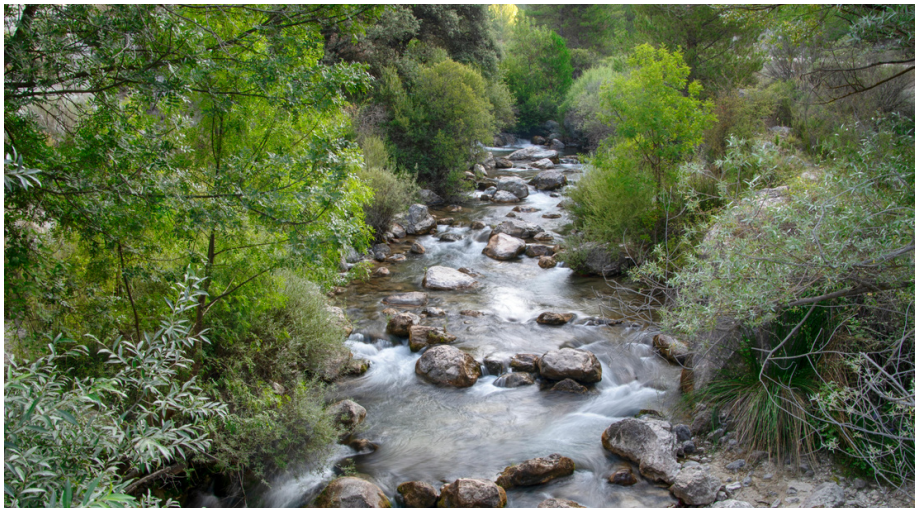


New Beginnings

**OVEREATERS
ANONYMOUS®**
CENTRAL FLORIDA INTERGROUP

Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit oacfi.org for more information.



STEP EIGHT: SELF-DISCIPLINE

Made a list of all persons we had harmed, and became willing to make amends to them all.

TRADITION EIGHT: FELLOWSHIP

Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.

CONCEPT EIGHT: DELEGATION

The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.

In this newsletter
you can expect:

Upcoming events
(pages 2 - 6)

Stories of impact
(pages 7, 12, 13)

Open service
opportunities
(page 8)

Updates from
World Service
(page 9)

Toolbox
challenge
(page 10)

7th tradition
(page 11)

Treasurer's report
(page 13)

Meeting list
(pages 14 - 18)

August Calendar of Events

OACFI Intergroup Meeting

August 8th at 10:00 am ET

<https://us02web.zoom.us/j/5083293778>

Password: service

OA Phone Marathons

Meetings held from 8AM to midnight, EST.

No phone marathons scheduled.

Newcomer Orientation

August 12th at 6:30 pm ET

Zoom ID: 864 4042 2879

Password: 622844

Sponsorship Speaker Panel

August 15th at 3:00 pm ET

Zoom ID: 914 9995 6265

Password: 1212

“Family” Share Workshop

August 13th at 6:00 pm ET

Zoom ID: 817 388 5598

Password: 1212

Sponsorship Day Workshop

August 22nd at 10:00 am ET

Zoom ID: 817 388 5598

Password: 1212

OA Action Plan Workshop

August 15th at 9:00 am ET

Zoom ID: 862 405 6828

Password: 695747

Sponsorship Success Workshop

August 22nd at 9:00 am ET

Zoom ID: 932 509 219

Password: serenity

Zoom Security Training Session

August 15th at 4:30 pm ET

Email to register:

jenean.oa2023@icloud.com





**OVEREATERS
ANONYMOUS®**

REGION 8

TWELFTH STEP WITHIN COMMITTEE

PRESENTS AN ONLINE WORKSHOP

The Joy of Abstinence



DATE:

**Sunday,
August 2, 2026**



TIME:

**3 p.m. to
5 p.m. EST**



LOCATION:

Zoom Link:

[https://us02web.zoom.us/j/87321771259?
pwd=Shh0ORxLo5Ax6xar2tZQF6PHPYULvZ.1](https://us02web.zoom.us/j/87321771259?pwd=Shh0ORxLo5Ax6xar2tZQF6PHPYULvZ.1)

Zoom ID: 873 2177 1259

Passcode: 829796



SUGGESTED DONATION: \$5.00 *via the SOAR 8 website*



Photo credit: "A lake surrounded by mountains and trees" by Dylan Taylor, Unsplash License.
https://unsplash.com/photos/a-lake-surrounded-by-mountains-and-trees-u2MwcM0b_zw



A NEW KIND OF RETREAT EXPERIENCE

Set at the beautiful Sanborn Center, this year's retreat offers the connection of a closed campus in the heart of Downtown DeLand. Experience recovery, community, and comfort in a space that feels welcoming, refreshed, and alive. Whether you're new or in long-time in recovery, there is a place for you here.

RETREAT DETAILS

November 6-8th, 2026

Registration Fri 4:30 to 6:45pm, Sat 9 - 10am

Sanborn Center, DeLand Florida

Closed campus experience in a walkable downtown setting

- Lunch & dinner included (gluten & sugar free)

HIGHLIGHTS

- Mind • Body • Spirit workshop tracks
- Creative activities
- Clean abstinent meals
- Evening skits, raffle & auction
- Inspirational Key Note Speaker
- Friday night kickoff

[LINK TO RETREAT INFO](#)

Early Bird Price
Before 8/1

\$150

MORE THAN WORKSHOPS

This weekend is about connection, creativity, and joy in recovery.

A balance of structure, freedom, and inspiration.



For Registration



CREATE YOUR OWN RETREAT EXPERIENCE

This retreat is designed to meet you exactly where you are. At each session, choose from three pathways:

Mind – Emotional sobriety, tools, and perspective

Body – Physical wellness, nourishment, and self-care

Spirit – Connection, meditation, and spiritual growth



✓ \$150 till 8/1

✓ \$195 8/2 to 10/1

✓ \$245 after 10/2

REGISTER NOW!



REPRESENTING PINELLAS, PASCO, & HERNANDO COUNTIES



Gulf Coast Florida Intergroup Invites You to

Walk Towards the Light Retreat

When	October 9th, 10th and 11th 2026 Check-in, Friday, 4:00 pm Check-out, Sunday, 10:00 am
Where	DaySpring Episcopal Retreat Center, 8411 25th Street E, Parrish, FL 34219 Website: dayspringfla.org
Total Cost	Single, 2-nights, \$340 (includes 5 meals) Double, 2-nights, \$260 (includes 5 meals)
Deadline	Register by September, 25th, 2026 Single Occupancy, is limited! Register early!

Meals will be served in the dining hall buffet style. If you have special dietary needs, please contact, Cindy B. via email at cindythepetnanny@gmail.com or cell #813-454-7941.

What to Expect:

Fellowship, Guided- Meditation, Keynote Speaker, Interactive Activities and Discussions, Walking Paths, Labyrinth, Swimming, Campfires, and Lots of Fun!

Registration:

Pay online at: <https://oagulfcoast.org>

Click on the drop-down menu and click on the yellow DONATE button.

Choose your method of payment and enter your information.

In the "Donation Reason" box, please enter the following using this format.

Ex. Retreat, Single or Double, First Name, Last Name, City, Cell #.

If you want a specific roommate, pls. include their name.

Need help call Kathie H. 727-834-0016.

We are lodging in 6 cabins. Each cabin has a common sitting area and a pantry with a coffee pot and a refrigerator.

Each bedroom has a private bathroom with a shower. The rooms and cabins can be locked.

Golfcart transportation will be available during scheduled times.



Worth the Risk

“After I completed Step Five many of my fears diminished, my attitudes changed and my defects troubled me less. Simply sharing my defects with a trusted confidant caused these changes in me.” -Twelve Step Workshop and Study Guide, Step Five Session, pg 98 (quoting Voices of Recovery, March 20th)

Often OA members have fear about the Fourth Step but even *more* fear about sharing that inventory – those fears are unfounded. Luckily, I went through the Steps quickly my first time around. I thought I’d finish all Twelve Steps in twelve weeks and be done with OA but, as you can see, I’m still here 26 years later.

The experience of finally dumping that baggage I’d carried around alone is indescribable. My feelings bordered on elation as I was finally able to step out of the lies I had in my head for most of my 43 years. Fear, anxiety, and shame had less of a grip on me. I was able to see myself as worthwhile, having a purpose in life.

My inventory takes place now in my daily Tenth Step, keeping me in a constant state of improvement and reminding me of the benefits of self-disclosure. The evolution of my current self would never have occurred without the risks of my first Fourth and Fifth Steps.

-Gerri

“New Beginnings” contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on www.oacfi.org, a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.

Open OACFI Service Positions

Service strengthens our program. To fulfill one of these positions, you must participate in an OA group registered by World Service and part of the Central Florida Intergroup. **Interested? Email secretary@oacfi.org.**

ROLE	DUTIES	ABSTINENCE REQUIREMENT
 TREASURER (STARTS 2027)	Maintain monthly processing of contributions and expenses, pay bills, maintain monies to manage bank accounts, and collect mail.	1 year
 VICE CHAIR (STARTS 2027)	Take the chair's place in the chair's absence at meeting. Oversee review of Bylaws, and Policies and Procedures.	1 year
 PIPO CHAIR (STARTS 2027)	Facilitate making the general public and professionals aware of OA, particularly in the Orlando metro area.	3 months
NEXT GENERATION CHAIR	Encourage groups to welcome young people who come to OA. Help recruit young people for OA locally.	3 months
REGION 8 REPS	Represent OACFI at all Region 8 Assembly meetings and prepare report for OACFI about such representation. Travel reimbursed. <i>Two reps needed.</i>	6 months
INTERGROUP MEETING REPS	Attend monthly OACFI Zoom meetings to bring back news to the group you represent. Vote on behalf of your group when decisions requiring a vote are being made. <i>Only for meetings without a current intergroup rep.</i>	3 months
WORLD SERVICE DELEGATES	Represent OACFI at the OA World Service Business Convention and prepare report of Convention decisions or news for OACFI. <i>Three reps needed.</i>	1 year

Call for Story Submissions

Your experience, strength, and hope makes an impact. New Beginnings is looking for articles to be featured in upcoming newsletters. All OA-related topics are welcome: step work, using the tools, coming back from relapse, celebrating recovery milestones, processing resentments, surviving holidays, and more.

Ready to do service? Email your story to newsletter@oacfi.org.



OA's 2026 Annual Appeal



OA's 2026 Annual Appeal has started. Groups can do their part by reading the 2026 Annual Appeal Letter aloud in their meetings for one month. Visit the link below for more information.

[LEARN MORE](#)

First Quarter Contributions



OA World Service reports that \$331,494 (USD) were raised in the First Quarter! Click the button below to view important highlights and read the full report.

[VIEW REPORT](#)

August Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

SPONSORSHIP

Attend one of the Sponsorship Day events on page 2.

Read the instructions for Newcomers' First Twelve Days.

ACTION PLAN

Set aside time to work on your action plan with another fellow.

Examine your action plan – what's working, what's not?

MEETINGS

Raise your hand to share in three meetings this month.

Join the “parking lot” after two meetings this month.

WRITING PROMPTS

What are three things I can do before picking up the food?

What does “putting in the work” mean to me?

How has my Higher Power shown up for me recently?

Aside from being a compulsive eater, who am I?

Share your responses to newsletter@oacfi.org for a chance to be featured in next month's newsletter!



Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting's contribution.

For more information visit oacfi.org/7th-tradition.

OACFI & NEWCOMERS

Check out our newcomer website to learn more about OA and get started.

CHECK IT OUT

OACFI & PROFESSIONALS

How can OA help patients who are compulsive eaters? We have answers.

LEARN MORE

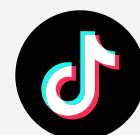
SUBSCRIBE

Get "New Beginnings" delivered to your inbox each month.

SIGN ME UP

FOLLOW US

Click the icons to view our social pages.





Take 15 Seconds

My occupational therapist recently shared a helpful rule of thumb with me:

1. Upon awakening, take a fifteen second physical, mental, emotional, and spiritual conscious awareness of where you are and ponder your next action.
2. Slowly sit up, pause to allow your mind and body to synchronize.
3. For a fifteen second count, allow your body's functions to click into place.
4. When assured all is well, take that first step.

We can apply this practice to every aspect of our life. Whether we choose fifteen seconds (more or less) it pays to take a breather before final daily decisions and actions. Overall, it saves time and money and prevents mishaps.

In previous years, I consistently prioritized pleasing others above my own needs. Saying "no" was difficult, if not impossible at times – the need for affirmation, acceptance, and belonging was paramount. The longing to feel important sometimes drove me towards addictions trying to fill these unmet needs.

Right now, my personal recovery demands significant attention on physical, mental, emotional, and spiritual levels. It is crucial for me to set boundaries and use my time and energy wisely, both for myself and those I care about most. I practice the fifteen-second rule, allowing myself a pause before responding. I am no longer quick to say, "Yes! Of course, I would be happy to," and I finally feel comfortable with who I am. I do not seek praise or validation from others, because I have learned that it is only myself—and my Higher Power—that I need to satisfy. If I do my best, I trust my Higher Power to help with what I can't manage.

-Avalon M.

Treasurer's Report (June 2026)

Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	\$50.00
801848	Sun	Noon, zoom only (added 5/3/25)	
57479	Sun	The Meeting Place	
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	
50209	Mon	10 AM Pimlico Rec Ctr	\$176.04
57446	Mon	1pm Rockledge Presbyterian Church (4/1/25 new Space Coast	\$75.00
45648	Mon	7PM Casa De Virtual , Kissimmee	
1048	Mon	7PM Church of Ascension Virtual	
53032	Mon	5:30 Crystal River F2F	
800442	Mon	7PM Grace Zoom Virtual	\$39.00
57739	Mon	6:00 pm Maitland F2F	
800729	Mon	12:00 OA Monday Big Book Meeting	
89653	Mon	10 AM Virtual For Today	
89070	Tue	12:00 Virtual Central Christian Church	
57273	Tues	2pm Welcome Group	
58161	Tue	5pm Cocoa Beach (new 4/15/25 Space coast)	\$20.00
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	\$78.00
57273	Tue	5:30 The Meeting Place Ocala F2F	
39211	Tue	6:30 New Covenant Deland F2F	\$50.00
53032	Tue	5:30 pm YMCA Lecanto Fl F2F (time changed Feb	
801000	Tues	6pm Tuskawilla//Virtual closed	
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
89069	Wed	12:00pm Central Christian Church	
48700	Wed	10:00 am Lady Lake UMC F2F	
51561	Wed	2pm Melbourne (new Space coast 4/15/25	\$372.00
57994	Wed	7:00 Winter Park F2F	\$113.00
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	
800920	Thurs	4:00 pm Virtual Bobble Heads	
89071	Thurs	12:00 pm Central Christian Church Virtual	
57955	Thurs	4:30 pm Christian Family F2F	
57675	Thurs	5:30 pm Meeting Place F2F	
18502	Thurs	7:00 pm Church of the Messiah, phone	
57434	Thurs	10:30 am Westminster By The Sea	
89384	Thurs	6:00 pm Body Image Virtual	\$5.00
89006	Thurs	7:00 pm Speaker Mtg Virtual	\$50.00
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	
46730	Thurs	7:00 pm United Methodist Church, Rockledge	\$18.00
52613	Tue	7:00 pm North Pool Celebration F2F	\$88.00
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	
89072	Fri	12:00pm Central Christian Church Virtual	
45611	Fri	10:00 am Lady Lake Library Hybrid	\$64.00
801666	Fri	9:00 am Shepherd Hill Church Clermont F2F	
20088	Fri	7:00 pm St. Lukes UMC phone	
800378	Sat	9:00am Zoom Port Orange	
46887	Sat	8:00 am Windermere	\$43.00
89072	Sat	12:00 pm Central Christian Church virtual	
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	
38611	Sat	9:00am St. Richards Episcopal Hybrid	\$193.00
24750	Sat	9:30am: Trinity Wellsprings Church	\$67.00
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Step Workshop	
		12 Step Within Workshop	
		Literature	
		unknown group #	\$108.00
		Individual Contributions (Checks/Cash)	\$1,040.04
		Individual Contributions (Paypal or Zelle)	\$569.00
		Literature	
		TOTAL GROUP CONTRIBUTIONS	1609.04

Things I Heard at Meetings



"If I screw up, I don't have to over eat."

"The tools are the handrails to the stairs of recovery."

"What you crave is what you're allergic to."

"An addiction is like a magnet; it attracts you to it."

"I just ate; I do not need more food."

"There is a biological reaction to specific food."

-Carlene

"New Beginnings" is the monthly newsletter of the Overeaters Anonymous Central Florida Intergroup. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by OACFI.

All images used in this newsletter have been sourced from Canva (unless otherwise noted).

OVEREATERS ANONYMOUS®

CENTRAL FLORIDA INTERGROUP

Updated 06-10-2026

MONDAY						
Time	Type	Group #	Location	Contact	Phone	
10.0 0am	zoom	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256 -0373	
10:0 0 am	V	50209	Pimlico Rec. Ctr. Face to Face 530 Belvedere Blvd. The Villages, FL 32162	Gloria	352-345 -5638	
11a m	V	51162	Cocoa Beach Public Library Face to Face 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Cat	315-876 -2035	
Noo n	SS	800822	Central Christian Church Zoom only Zoom phone in 312-626-6799 pw452471# Zoom: meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Kathy S.	678-429 -1286	
1pm	V open	57446	Rockledge Presbyterian Church Face to Face 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798 -2520	
6:00 pm	L	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407- 718-212 7	
7:00 pm	V	45648	Zoom meeting Zoom only: **Please text the contact person for current Zoom meeting and password information. https://zoom.us/j/9749783696	Terry C.	407-414 -5298	
7:00 pm	V	01048	Church of the Ascension Zoom call in # Zoom only: **Please text the contact person for current Zoom meeting and password information. https://zoom.us/j/9749783696	Jacqueline	407-423 -4086	
7.00 Pm	V open	800442	Grace Zoom meeting Zoom only 1-253-215-8782 Zoom 868 3781 3267 pw grace https://us02web.zoom.us/j/86837813267	mondaygra cemeeting @gmail.co m		
TUESDAY						
Noo n	D	800822	Central Christian Church Zoom Only Zoom call in # 1-312-626 6799 pw 452471# Zoom meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Jacqueline	407-423 -4086	
5:00 pm	Lit	58161	956 North Cocoa Blvd. Face to Face Cocoa, FL	Pete	321-506 -3033	

5:30 pm	L	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168 (Face to Face)	Debby	386-402-6631	
5:30 Pm	V	53479 open	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129	
2:00 pm	V	57273	Welcome Home New address College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 Text first	
6:00 pm		53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461 (Face to Face)	Trish	540-454-4600	
6:30 Pm	V	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue Deland, FL 32724 Email: DeLand. FL.OA@gmail.com	Ann H.	386.456.4922	
7:00 pm	V	52613	Celebration, FL 34747 Call contact person for directions (Face to Face) Celebration, FL 34747	Geri B	407-557-7055	
			WEDNESDAY			
10:00 am	BB	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159 (Face to Face)	Vicki	517-256-0373	
Noon	BB	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Kathy S.	678-429-1286	
1pm	Steps Study	51535	Dr. Martin Luther King Jr. Library Face to Face 955 University Blvd. Melbourne, FL	Elizabeth M.	978-760-2565	
7pm	V	57994	First Congregational Church Face to Face 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616-8000	
			THURSDAY			
10:30 am	V	57434	Westminster-By-the-Sea – Thursday 10:30 3221 S Peninsula Drive Daytona Beach Shores, FL 32118 (Face to Face)	Terri	386-285-6492	
11am	V	57456	Cocoa Beach Public Library Face to Face 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Dan	925-577-8636	

Noo n	V	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoon meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Jacqueline	407-423 -4086	
4:00 pm	V	800920	Bobbleheads Zoom only Zoom 842 9268 7636 pw Surrender https://us06web.zoom.us/j/84292687636	Donna G.	603-477 -4555 Text first, please	
4:30 pm	V	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215 -9601	
6:00 pm	D	89384	Zoom only Body Image-Recurring meeting Zoom 823 7540 9368 pw boai8 https://us02web.zoom.us/j/82375409368	Kathy M	407-252 -7575	
7:00 pm	V	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 https://us02web.zoom.us/j/86370717790 Speaker on first Thursday of the month.	Jack L	352-430 -5487	
7:00 pm	BB	55775	Church of the Messiah Phone meeting only – no zoom Phone # 408-638-0968 Meeting ID -881 5087 0583 Passcode – 952305	Jacqueline	407-423- 4086	
7:00 pm	Step Study	46730	Grace United Methodist Church 1935 S Fiske Boulevard Rockledge, Florida, 32955 United States *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536- 3951	
			FRIDAY			
9:00 am	V	54490	Zoom only Zoom 870 5439 1380 https://us02web.zoom.us/j/87054391380 **Call contact person for password please**	Gail P	352-348 -1004	
10:0 0 am	D	45611	Lady Lake Library (HYBRID) Zoom 850 9315 5902 pw freedom 225 W. Guava Street Lady Lake, FL 32159 https://us02web.zoom.us/j/85093155902	Vicki	517-256 -0373	
12p m	BB Ope n	58477	Circle Club New Meeting Face to Face 230 East Eau Gallie Blvd. Indian Harbor, F 32937	Roy	310-968 -3061	
Noo n	N	800822	Central Christian Church Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity	Kathy S	678-429 -1286	

			https://zoom.us/j/84477398454			
6:00 pm	BB	801000	Tuskawilla United Methodist Church last meeting 3/20/26 Zoom only Zoom code: 297 035 614 PW: 028590 LAST DATE https://zoom.us/j/297035614 1st Friday of every month is a SPEAKERS meeting	Gloria	407-340-2008	
7:00 pm	L	55772	St. Luke UMC Phone only Phone # 408-638-0968 Meeting ID 881-5087 0583 Passcode – 952305	Jacqueline	407-423-4086	
			SATURDAY			
8:30 am	N	51130	Hibiscus Village Rec Center 1740 Bailey Trail The Villages FL 32162 (Jasmine Card Rm) (Face to Face)	Judy S.	516-551-5269	
8:30 am	V	46887	Ascension Church (Rm 108) Face to Face 4950 S. Apopka Vineland Road Orlando, FL 32819	Geri B.	407-557-7055	
9:00 am	V	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 https://zoom.us/j/88077179552?from=join#success	Jane V.	386-679-2098	
9:00 am	D	38611	St. Richards Church Face to Face 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face) The last Saturday is a speaker meeting Fragrance Free Meeting	Carole M.	407-616-8908	
9:00 am	D	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129 (Face to Face)	Debby H.	386-402-6631	
9:30 am	BB open	24750	Trinity Wellsprings Church Face to Face 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553	
12:00 pm	Med	800822	Central Christian Church Zoom only Call in 312-626-6799 pw 452471# Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Jacqueline	407-423-4086	
			Sunday			
12p m	Lit	801848	*****NEW MEETING***** Zoom meeting only ID:844 7739 8454 Password: serenity	Maiya	415-601-4747	

4:00 pm	L V	57783	****NEW MEETING**** Zoom meeting only Zoom: https://zoom.us/j/83055460946 Password: sosbigbook	Lisa K	321-276 -2595	
5:00 pm	V	48951	In the Solution Zoom only Zoom: 844 7739 8454 Password: serenity https://zoom.us/j/84477398454	Cheryl	407-221 -5928	

BB – Big Book
D – Discussion
L – Literature
N – Newcomers
SF – Special Focus
SS – Step Study
V – Varied