

New Beginnings

OVEREATERS ANONYMOUS[®]
CENTRAL FLORIDA INTERGROUP

Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit oacfi.org for more information.



STEP SEVEN: HUMILITY

Humbly asked Him to remove our shortcomings.

TRADITION SEVEN: RESPONSIBILITY

Every OA group ought to be fully self-supporting, declining outside contributions.

CONCEPT SEVEN: BALANCE

The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.

In this newsletter you can expect:

Upcoming events
(pages 2 - 6)

Stories of impact
(pages 7, 12, 13)

Open service opportunities
(page 8)

Intergroup & SOAR8 updates
(page 9)

Toolbox challenge
(page 10)

7th tradition
(page 11)

Treasurer's report
(page 13)

Meeting list
(pages 14 - 18)

July Calendar of Events

OACFI Intergroup/PIPO Meeting

July 11th at 10:00 am ET

<https://us02web.zoom.us/j/5083293778>

Password: service

PIPO meeting follows IG meeting.

“Family” Share Workshop

July 9th at 6:00 pm ET

Zoom ID: 817 388 5598

Password: 1212

Summer Recovery Support Workshop

July 11th at 10:30 am ET

Zoom ID: 825 7618 5057

Password: 634995

Zoom Security Training Session

July 18th at 4:30 pm ET

Email to register:

jenean.oa2023@icloud.com

Recovery Talks: Cultivate an Attitude of Gratitude

July 26th at 2:00 pm ET

Zoom ID: 901 265 2959

Password: hello

OA Phone Marathons

Meetings held from 8AM to midnight, EST.

July 4th - Independence Day

712-432-5200

PIN: 4285115



**OVEREATERS
ANONYMOUS[®]**
CENTRAL FLORIDA INTERGROUP

The Twelfth-Step-Within Committee presents:

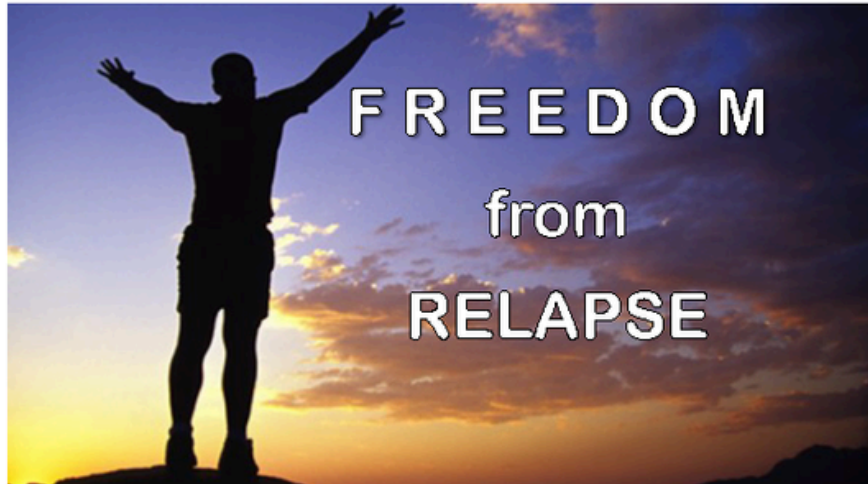


Image Credit: [This Photo](#) by Unknown Author is licensed under [CC BY-NC](#).

A HYBRID workshop focusing on

Relapse Prevention & Recovery

Saturday, August 1, 2026

9:30 am—12:30 pm EST

Address: Trinity Wellsprings Church, Seminar Room 1
638 S. Patrick Drive
Satellite Beach, FL 32937

To join via ZOOM, click [HERE](#)
Zoom ID#: 81746953322
Passcode: recovery

* Featuring speakers, ask-it-basket, and more *

* *Suggested* donation: \$7 (No one will be turned away for inability to donate.) *

* For more information, email tsw@oacfi.org * Water provided *



REGION 8
TWELFTH STEP WITHIN COMMITTEE

PRESENTS AN ONLINE WORKSHOP

The Joy of Abstinence



DATE:
Sunday,
August 2, 2026



TIME:
3 p.m. to
5 p.m. EST



LOCATION:
Zoom Link:
[https://us02web.zoom.us/j/87321771259?
pwd=Shh0ORxLo5Ax6xar2tZQF6PHPYULvZ.1](https://us02web.zoom.us/j/87321771259?pwd=Shh0ORxLo5Ax6xar2tZQF6PHPYULvZ.1)
Zoom ID: 873 2177 1259
Passcode: 829796



SUGGESTED DONATION: \$5.00 *via the SOAR 8 website*



Photo credit: "A lake surrounded by mountains and trees" by Dylan Taylor, Unsplash License.
https://unsplash.com/photos/a-lake-surrounded-by-mountains-and-trees-u2MwcM0b_zw

CFI Fall Retreat 2026

Destination...



Fri. Nov 6th
4-6PM:
Welcome,
Registration and
Friday nite in
DeLand!

Sat. Nov 7th:
9:00 AM-10:00PM
A whole day of recovery at
the Sanborn Center
exploring Mind-Body-Spirit
12-Step Recovery

Sun. Nov 8th:
9:30-11:30 AM
Regrouping,
Gathering and
Sending

Save the Date!

**More information on costs and
hotel accommodations will come soon!**



REPRESENTING PINELLAS, PASCO, & HERNANDO COUNTIES

Gulf Coast Florida Intergroup Invites You to

Walk Towards the Light Retreat

- When** October 9th, 10th and 11th 2026
Check-in, Friday, 4:00 pm | Check-out, Sunday, 10:00 am
- Where** DaySpring Episcopal Retreat Center,
8411 25th Street E, Parrish, FL 34219
Website: dayspringfla.org
- Total Cost** Single, 2-nights, \$340 (includes 5 meals)
Double, 2-nights, \$260 (includes 5 meals)
- Deadline** Register by September, 25th, 2026
Single Occupancy, is limited! Register early!

Meals will be served in the dining hall buffet style. If you have special dietary needs, please contact, Cindy B. via email at cindythepetnanny@gmail.com or cell #813-454-7941.

What to Expect:

Fellowship, Guided- Meditation, Keynote Speaker, Interactive Activities and Discussions, Walking Paths, Labyrinth, Swimming, Campfires, and Lots of Fun!

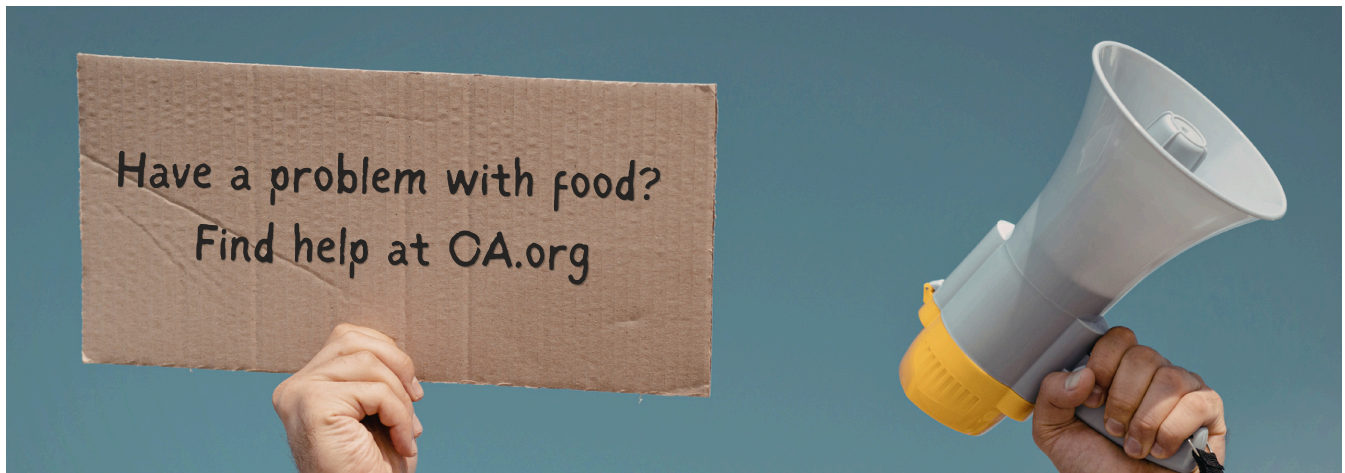
Registration:

Pay online at: <https://oagulfcoast.org>
Click on the drop-down menu and click on the yellow DONATE button.
Choose your method of payment and enter your information.
In the "Donation Reason" box, please enter the following using this format.
Ex. Retreat, Single or Double, First Name, Last Name, City, Cell #.
If you want a specific roommate, pls. include their name.
Need help call Kathie H. 727-834-0016.

We are lodging in 6 cabins. Each cabin has a common sitting area and a pantry with a coffee pot and a refrigerator.

Each bedroom has a private bathroom with a shower. The rooms and cabins can be locked.

Golfcart transportation will be available during scheduled times.



Why PIPO?

PIPO - Public Information and Professional Outreach

This week I went to my doctor to get a referral for an MRI so that I can move toward a hip replacement. That is the way my insurance works – I cannot do anything with a referral. You know how the drill goes. A person has to go through the typical process: check the blood pressure, check the temperature, and check the weight. I was hoping and praying that I did not have to weigh on the scale. I was afraid that I might have gained and I did not want to know. I closed my eyes and hoped for the best.

The nurse practitioner said “great job, you’ve lost seven pounds. What are you doing?” I said, “Overeaters Anonymous.” She said she’d never heard of that. I told her it was a 12 Step program. This just goes to prove we need to do more work to let people know that we are out there. That is why we need to continue to do work in PIPO. People I talk to do not know that OA exists. Lots of people are suffering needlessly. Let’s help them find the way.

-Carlene

***Want to get involved with PIPO?
Attend the OACFI Intergroup/PIPO meeting on July 11th at 10:00 am ET.***

Open OACFI Service Positions

Service strengthens our program. To fulfill one of these positions, you must participate in an OA group registered by World Service and part of the Central Florida Intergroup. **Interested? Email secretary@oacfi.org.**

ROLE	DUTIES	ABSTINENCE REQUIREMENT
 TREASURER (STARTS 2027)	Maintain monthly processing of contributions and expenses, pay bills, maintain monies to manage bank accounts, and collect mail.	1 year
 VICE CHAIR (STARTS 2027)	Take the chair's place in the chair's absence at meeting. Oversee review of Bylaws, and Policies and Procedures.	1 year
 PIPO CHAIR (STARTS 2027)	Facilitate making the general public and professionals aware of OA, particularly in the Orlando metro area.	3 months
NEXT GENERATION CHAIR	Encourage groups to welcome young people who come to OA. Help recruit young people for OA locally.	3 months
REGION 8 REPS	Represent OACFI at all Region 8 Assembly meetings and prepare report for OACFI about such representation. Travel reimbursed. <i>Two reps needed.</i>	6 months
INTERGROUP MEETING REPS	Attend monthly OACFI Zoom meetings to bring back news to the group you represent. Vote on behalf of your group when decisions requiring a vote are being made. <i>Only for meetings without a current intergroup rep.</i>	3 months
WORLD SERVICE DELEGATES	Represent OACFI at the OA World Service Business Convention and prepare report of Convention decisions or news for OACFI. <i>Three reps needed.</i>	1 year

Call for Story Submissions

Your experience, strength, and hope makes an impact. New Beginnings is looking for articles to be featured in upcoming newsletters. All OA-related topics are welcome: step work, using the tools, coming back from relapse, celebrating recovery milestones, processing resentments, surviving holidays, and more.

Ready to do service? Email your story to newsletter@oacfi.org.

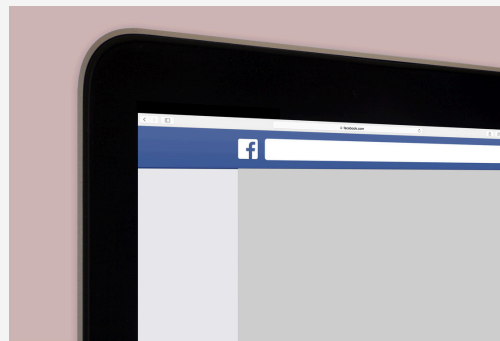
New Policies & Procedure Manual



Motions to revise OACFI's Policy & Procedures were brought up and passed at June's intergroup meeting. These revisions will allow Intergroup to operate more effectively.

[READ MANUAL](#)

New SOAR8 Facebook Page



SOAR8 (OA Region 8) has a new Facebook page and page administrator. Please email submissions to Layla C. at socialmedia@oaregion8.org.

[VIEW FACEBOOK PAGE](#)

June Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

SPONSORSHIP

Volunteer to help a newcomer get started in OA.

Read AA's [Questions & Answers on Sponsorship](#) pamphlet.

TELEPHONE

Call two people you haven't seen recently at a meeting.

Write down three new phone numbers this week.

SERVICE

Attend OACFI's Intergroup and PIPO meeting on July 11th.

Fill one of the vacant OACFI service roles on page 8.

WRITING PROMPTS

What other compulsive behaviors do I have?

What can I do when I feel hopeless?

What tool do I use the most? Explain why.

How can I bring myself closer to my Higher Power today?

Share your responses to newsletter@oacfi.org for a chance to be featured in next month's newsletter!



Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting’s contribution.

For more information visit oacfi.org/7th-tradition.

OACFI & NEWCOMERS

Check out our newcomer website to learn more about OA and get started.

CHECK IT OUT

OACFI & PROFESSIONALS

How can OA help patients who are compulsive eaters? We have answers.

LEARN MORE

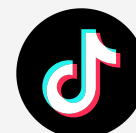
SUBSCRIBE

Get “New Beginnings” delivered to your inbox each month.

SIGN ME UP

FOLLOW US

Click the icons to view our social pages.





List Everything

***“Step Four says we took a ‘searching and fearless moral inventory of ourselves,’ which includes ‘take it to my grave’ issues. List everything. It is the only way to take an effective inventory. Our recovery depends on it.”
-Twelve Step Workshop and Study Guide, page 45.***

Trust me, there are no shocking Fourth Steps, even though my head may tell me otherwise—we’ve all done it before. I made my inventory without thinking about the Fifth Step, not worrying about sharing anything I wrote. It’s important not to get ahead of oneself when taking the Steps. This one is about writing, not talking.

I wrote some things which instilled great shame in me. How bad could they have been, if some twenty-six years later, none were so terrible to stand out in my mind now? I was a drama queen with a tendency to over-dramatize; all these things are just shortcomings—mistakes in judgement. What may seem to be a huge thing is really just not such a big deal. So I wrote it all down. I have a sponsee who’s making her list right now. I hope she reads this and keeps writing!

-Gerri

“New Beginnings” contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on www.oacfi.org, a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.

Treasurer's Report (May 2026)

Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	
801848	Sun	Noon, zoom only (added 5/3/25)	
57479	Sun	The Meeting Place	
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	\$5.00
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	
50209	Mon	10 AM Pimlico Rec Ctr	
57446	Mon	1pm Rockledge Presbyterian Church (4/1/25 new Space Coast	
45648	Mon	7PM Casa De Virtual , Kissimmee	
1048	Mon	7PM Church of Ascension Virtual	
53032	Mon	5:30 Crystal River F2F	
800442	Mon	7PM Grace Zoom Virtual	\$30.00
57739	Mon	6:00 pm Maitland F2F	
800729	Mon	12:00 OA Monday Big Book Meeting	
89653	Mon	10 AM Virtual For Today	
89070	Tue	12:00 Virtual Central Christian Church	
58161	Tue	5pm Cocoa Beach (new 4/15/25 Space coast)	
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	
57273	Tue	5:30 The Meeting Place Ocala F2F	
39211	Tue	6:30 New Covenant Deland F2F	
53032	Tue	5:30 pm YMCA Lecanto Fl F2F (time changed Feb	
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
89069	Wed	12:00pm Central Christian Church	
48700	Wed	10:00 am Lady Lake UMC F2F	
51561	Wed	1pm Melbourne (new Space coast 4/15/25	
57994	Wed	7:00 Winter Park F2F	
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	
54798	Thurs	4:00 pm Virtual Bobble Heads	\$20.00
89071	Thurs	12:00 pm Central Christian Church Virtual	
57955	Thurs	4:30 pm Christian Family F2F	
57675	Thurs	5:30 pm Meeting Place F2F	
18502	Thurs	7:00 pm Church of the Messiah, phone	
57434	Thurs	10:30 am Westminster By The Sea	
89384	Thurs	6:00 pm Body Image Virtual	\$5.00
89006	Thurs	7:00 pm Speaker Mtg Virtual	\$25.00
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	
46730	Thurs	730 pm Merritt Island (new space coast 4/15/25	\$25.35
52613	Tue	7:00 pm North Pool Celebration F2F	
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	
89072	Fri	12:00pm Central Christian Church Virtual	
45611	Fri	10:00 am Lady Lake Library Hybrid	\$62.00
801666	Fri	9:00 am Shepherd Hill Church Clermont F2F	\$80.00
20088	Fri	7:00 pm St. Lukes UMC phone	
801000	Fri	6pm Tuskawilla//Virtual (Feb 2025: mtg time	
800378	Sat	9:00am Zoom Port Orange	\$45.00
46887	Sat	8:00 am Windermere	\$55.00
89072	Sat	12:00 pm Central Christian Church virtual	
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	
38611	Sat	9:00am St. Richards Episcopal Hybrid	\$40.00
24750	Sat	9:30am: Trinity Wellsprings Church	
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Step Workshop	
		12 Step Within Workshop	
		Literature	
		unknown group #	\$50.00
		Individual Contributions (Checks/Cash)	\$275.35
		Individual Contributions (Paypal or Zelle)	\$167.00
		Literature	
		TOTAL GROUP CONTRIBUTIONS	\$442.35

Free to Choose

I wish I could declare complete freedom from food obsession. I wish I could say I wasn't someone who was dependent on food. Sometimes I wish I could go back in time and enjoy the high of *one more binge* before walking into the doors of OA.

But food highs never last – something I know all too well. This disease, my personal hell of binging, restricting, overexercising, fad diets, and wishing I was dead, can only be tamed by the work I do in OA.

I text a fellow when I have a bad day. I write when I don't want to. I stay honest with myself and my sponsor. I will always be a compulsive eater but OA gives me the freedom to choose abstinence and recovery over another day chained to food.

-Anonymous

“New Beginnings” is the monthly newsletter of the Overeaters Anonymous Central Florida Intergroup. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by OACFI.

All images used in this newsletter have been sourced from Canva (unless otherwise noted).

OVEREATERS ANONYMOUS®

CENTRAL FLORIDA INTERGROUP

Updated 06-10-2026

MONDAY						
Time	Type	Group #	Location	Contact	Phone	
10.0 0am	zoom	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256 -0373	
10:0 0 am	V	50209	Pimlico Rec. Ctr. Face to Face 530 Belvedere Blvd. The Villages, FL 32162	Gloria	352-345 -5638	
11a m	V	51162	Cocoa Beach Public Library Face to Face 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Cat	315-876 -2035	
Noon	SS	800822	Central Christian Church Zoom only Zoom phone in 312-626-6799 pw452471# Zoom: meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Kathy S.	678-429 -1286	
1pm	V open	57446	Rockledge Presbyterian Church Face to Face 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798 -2520	
6:00 pm	L	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407- 718-212 7	
7:00 pm	V	45648	Zoom meeting Zoom only: **Please text the contact person for current Zoom meeting and password information. https://zoom.us/j/9749783696	Terry C.	407-414 -5298	
7:00 pm	V	01048	Church of the Ascension Zoom call in # Zoom only: **Please text the contact person for current Zoom meeting and password information. https://zoom.us/j/9749783696	Jacqueline	407-423 -4086	
7.00 Pm	V open	800442	Grace Zoom meeting Zoom only 1-253-215-8782 Zoom 868 3781 3267 pw grace https://us02web.zoom.us/j/86837813267	mondaygra cemeeting @gmail.co m		
TUESDAY						
Noon	D	800822	Central Christian Church Zoom Only Zoom call in # 1-312-626 6799 pw 452471# Zoom meeting ID 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Jacqueline	407-423 -4086	
5:00 pm	Lit	58161	956 North Cocoa Blvd. Face to Face Cocoa, FL	Pete	321-506 -3033	

5:30 pm	L	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168 (Face to Face)	Debby	386-402-6631	
5:30 Pm	V	53479 open	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129	
2:00 pm	V	57273	Welcome Home New address College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 Text first	
6:00 pm		53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461 (Face to Face)	Trish	540-454-4600	
6:30 Pm	V	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue Deland, FL 32724 Email: DeLand. FL.OA@gmail.com	Ann H.	386.456.4922	
7:00 pm	V	52613	Celebration, FL 34747 Call contact person for directions (Face to Face) Celebration, FL 34747	Geri B	407-557-7055	
			WEDNESDAY			
10:00 am	BB	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159 (Face to Face)	Vicki	517-256-0373	
Noon	BB	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Kathy S.	678-429-1286	
1pm	Steps Study	51535	Dr. Martin Luther King Jr. Library Face to Face 955 University Blvd. Melbourne, FL	Elizabeth M.	978-760-2565	
7pm	V	57994	First Congregational Church Face to Face 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616-8000	
			THURSDAY			
10:30 am	V	57434	Westminster-By-the-Sea – Thursday 10:30 3221 S Peninsula Drive Daytona Beach Shores, FL 32118 (Face to Face)	Terri	386-285-6492	
11am	V	57456	Cocoa Beach Public Library Face to Face 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Dan	925-577-8636	

Noon	V	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoom meeting ID: 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Jacqueline	407-423-4086	
4:00 pm	V	800920	Bobbleheads Zoom only Zoom 842 9268 7636 pw Surrender https://us06web.zoom.us/j/84292687636	Donna G.	603-477-4555 Text first, please	
4:30 pm	V	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215-9601	
6:00 pm	D	89384	Zoom only Body Image-Recurring meeting Zoom 823 7540 9368 pw boai8 https://us02web.zoom.us/j/82375409368	Kathy M	407-252-7575	
7:00 pm	V	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 https://us02web.zoom.us/j/86370717790 Speaker on first Thursday of the month.	Jack L	352-430-5487	
7:00 pm	BB	55775	Church of the Messiah Phone meeting only – no zoom Phone # 408-638-0968 Meeting ID -881 5087 0583 Passcode – 952305	Jacqueline	407-423-4086	
7:00 pm	Step Study	46730	Grace United Methodist Church 1935 S Fiske Boulevard Rockledge, Florida, 32955 United States *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536-3951	
FRIDAY						
9:00 am	V	54490	Zoom only Zoom 870 5439 1380 https://us02web.zoom.us/j/87054391380 **Call contact person for password please**	Gail P	352-348-1004	
10:00 am	D	45611	Lady Lake Library (HYBRID) Zoom 850 9315 5902 pw freedom 225 W. Guava Street Lady Lake, FL 32159 https://us02web.zoom.us/j/85093155902	Vicki	517-256-0373	
12pm	BB Open	58477	Circle Club New Meeting Face to Face 230 East Eau Gallie Blvd. Indian Harbor, F 32937	Roy	310-968-3061	
Noon	N	800822	Central Christian Church Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity	Kathy S	678-429-1286	

			https://zoom.us/j/84477398454			
6:00 pm	BB	801000	Tuskawilla United Methodist Church last meeting 3/20/26 Zoom only Zoom code: 297 035 614 PW: 028590 LAST DATE https://zoom.us/j/297035614 1st Friday of every month is a SPEAKERS meeting	Gloria	407-340-2008	
7:00 pm	L	55772	St. Luke UMC Phone only Phone # 408-638-0968 Meeting ID 881-5087 0583 Passcode – 952305	Jacqueline	407-423-4086	
SATURDAY						
8:30 am	N	51130	Hibiscus Village Rec Center 1740 Bailey Trail The Villages FL 32162 (Jasmine Card Rm) (Face to Face)	Judy S.	516-551-5269	
8:30 am	V	46887	Ascension Church (Rm 108) Face to Face 4950 S. Apopka Vineland Road Orlando, FL 32819	Geri B.	407-557-7055	
9:00 am	V	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 https://zoom.us/j/88077179552?from=join#success	Jane V.	386-679-2098	
9:00 am	D	38611	St. Richards Church Face to Face 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face) The last Saturday is a speaker meeting Fragrance Free Meeting	Carole M.	407-616-8908	
9:00 am	D	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129 (Face to Face)	Debby H.	386-402-6631	
9:30 am	BB open	24750	Trinity Wellsprings Church Face to Face 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553	
12:00 pm	Med	800822	Central Christian Church Zoom only Call in 312-626-6799 pw 452471# Zoom 844 7739 8454 pw serenity https://zoom.us/j/84477398454	Jacqueline	407-423-4086	
Sunday						
12 pm	Lit	801848	*****NEW MEETING***** Zoom meeting only ID:844 7739 8454 Password: serenity	Maiya	415-601-4747	

4:00 pm	L V	57783	****NEW MEETING**** Zoom meeting only Zoom: https://zoom.us/j/83055460946 Password: sosbigbook	Lisa K	321-276 -2595	
5:00 pm	V	48951	In the Solution Zoom only Zoom: 844 7739 8454 Password: serenity https://zoom.us/j/84477398454	Cheryl	407-221 -5928	

BB – Big Book
D – Discussion
L – Literature
N – Newcomers
SF – Special Focus
SS – Step Study
V – Varied