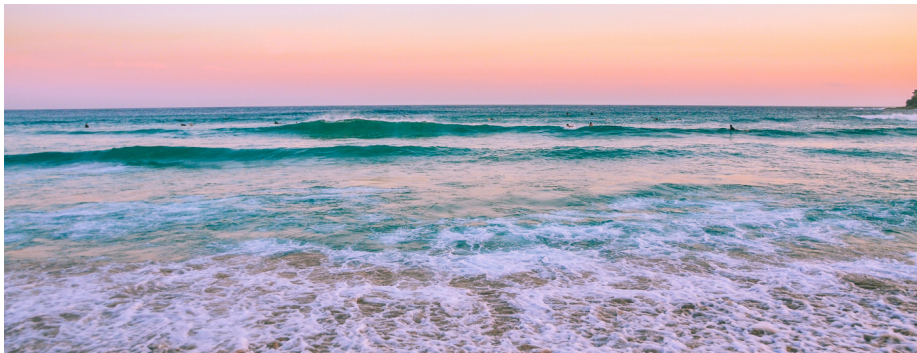


New Beginnings

**OVEREATERS
ANONYMOUS®**
CENTRAL FLORIDA INTERGROUP

Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit oacfi.org for more information.



STEP NINE: LOVE

Made direct amends to such people wherever possible, except when to do so would injure them or others.

TRADITION NINE: STRUCTURE

OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

CONCEPT NINE: ABILITY

Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.

In this newsletter you can expect:

Upcoming events
(pages 2 - 5)

Stories of impact
(pages 6, 12, 13)

**Open service
opportunities
(page 7)**

Region8 Fall
Newsletter
(page 8)

Toolbox
challenge
(page 9)

7th tradition
(page 10)

Treasurer's report
(page 12)

Meeting list
(pages 13- 17)

September Calendar of Events

OACFI Intergroup Meeting

September 12th at 10:00 am ET
<https://us02web.zoom.us/j/5083293778>
 Password: service

Secular Step Study Guide Discussion: Step Two

September 5th at 2:00 pm ET
 Zoom ID: 825 6037 3002
 Password: 219094

Service and Connection Workshop

September 5th at 12:00 pm ET
 Zoom ID: 893 0471 5509
 Password: 979675

“Framily” Share Workshop

September 10th at 6:00 pm ET
 Zoom ID: 817 388 5598
 Password: 1212

Relapse Prevention Speaker Workshop

September 12th at 2:00 pm ET
 Zoom ID: 881 1854 0543
 Password: itworks

OA Phone Marathons

Meetings held from 8AM to midnight, EST.

September 7th - Labor Day
 September 12th - Rosh Hashana
 September 21st - Yom Kippur

Holidays That Involve Food Workshop

September 13th at 1:30 pm ET
 Zoom ID: 705 658 2426
 Password: 4021253

Secular Step Study Guide Discussion: Step Three

September 18th at 8:00 pm ET
 Zoom ID: 825 6037 3002
 Password: 219094

Zoom Security Training Session

September 19th at 4:30 pm ET
 Email to register:
jenean.oa2023@icloud.com





Recovery Retreat 2026

Mind • Body • Spirit

**OVEREATERS
ANONYMOUS®**
CENTRAL FLORIDA INTERGROUP



A NEW KIND OF RETREAT EXPERIENCE

Set at the beautiful Sanborn Center, this year's retreat offers the connection of a closed campus in the heart of Downtown DeLand. Experience recovery, community, and comfort in a space that feels welcoming, refreshed, and alive. Whether you're new or in long-time in recovery, there is a place for you here.

RETREAT DETAILS

November 6-8th, 2026

Registration Fri 4:30 to 6:45pm, Sat 9 - 10am

Sanborn Center, DeLand Florida

Closed campus experience in a walkable downtown setting

- Lunch & dinner included (gluten & sugar free)

HIGHLIGHTS

- Mind • Body • Spirit workshop tracks
- Creative activities
- Clean abstinent meals
- Evening skits, raffle & auction
- Inspirational Key Note Speaker
- Friday night kickoff

[LINK TO RETREAT INFO](#)

Early Bird Price
Before 8/1

\$150

MORE THAN WORKSHOPS

This weekend is about connection, creativity, and joy in recovery.

A balance of structure, freedom, and inspiration.



For Registration



CREATE YOUR OWN RETREAT EXPERIENCE

This retreat is designed to meet you exactly where you are. At each session, choose from three pathways:

Mind – Emotional sobriety, tools, and perspective

Body – Physical wellness, nourishment, and self-care

Spirit – Connection, meditation, and spiritual growth



✓ \$150 till 8/1

✓ \$195 8/2 to 10/1

✓ \$245 after 10/2

REGISTER NOW!



REPRESENTING PINELLAS, PASCO, & HERNANDO COUNTIES

Gulf Coast Florida Intergroup Invites You to

Walk Towards the Light Retreat

When	October 9th, 10th and 11th 2026 Check-in, Friday, 4:00 pm Check-out, Sunday, 10:00 am
Where	DaySpring Episcopal Retreat Center, 8411 25th Street E, Parrish, FL 34219 Website: dayspringfla.org
Total Cost	Single, 2-nights, \$340 (includes 5 meals) Double, 2-nights, \$260 (includes 5 meals)
Deadline	Register by September, 25th, 2026 Single Occupancy, is limited! Register early!

Meals will be served in the dining hall buffet style. If you have special dietary needs, please contact, Cindy B. via email at cindythepetnanny@gmail.com or cell #813-454-7941.

What to Expect:

Fellowship, Guided- Meditation, Keynote Speaker, Interactive Activities and Discussions, Walking Paths, Labyrinth, Swimming, Campfires, and Lots of Fun!

Registration:

Pay online at: <https://oagulfcoast.org>

Click on the drop-down menu and click on the yellow DONATE button.

Choose your method of payment and enter your information.

In the "Donation Reason" box, please enter the following using this format.

Ex. Retreat, Single or Double, First Name, Last Name, City, Cell #.

If you want a specific roommate, pls. include their name.

Need help call Kathie H. 727-834-0016.

We are lodging in 6 cabins. Each cabin has a common sitting area and a pantry with a coffee pot and a refrigerator.

Each bedroom has a private bathroom with a shower. The rooms and cabins can be locked.

Golfcart transportation will be available during scheduled times.



Unstable Interior Disposition

I realize that, in spite of my changing moods and feelings, with the help of my Higher Power, sponsor, and the OA fellowship I can prove my loyalty to my program. One moment at time, I can refuse to abandon my original intentions and resolutions, love others where they are at and put positive, daily action into practice.

My moods and feelings will continue to change, but my 'will' still desires to detach, with love, from people, places and things that trigger or block me from being fully human and fully alive in OA.

In light or darkness, sorrow or joy, let me turn to my Higher Power, seeking HP's continued help with my commitment to go to any lengths to stay abstinent and free of compulsive behaviors. Talk is cheap until it is backed by the gold of actions.

Grant us, Higher Power, a renewed spirit as we face life's challenges with rejuvenated hope, stronger faith, and more upbeat dispositions from day to day.

-Avalon M.

"New Beginnings" contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on www.oacfi.org, a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.

Below are current service opportunities in the OA Central Florida Intergroup.

- Nominations for each position will be accepted at the October 10, 2026 and November 14, 2026 Intergroup meetings.
- Elections will be held at the December 12, 2026 Intergroup meeting. The service for each position begins Jan. 1, 2027.
- To fulfill one of these positions, a member should participate in an OA group that is registered by OA World Service and is part of the Central Florida Intergroup. For more detailed information about positions, please see the resources listed below.

Policies and Procedures: <https://www.oacfi.org/2026/06/14/policy-procedure-manual-june-2026/>

Bylaws: <https://www.oacfi.org/wp-content/uploads/2024/11/bylaws-OACFI-willingness-to-learn.pdf> (Currently being reviewed by the Bylaws Committee for possible updates/edits.)

Service Position Open in January 2027	Brief Description of Duties and Other Information	Abstinence Requirement
*VICE CHAIR	Support the chairperson and ensure continuity of leadership and committee function. Serve in place of the Chairperson when needed. This is an OACFI Board Position. The Vice Chair shall have given service beyond the group level for a minimum of 1 year. Term of services is 2 years. The vice chair is usually expected to become chair.	1 year
*TREASURER	Manage the financial resources of the Intergroup in accordance with established policies, and maintain its fiscal integrity. Provide regular financial reports, including prudent reserve status. This is an OACFI Board Position. Treasurer shall have given service beyond the group level for a minimum of 1 year. Term of service is 2 years.	1 year
*PIPO (PUBLIC INFORMATION AND PROFESSIONAL OUTREACH) COMMITTEE CHAIR	The PIPO Committee shall carry the Overeaters Anonymous message to the public and professional community and support efforts to increase public awareness of Overeaters Anonymous. Recommended term of service is 2 years.	6 months
*NEWSLETTER EDITOR	Produce the Intergroup newsletter in support of communication and recovery. The newsletter currently comes out monthly. Recommended term of service is 2 years.	6 months
*REGION 8 ASSEMBLY REPRESENTATIVES (2 OPENINGS)	Represent the Intergroup at Region 8 Assemblies. Attend and participate in Region 8 Assemblies. Present a written report to Intergroup following the assembly. There are two (2) Business Assemblies / Recovery Conventions per year; usually held in March and October. Term of service is 2 years. Service-related expenses are covered by Intergroup.	6 months
*WORLD SERVICE DELEGATES (3 OPENINGS)	Represent the Intergroup at the World Service Business Conference. Attend and participate in the World Service Business Conference. Present a written report to Intergroup following the conference. The World Service Business Conference meets every year. Term of service is 2 years. Service-related expenses are covered by Intergroup. OA World Service states that each Delegate shall have given service beyond the group level for a minimum of 2 years.	1 year
*NEXT GENERATION COMMITTEE-CHAIR	Support outreach and engagement with younger people in Overeaters Anonymous. Recommended term of service is 2 years.	6 months
*INTERGROUP MEETING REPRESENTATIVES Needed for groups that do not currently have a Meeting Representative for Intergroup.	Serve as the link between member groups and the Intergroup. Attend and participate in the Intergroup business meetings. Communicate information, motions, and decisions between Intergroup and their group. Ensure their group's meeting information is accurate and current. Support Intergroup service through committee participation, where possible. Appoint an alternate who may serve in their absence. Intergroup meets monthly via videoconferencing.	Not listed.

If interested in any of these positions, please email: chair@oacfi.org or secretary@oacfi.org Thank you.

Call for Story Submissions

Your experience, strength, and hope makes an impact. New Beginnings is looking for articles to be featured in upcoming newsletters. All OA-related topics are welcome: step work, using the tools, coming back from relapse, celebrating recovery milestones, processing resentments, surviving holidays, and more.

Ready to do service? Email your story to newsletter@oacfi.org.



Region8 2026 Fall Newsletter



Take a peek at the Region8 Fall 2026 Newsletter. Read stories of recovery, learn about upcoming Region8 events, and strengthen your program through service opportunities.

[READ NEWSLETTER](#)

E-Zine: The Joy of Service



Discover the joys of service in this collection of stories written by members of the OA fellowship. If you've been thinking about doing more service, this is for you.

[VIEW E-ZINE](#)

September Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

TELEPHONE

Write down three new phone numbers this month.

Check in on a fellow who expresses they are struggling.

PLAN OF EATING

Plan your food for the week and share the plan with a fellow.

Reevaluate your red, yellow, and green light foods.

SERVICE

Volunteer for an open OACFI service position on page 7.

Share page 7 with an OACFI fellow who might be interested.

WRITING PROMPTS

What action can I take today in support of my recovery?

What does the number on the scale mean to me?

How has my need for perfection stopped me from making progress in my program?

What brings me joy?

Share your responses to newsletter@oacfi.org for a chance to be featured in next month's newsletter!



Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting's contribution.

For more information visit oacfi.org/7th-tradition.

OACFI & NEWCOMERS

Check out our newcomer website to learn more about OA and get started.

CHECK IT OUT

OACFI & PROFESSIONALS

How can OA help patients who are compulsive eaters? We have answers.

LEARN MORE

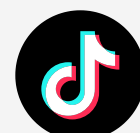
SUBSCRIBE

Get "New Beginnings" delivered to your inbox each month.

SIGN ME UP

FOLLOW US

Click the icons to view our social pages.





A Holistic Style of Recovery

Step Two of The Twelve Step of OA refers to a loving, powerful, all-knowing Higher Power. HP will lead you down a path of goodness. There may still be pain to deal with and suffering is not excluded, but the overall outcome of one's fate is good. This good outweighs the bad.

When one is within the proper environment they are healed holistically. The disease of addiction affects one's life in four areas: physically, spiritually, mentally and emotionally. When you grow through the Steps and begin to live a healthier lifestyle, you become healthier in all four environments in which your disease attacked. These aspects within recovery are important to notice because it gives you a margin of specific areas within your lifestyle that you can measure.

In the economic field, a good business is one that has a proven system that can be measured by statistics of numeral value and probability. Within the medical field, there are all sorts of measurements of good vital signs one must acquire to pass the test of being physically healthy. When we become actively addictive, we were not within the proper boundaries of normal healthy person. Our Higher Power is aware of this. We must believe that our Higher Power will guide us to our healthy recovery. This shows a sign of faith, trust, and humility. We all need to embody these three characteristics if we are to be successful within our recovery.

-Tony B.

Treasurer's Report (July 2026)

Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	\$25.00
801848	Sun	Noon, zoom only (added 5/3/25)	
57479	Sun	The Meeting Place	
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	\$175.00
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	\$50.00
50209	Mon	10 AM Pimlico Rec Ctr	
57446	Mon	1pm Rockledge Presbyterian Church (4/1/25 new Space Coast	
45648	Mon	7PM Casa De Virtual , Kissimmee	
1048	Mon	7PM Church of Ascension Virtual	\$100.00
53032	Mon	5:30 Crystal River F2F	
800442	Mon	7PM Grace Zoom Virtual	\$10.00
57739	Mon	6:00 pm Maitland F2F	
800729	Mon	12:00 OA Monday Big Book Meeting	
89653	Mon	10 AM Virtual For Today	
89070	Tue	12:00 Virtual Central Christian Church	
57273	Tues	2pm Welcome Group	
58161	Tue	5pm Cocoa Beach (new 4/15/25 Space coast)	
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	\$25.00
57273	Tue	5:30 The Meeting Place Ocala F2F	
39211	Tue	6:30 New Covenant Deland F2F	\$50.00
53032	Tue	5:30 pm YMCA Lecanto Fl F2F (time changed Feb	
801000	Tues	6pm Tuskawilla//Virtual closed	
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	\$25.00
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
89069	Wed	12:00pm Central Christian Church	
48700	Wed	10:00 am Lady Lake UMC F2F	
51561	Wed	2pm Melbourne (new Space coast 4/15/25	
57994	Wed	7:00 Winter Park F2F	\$35.00
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	\$50.00
800920	Thurs	4:00 pm Virtual Bobble Heads	
89071	Thurs	12:00 pm Central Christian Church Virtual	
57955	Thurs	4:30 pm Christian Family F2F	
57675	Thurs	5:30 pm Meeting Place F2F	
18502	Thurs	7:00 pm Church of the Messiah, phone	
57434	Thurs	10:30 am Westminster By The Sea	
89384	Thurs	6:00 pm Body Image Virtual	\$5.00
89006	Thurs	7:00 pm Speaker Mtg Virtual	\$60.00
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	\$25.00
46730	Thurs	7:00 pm United Methodist Church, Rockledge	\$12.00
52613	Tue	7:00 pm North Pool Celebration F2F	
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	\$25.00
89072	Fri	12:00pm Central Christian Church Virtual	
45611	Fri	10:00 am Lady Lake Library Hybrid	\$46.00
801666	Fri	9:00 am Shepherd Hill Church Clermont F2F	
20088	Fri	7:00 pm St. Lukes UMC phone	
800378	Sat	9:00am Zoom Port Orange	
46887	Sat	8:00 am Windermere	\$55.00
89072	Sat	12:00 pm Central Christian Church virtual	
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	
38611	Sat	9:00am St. Richards Episcopal Hybrid	\$40.00
24750	Sat	9:30am: Trinity Wellsprings Church	\$99.00
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Step Workshop	
		12 Step Within Workshop	
		Literature	
		unknown group #	\$240.00
		Individual Contributions (Checks/Cash)	\$672.00
		Individual Contributions (Paypal or Zelle)	\$480.00
		Literature	
		TOTAL GROUP CONTRIBUTIONS	\$ 2,304.00

Things I Heard at Meetings



“Additions kill the passions.”

“Gratitude, helps me through
the hard times.”

“Boundaries have power.”

“I have a disease of perception.”

“My weight started to change when I put
aside my addictions.”

“I call someone else to give it away and
get it out of myself.”

-Carlene

*“New Beginnings” is the monthly
newsletter of the Overeaters
Anonymous Central Florida Intergroup.
The newsletter presents experiences
and opinions of individual OA members
and is not to be attributed to OA as a
whole, nor does publication of any
article imply endorsement by
Overeaters Anonymous or by OACFI.*

*All images used in this newsletter have
been sourced from Canva (unless
otherwise noted).*

Updated: 08-28-2026

MONDAY

Time	Type	Group #	Location	Contact	Phone
10:00 am	ZOOM	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256-0373
10:00 am	Varied Face to Face	50209	Pimlico Rec. Ctr. Face to Face 530 Belvedere Blvd. The Variedillages, FL 32162	Gloria	352-345-5638
11:00 am	Newcomer's and OA Beginner's Meeting	51162	Merritt Island Presbyterian Church 600 S Tropical Trail Merritt Island, FL 32952	Cat	315-876-2035
Noon	Step Study ZOOM	800822	Zoom: meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: Zoom phone in 312-626-6799 pw 452471#	Kathy S.	678-429-1286
1:00 pm	Varied Open Face to Face	57446	Rockledge Presbyterian Church 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798-2520
6:00 pm	Literature Face to Face	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407-718-2127
7:00 pm	Varied ZOOM	45648	**Please text the contact person for current Zoom meeting and password information. https://zoom.us/j/9749783696 Passcode: 803281	Terry C.	407-414-5298
7:00 pm	Varied ZOOM	01048	**Please text the contact person for current Zoom meeting and password information. https://zoom.us/j/9749783696 Passcode: 803281	Jacqueline	407-423-4086
7:00 pm	Varied ZOOM	800442 open	Grace Zoom meeting 1-253-215-8782 Zoom 868 3781 3267 pw grace https://us02web.zoom.us/j/86837813267		mondaygracemeeting @gmail.com

TUESDAY

12 noon			Zoom meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: Zoom phone in 312-626-6799 pw 452471#	Kathy S	678-429-1286
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2:00 pm	Varied Face to Face	57273	Welcome Home **New Address College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 (Text first)
5:00 pm	Literature Face to Face	58161	956 North Cocoa Blvd. Cocoa, FL	Pete	321-506-3033
5:30 pm	Literature Face to Face	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168	Debby	386-402-6631
5:30 pm	Varied Open Face to Face	53479	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129
6:00 pm	Face to Face	53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461	Trish	540-454-4600
6:30 pm	Varied Face to Face	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue DeLand, FL 32724 Email: DeLand. FL.OA@gmail.com	Ann H.	386.456.4922
7:00 pm	Varied Face to Face	52613	Celebration, FL 34747 Call contact person for directions Celebration, FL 34747	Geri B.	407-557-7055
7:00 pm	Varied - Conference call	55782	Phone # 408-638-0968 Meeting ID -881 5087 0583 # Passcode – 952305# enter info twice	Gerri P.	407-535-6369

WEDNESDAY

Time	Type	Group #	Location	Contact	Phone
10:00 am	Big Book Face to Face	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159	Vicki	517-256-0373
Noon	Big Book ZOOM	800822	Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Zoom call in # 1-312-626 6799 pw 452471#	Kathy S.	678-429-1286
2:00 pm	Step Study Face to Face	51535	Driftwood Club Step Study **New Info 315 Nieman Avenue Melbourne 32901 Wednesdays 2:00-3:00 pm	Roy	978-760-2565
7:00 pm	Varied Face to Face	57994	First Congregational Church 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616-8000

THURSDAY

Time	Type	Group #	Location	Contact	Phone
10:30 am	Varied Face to Face	57434	Westminster-By-the-Sea 3221 S Peninsula Drive Daytona Beach Shores, FL 32118	Terri	386-285-6492
11:00 am	Varied Face to Face	57456	Cocoa Beach Public Library 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Dan	925-577-8636
Noon	Varied ZOOM	800822	Zoon meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: 1-312-626 6799 pw 452471#	Jacqueline	407-423-4086
4:00 pm	Varied ZOOM	800920	Bobbleheads Zoom 842 9268 7636 pw Surrender https://us06web.zoom.us/j/84292687636	Donna G.	603-477-4555 Text first, please
4:30 pm	Varied Face to Face	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215-9601
6:00 pm	Discussion ZOOM	89384	Body Image Zoom 823 7540 9368 pw boai8 https://us02web.zoom.us/j/82375409368	Kathy M	407-252-7575
7:00 pm	Varied ZOOM	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 https://us02web.zoom.us/j/86370717790 Speaker on first Thursday of the month.	Jack L	352-430-5487
7:00 pm	Big Book Phone	55775	Phone # 408-638-0968 Meeting ID -881 5087 0583 # Passcode – 952305 # enter info twice	Jacqueline	407-423-4086
7:00 pm	Step Study Hybrid: Inperson + Phone	46730	Grace United Methodist Church 1935 S Fiske Boulevard Rockledge, Florida, 32955 United States *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536-3951

FRIDAY

Time	Type	Group #	Location	Contact	Phone
9:00 am	Varied ZOOM	54490	Zoom 870 5439 1380 https://us02web.zoom.us/j/87054391380 **Call contact person for password please**	Gail P	352-348-1004

10:00 am	Discussion Hybrid	45611	Lady Lake Library Zoom 850 9315 5902 pw freedom 225 W. Guava Street Lady Lake, FL 32159 https://us02web.zoom.us/j/85093155902	Vicki	517-256-0373
Noon	Big Book Open Face to Face	58477	Circle Club **New Meeting 230 East Eau Gallie Blvd. Indian Harbor, F 32937	Roy	310-968-3061
Noon	Newcomers ZOOM	800822	Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone Access: 1-312-626 6799 pw 452471#	Kathy S	678-429-1286
7:00 pm	Literature Phone	55772	Phone # 408-638-0968 Meeting ID 881-5087 0583# Passcode – 952305# enter info twice	Jacqueline	407-423-4086

SATURDAY

Time	Type	Group #	Location	Contact	Phone
8:30 am	Newcomers Face to Face	51130	Hibiscus Variedillage Rec Center 1740 Bailey Trail The Variedillages FL 32162 (Jasmine Card Rm)	Judy S.	516-551-5269
8:30 am	Varied Face to Face	46887	Ascension Church (Rm 108) 4950 S. Apopka Variedineland Road Orlando, FL 32819	Geri B.	407-557-7055
9:00 am	Varied ZOOM	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 https://zoom.us/j/88077179552?from=join#success	Jane Varied.	386 679-2098
9:00 am	Discussion Face to Face	38611	St. Richards Church 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face) The last Saturday is a speaker meeting Fragrance Free Meeting	Carole M.	407-616-8908
9:00 am	Discussion Face to Face	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129	Debby H.	386-402-6631
9:30 am	Big Book Open Face to Face	24750	Trinity Wellsprings Church 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553
Noon	Meditation Meeting ZOOM	800822	oom 844 7739 8454 pw serenity https://zoom.us/j/84477398454 Phone access: 312-626-6799 pw 452471#	Jacqueline	407-423-4086

Sunday

Time	Type	Group #	Location	Contact	Phone
Noon	Literature ZOOM	801848	ID:844 7739 8454 Password: serenity	Maiya	415-601-4747
4:00 pm	Literature Varied ZOOM	57783	**NEW MEETING Zoom: https://zoom.us/j/83055460946 Password: sosbigbook	Lisa K	321-276-2595
5:00 pm	Varied ZOOM	48951	In the Solution Zoom: 844 7739 8454 Password: serenity https://zoom.us/j/84477398454	Cheryl	407-221-5928