pages.





Needless Curiosity

Uncontrolled curiosity draws our attention away from our program and brings needless distractions. It can waste a good deal of time and energy which we might use for greater good. It leads us to pointless conversations. It fills our mind with so many empty distractions, which prevent progress. Our goal is, or should be, abstinence from compulsive eating and compulsive food behaviors, one day - one moment at a time.

We would gain great peace of mind and soul, if we were less curious about people, places and things that do not concern us. If we become too interested in the sayings and doings of others, we become forgetful of the choice we made for ourselves to stay on the road to recovery. We are thrown off track in the journey towards taming our obsessions... towards transforming ourselves, by leaving the past behind, not worrying about a future we may not claim. By concentrating on ourselves and not others, we focus on our Higher Power's guidance. By doing so we eventually have a change of attitude and are able to rid ourselves of our flaws and defects to become the best versions of ourselves.

Many things occur during the day which do not help us become better persons. What does it matter what is happening next door or if so-and-so seems to have more than us or seems to be living their lives so much easier than we are? So, someone hurt us by words or deeds. How important is it? By disregarding idle words and useless activities we grow stronger. Unless our curiosity is controlled it can hurt us forever. Our highest goal should always be, to greet each day by conversing with our Higher Power, who will help us control our unnatural desires.

Too many worldly interests make us forget or disregard our goal of becoming abstinent on our journey toward recovery. Many sins of omission and carelessness spring from uncontrolled curiosity. May we all become vigilant of the urges to step into rooms without knocking! Curiosity kills.

-Avalon M.

Treasurer's Report (August 2026)

Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	302.00
801848	Sun	Noon, zoom only (added 5/3/25)	\
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	4.53
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	
50209	Mon	10 AM Pimlico Rec Ctr	
57446	Mon	1pm Rockledge Presbyterian Church (4/1/25 new s	50.00
45648	Mon	7PM Casa De Virtual , Kissimmee	
1048	Mon	7PM Church of Ascension Virtual	
800442	Mon	7PM Grace Zoom Virtual	20.00
57739	Mon	6:00 pm Maitland F2F	
89653	Mon	10 AM Virtual For Today	
58161	Tue	5pm Central Brevard Cocoa Group	20.00
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	20.00
57273	Tue	5:30 The Meeting Place Ocala F2F	
39211	Tue	6:30 New Covenant Deland F2F	
52613	Tue	7:00 pm North Pool Celebration F2F	
53032	Tue	5:30 pm YMCA Lecanto Fl F2F (time changed Feb 2025)	
801000	Tues	6pm Tuskawilla//Virtual closed	10.00
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	
800822	Tue	Central Christian Church zoom	
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
48700	Wed	10:00 am Lady Lake UMC F2F	171.00
51561	Wed	2pm Melbourne (new Space coast 4/15/25)	
57994	Wed	7:00 Winter Park F2F	51.00
57434	Thurs	Westminster-by-the-sea	
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	
800920	Thurs	4:00 pm Virtual Bobble Heads	
57955	Thurs	4:30 pm Christian Family F2F	75.00
89384	Thurs	6:00 pm Body Image Virtual	5.00
89006	Thurs	7:00 pm Speaker Mtg Virtual	55.00
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	
46730	Thurs	7:00 pm United Methodist Church, Rockledge	42.00
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	
58477	Fri	Circle Club Indian harbor	
45611	Fri	10:00 am Lady Lake Library Hybrid	81.00
801666	Fri	9:00 am Shepherd Hill Church Clermont F2F	75.00
800378	Sat	9:00am Zoom Port Orange	
46887	Sat	8:00 am Windermere	42.00
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	
38611	Sat	9:00am St. Richards Episcopal Hybrid	40.00
24750	Sat	9:30am: Trinity Wellsprings Church	
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Workshop	266.00
		12 Step Within Workshop	
		Literature	
		unknown group #	114.58
		Individual Contributions (Checks/Cash)	\$953.00
		Individual Contributions (Paypal or Zelle)	\$225.11
		Literature	
		TOTAL GROUP CONTRIBUTIONS	\$1,178.11

Things I Heard at Meetings



“What I was doing was just enough and so I binged all day.”

“Support is critical.”

“I am so tired of being tired of myself.”

“I felt something had to change.”

“Once abstinent, I could think for the first time.”

“When I compare, I despair.”

-Carlene

“New Beginnings” is the monthly newsletter of the Overeaters Anonymous Central Florida Intergroup. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by OACFI.

All images used in this newsletter have been sourced from Canva (unless otherwise noted).

Updated: 09-12-2026

MONDAY

Time	Type	Group #	Location	Contact	Phone
10:00 am	ZOOM	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256-0373
10:00 am	Varied Face to Face	50209	Pimlico Rec. Ctr. Face to Face 530 Belvedere Blvd. The Variedillages, FL 32162	Gloria	352-345-5638
11:00 am	Newcomer's and OA Beginner's Meeting	51162	Merritt Island Presbyterian Church 600 S Tropical Trail Merritt Island, FL 32952 <i>The entrance to this meeting is located on Cone Rd. as part of the church's main bldg.</i>	Cat	315-876-2035
Noon	Step Study ZOOM	800822	Zoom: meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: Zoom phone in 312-626-6799 pw 452471#	Kathy S.	678-429-1286
1:00 pm	Varied Open Face to Face	57446	Rockledge Presbyterian Church 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798-2520
6:00 pm	Literature Face to Face	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407-718-2127
7:00 pm	Varied ZOOM	45648	** text contact person for current Zoom meeting & password information. https://zoom.us/j/9749783696 Passcode: 803281	Terry C.	407-414-5298
7:00 pm	Varied ZOOM	01048	*Currently only held virtually S Apopka Vineland Rd Orlando, Florida, 32819	Jacqueline	407-423-4086
7:00 pm	Varied ZOOM	800442 open	Grace Zoom meeting 1-253-215-8782 Zoom 868 3781 3267 pw grace https://us02web.zoom.us/j/86837813267		mondaygracemeeting @gmail.com

TUESDAY

12 noon			Zoom meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: Zoom phone in 312-626-6799 pw 452471#	Kathy S	678-429-1286
2:00 pm	Varied Face to Face	57273	Welcome Home **New Address College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 (Text first)

5:00 pm	Literature Face to Face	58161	956 North Cocoa Blvd. Cocoa, FL	Pete	321-506-3033
5:30 pm	Literature Face to Face	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168	Debby	386-402-6631
5:30 pm	Varied Open Face to Face	53479	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129
6:00 pm	Face to Face	53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461	Trish	540-454-4600
6:30 pm	Varied Face to Face	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue Deland, FL 32724 Email: DeLand. FL.OA@gmail.com	Ann H.	386.456.4922
7:00 pm	Varied Face to Face	52613	Celebration, FL 34747 Call contact person for directions Celebration, FL 34747	Geri B.	407-557-7055
7:00 pm	Varied - Conference call	55782	Phone # 408-638-0968 Meeting ID -881 5087 0583 # Passcode – 952305# enter info twice	Gerri P.	407-535-6369

WEDNESDAY

Time	Type	Group #	Location	Contact	Phone
10:00 am	Big Book Face to Face	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159	Vicki	517-256-0373
Noon	Big Book ZOOM	800822	Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Zoom call in # 1-312-626 6799 pw 452471#	Kathy S.	678-429-1286
2:00 pm	Step Study Face to Face	51535	Driftwood Club Step Study **New Info 315 Nieman Avenue Melbourne 32901 Wednesdays 2:00-3:00 pm	Roy	310-968-3061
7:00 pm	Varied Face to Face	57994	First Congregational Church 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616-8000

THURSDAY

Time	Type	Group #	Location	Contact	Phone
10:30 am	Varied Face to Face	57434	Westminster-By-the-Sea 3221 S Peninsula Drive Daytona Beach Shores, FL 32118	Terri	386-285-6492
11:00 am	Varied Face to Face	57456	Merritt Island Presbyterian Church 600 S Tropical Trail Merritt Island, FL 32952	Dan	925-577-8636

Noon	Varied ZOOM	800822	Zoon meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: 1-312-626 6799 pw 452471#	Jacqueline	407-423-4086
4:00 pm	Varied ZOOM	800920	Bobbleheads Zoom 842 9268 7636 pw Surrender https://us06web.zoom.us/j/84292687636	Donna G.	603-477-4555 Text first, please
4:30 pm	Varied Face to Face	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215-9601
6:00 pm	Discussion ZOOM	89384	Body Image Zoom 823 7540 9368 pw boai8 https://us02web.zoom.us/j/82375409368	Kathy M	407-252-7575
7:00 pm	Varied ZOOM	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 https://us02web.zoom.us/j/86370717790 Speaker on first Thursday of the month.	Jack L	352-430-5487
7:00 pm	Big Book Phone	55775	Phone # 408-638-0968 Meeting ID -881 5087 0583 # Passcode – 952305 # enter info twice	Jacqueline	407-423-4086
7:00 pm	Step Study Hybrid: Inperson + Phone	46730	Grace United Methodist Church 1935 S Fiske Boulevard Rockledge, Florida, 32955 United States *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536-3951

FRIDAY

Time	Type	Group #	Location	Contact	Phone
9:00 am	Varied ZOOM	54490	Zoom 870 5439 1380 https://us02web.zoom.us/j/87054391380 **Call contact person for password please**	Gail P	352-348-1004
10:00 am	Discussion Hybrid	45611	Lady Lake Library Zoom 850 9315 5902 pw - Call contact 225 W. Guava Street Lady Lake, FL 32159 Meeting #: 45611 https://us02web.zoom.us/j/85093155902	Vicki	517-256-0373
Noon	Big Book Open Face to Face	58477	Circle Club **New Meeting 230 East Eau Gallie Blvd. Indian Harbor, F 32937	Roy	310-968-3061
Noon	Newcomers ZOOM	800822	Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: 1-312-626 6799 pw 452471#	Kathy S	678-429-1286
7:00 pm	Literature Phone	55772	Phone # 408-638-0968 Meeting ID 881-5087 0583# Passcode – 952305# enter info twice	Jacqueline	407-423-4086

SATURDAY

Time	Type	Group #	Location	Contact	Phone
8:30 am	Newcomers Face to Face	51130	Hibiscus Variedillage Rec Center 1740 Bailey Trail The Variedillages FL 32162 (Jasmine Card Rm)	Judy S.	516-551-5269
8:30 am	Varied Face to Face	46887	Ascension Church (Rm 108) 4950 S. Apopka Variedineland Road Orlando, FL 32819	Geri B.	407-557-7055
9:00 am	Varied ZOOM	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 https://zoom.us/j/88077179552?from=join#success	Jane Varied.	386 679-2098
9:00 am	Discussion Face to Face	38611	St. Richards Church 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face) The last Saturday is a speaker meeting Fragrance Free Meeting	Carole M.	407-616-8908
9:00 am	Discussion Face to Face	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129	Debby H.	386-402-6631
9:30 am	Big Book Open Face to Face	24750	Trinity Wellsprings Church 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553
Noon	Meditation Meeting ZOOM	800822	oom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone access: 312-626-6799 pw 452471#	Jacqueline	407-423-4086

Sunday

Time	Type	Group #	Location	Contact	Phone
Noon	Literature ZOOM	801848	ID:844 7739 8454 Password: serenity	Maiya	415-601-4747
4:00 pm	Literature Varied ZOOM	57783	**NEW MEETING Zoom: https://zoom.us/j/83055460946 Password: sosbigbook	Lisa K	321-276-2595
5:00 pm	Varied ZOOM	48951	In the Solution Zoom: 844 7739 8454 Password: serenity https://zoom.us/j/84477398454	Cheryl	407-221-5928