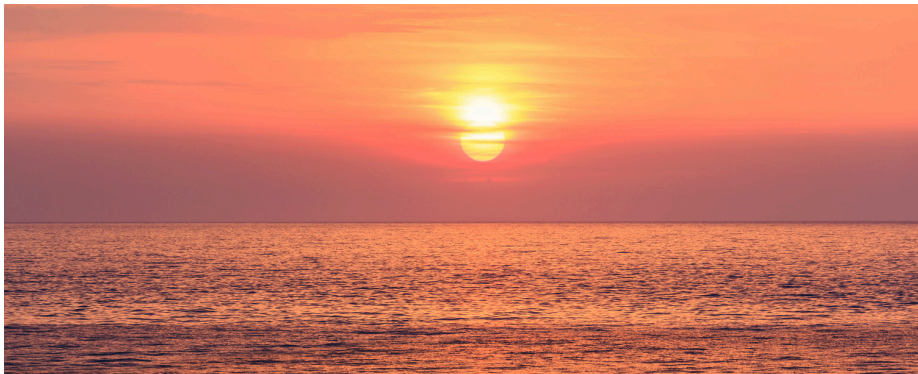


# New Beginnings



## Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit [oacfi.org](http://oacfi.org) for more information.



In this newsletter you can expect:

Upcoming events (page 2 - 4)

Stories of impact (pages 5, 11, 12)

Open service opportunities (pages 6 - 7)

Intergroup & WSO updates (page 8)

Toolbox challenge (page 9)

7th tradition (page 10)

Treasurer's report (page 12)

Meeting list (pages 13 - 17)

### STEP SIX: WILLINGNESS

We're entirely ready to have God remove all these defects of character.

### TRADITION SIX: SOLIDARITY

An OA group ought never endorse, finance or lend the OA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

### CONCEPT SIX: RESPONSIBILITY

The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous.

# June Calendar of Events

## OACFI Intergroup Meeting

May 13th at 10:00 am ET

<https://us02web.zoom.us/j/5083293778>

Password: service

## “Family” Share Workshop

June 11th at 6:00 pm ET

Zoom ID: 817 388 5598

Password: 1212

## Self-Acceptance Workshop

June 13th at 2:30 pm ET

Zoom ID: 88628727

Password: 561561

## Relapse Prevention Workshop

June 13th at 12:00 pm ET

Zoom ID: 881 1854 0543

Password: itworks

## The Interview: Overeaters Anonymous with Other Addictions Panel

June 13th at 12:00 pm ET

Zoom ID: 848 4682 9994

Password: 655279

## OA Phone Marathons

*Meetings held from 8AM to midnight, EST.*

June 19th - Juneteenth

June 21st - Father’s Day

June 30th - Gay Pride Celebration

# 712-432-5200

PIN: 4285115

## Body Image Workshop

June 27th at 8:00 am ET

Zoom ID: 859 4819 8466

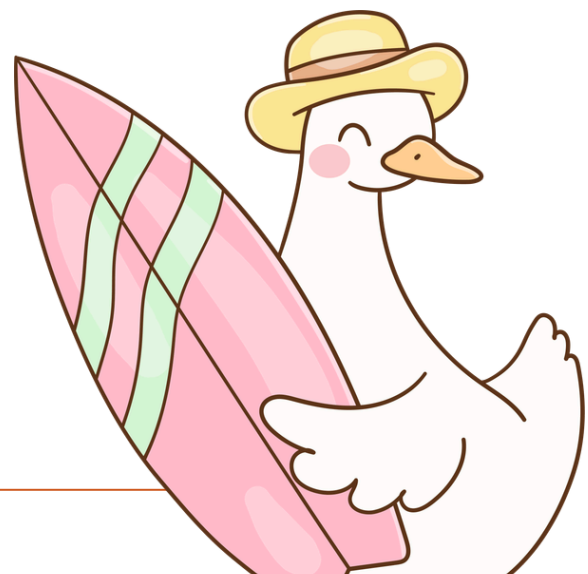
Password: 854885

## Staying True to My Program Through Life’s Transitions Workshop

June 28th at 1:00 pm ET

Zoom ID: 837 1100 7258

Password: 202690



# CFI Fall Retreat 2026

## Destination...



Fri. Nov 6th  
4-6PM:  
Welcome,  
Registration and  
Friday nite in  
DeLand!

Sat. Nov 7th:  
9:00 AM-10:00PM  
A whole day of recovery at  
the Sanborn Center  
exploring Mind-Body-Spirit  
12-Step Recovery

Sun. Nov 8th:  
9:30-11:30 AM  
Regrouping,  
Gathering and  
Sending

### Save the Date!

**More information on costs and  
hotel accommodations will come soon!**



REPRESENTING PINELLAS, PASCO, & HERNANDO COUNTIES

*Gulf Coast Florida Intergroup Invites You to*

# Walk Towards the Light Retreat

- When**                    October 9th, 10th and 11th 2026  
Check-in, Friday, 4:00 pm | Check-out, Sunday, 10:00 am
- Where**                    DaySpring Episcopal Retreat Center,  
8411 25th Street E, Parrish, FL 34219  
Website: dayspringfla.org
- Total Cost**            Single, 2-nights, \$340 (includes 5 meals)  
Double, 2-nights, \$260 (includes 5 meals)
- Deadline**                Register by September, 25th, 2026  
Single Occupancy, is limited! Register early!

**Meals will be served in the dining hall buffet style.** If you have special dietary needs, please contact, Cindy B. via email at cindythepetnanny@gmail.com or cell #813-454-7941.

**What to Expect:**

Fellowship, Guided- Meditation, Keynote Speaker, Interactive Activities and Discussions, Walking Paths, Labyrinth, Swimming, Campfires, and Lots of Fun!

**Registration:**

Pay online at: <https://oagulfcoast.org>  
Click on the drop-down menu and click on the yellow DONATE button.  
Choose your method of payment and enter your information.  
In the "Donation Reason" box, please enter the following using this format.  
Ex. Retreat, Single or Double, First Name, Last Name, City, Cell #.  
If you want a specific roommate, pls. include their name.  
Need help call Kathie H. 727-834-0016.

We are lodging in 6 cabins. Each cabin has a common sitting area and a pantry with a coffee pot and a refrigerator.

Each bedroom has a private bathroom with a shower. The rooms and cabins can be locked.

Golfcart transportation will be available during scheduled times.



## Have I Truly Taken Step Three?

If I'm still eating, I haven't taken Step Three—I'm still turning my will and life over to the care of food. I hit such a hard bottom, accompanied by thoughts of suicide, that desperation drove me to want something better.

I know I've written of this before, but my first sponsor had me write about my 'bottom', recalling how I started bingeing on my way home from work, and ate to a point where I couldn't get up off the couch, which is the only thing that kept me from blowing my brains out. She suggested I carry that piece of paper in my pocket, and when compulsive eating sounded like a good idea, to read it, because that was my reality.

Food may have promised something different, but it truthfully brought me to the precipice. I prayed to a God I no longer believed in that night, so perhaps I took Step Three even before I found OA a month later. I never, ever want to go back to that desperate jumping off place.

I truly have taken Step Three, and know that my will and life are much better in the care of God, than in the care of food. I no longer have that piece of paper—it went through the wash maybe a year into recovery, but I read it enough to have that recall, instead of the euphoric lies of food. Oh sure, I do get an occasional thought of 'one bite won't hurt', but the next thought is the words I wrote twenty-six years ago. That's my reality!

-Gerri

*"New Beginnings" contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on [www.oacfi.org](http://www.oacfi.org), a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.*

# Open OACFI Service Positions

Service strengthens our program. To fulfill one of these positions, you must participate in an OA group registered by World Service and part of the Central Florida Intergroup. **Interested? Email [secretary@oacfi.org](mailto:secretary@oacfi.org).**

ROLE	DUTIES	ABSTINENCE REQUIREMENT
 TREASURER (STARTS 2027)	Maintain monthly processing of contributions and expenses, pay bills, maintain monies to manage bank accounts, and collect mail.	1 year
 VICE CHAIR (STARTS 2027)	Take the chair's place in the chair's absence at meeting. Oversee review of Bylaws, and Policies and Procedures.	1 year
 PIPO CHAIR (STARTS 2027)	Facilitate making the general public and professionals aware of OA, particularly in the Orlando metro area.	3 months
NEXT GENERATION CHAIR	Encourage groups to welcome young people who come to OA. Help recruit young people for OA locally.	3 months
REGION 8 REPS	Represent OACFI at all Region 8 Assembly meetings and prepare report for OACFI about such representation. Travel reimbursed. <i>Two reps needed.</i>	6 months
INTERGROUP MEETING REPS	Attend monthly OACFI Zoom meetings to bring back news to the group you represent. Vote on behalf of your group when decisions requiring a vote are being made. <i>Only for meetings without a current intergroup rep.</i>	3 months
WORLD SERVICE DELEGATES	Represent OACFI at the OA World Service Business Convention and prepare report of Convention decisions or news for OACFI. <i>Three reps needed.</i>	1 year

# OVEREATERS ANONYMOUS® CENTRAL FLORIDA INTERGROUP

**WANTED: Intergroup Representatives (IRs) for unrepresented groups at OA Central Florida Intergroup business meetings.**

**Please consider performing this important service!**



## **WHAT ARE THE DUTIES OF THE INTERGROUP REP (IR) & REQUIREMENTS TO BE ONE?**

1. **Attend and participate** in monthly OACFI business meetings. Meetings are held via Zoom on the second Saturday of every month at 10 am and last 1 to 1.5 hours depending on the amount of material to be covered.
2. **Report back** to their group all pertinent information discussed.
3. **Check** to ensure that their group meeting information is recorded correctly at both oa.org and oacfi.org and see that needed corrections are reported.
4. **Practice** the Twelve Steps and Twelve Traditions of Overeaters Anonymous.
5. **Become familiar with** the oacfi.org website.

## **HOW IS AN IR CHOSEN?**

By the **group conscience** of the group they are representing.

## **WHAT ROLE DOES AN IR PLAY AT THE MEETINGS?**

Intergroup Representatives are permitted **both Voice and Vote** at any OACFI business meeting. Since any IR who takes a service position or becomes a committee chairperson **may cast only one vote**, if the IR takes such a position or becomes a committee chair, the IR should advise their group to select an alternate representative. **Each meeting can only have one IR.**

*Information above obtained from the following OACFI manuals:*

*Policies and Procedures:* <https://www.oacfi.org/wp-content/uploads/2024/12/OACFI-Policies-and-Procedures-Manual-Approved-November-2024.pdf>, pages 14-15

*Bylaws:* <https://www.oacfi.org/wp-content/uploads/2024/11/bylaws-OACFI-willingness-to-learn.pdf>, pages 5-6

If you or your group has any questions about the Intergroup Rep position, or want to submit the name of a person you have chosen to be your Rep, please contact [secretary@oacfi.org](mailto:secretary@oacfi.org) or [chair@oacfi.org](mailto:chair@oacfi.org). Thank you.



## For Your Review: OACFI Policy & Procedures

Your voice matters. Click the buttons below to review a newly drafted version of OACFI's Policy & Procedures as well as the motion to approve.

This revision is intended to shift detailed procedural activities out of the core Policy and Procedures document and into working practice, allowing the Intergroup to operate more effectively without requiring frequent amendments to governing documents. This proposed revision represents a structural simplification and modernization of our current document.

[VIEW DRAFT](#)

[VIEW MOTION](#)

## New Audiobooks



Photo credit: Overeaters Anonymous, Inc.

Audiobooks for six OA pamphlets and *Body Image, Relationships, and Sexuality* are now available! Get your copy at the [OA bookstore](#) or [Audible](#).

## Bookstore Bundles



Photo credit: Overeaters Anonymous, Inc.

Need literature? The OA bookstore is offering new literature bundles for select books and wallet cards. Visit the [OA website](#) to see all bundles.

# June Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

## PLAN OF EATING

Make a plan of eating specific to an upcoming event in your life.

Find a food sponsor to help stay accountable with your food.

## WRITING PROMPTS

How has my Higher Power shown up for me recently?

What does doing my best look like today?

In what ways do I still practice black and white thinking?

What are signs that my self-will has overtaken my HP's will?

***Share your responses to newsletter@oacfi.org for a chance to be featured in next month's newsletter!***

## MEETINGS

Attend at least two new meetings this month.

Volunteer to lead a meeting or help with setup/clean up.

## SERVICE

Sign up to be an OACFI intergroup rep for your meeting.

Fill one of the vacant OACFI service roles on page 6.



# Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting’s contribution.

For more information visit [oacfi.org/7th-tradition](https://oacfi.org/7th-tradition).

## OACFI & NEWCOMERS

Check out our newcomer website to learn more about OA and get started.

CHECK IT OUT

## OACFI & PROFESSIONALS

How can OA help patients who are compulsive eaters? We have answers.

LEARN MORE

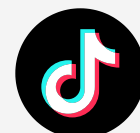
## SUBSCRIBE

Get “New Beginnings” delivered to your inbox each month.

SIGN ME UP

## FOLLOW US

Click the icons to view our social pages.





## Emotional Stability

Prolonged mistreatment from both external sources and self-criticism can significantly affect our emotional well-being. Even with substantial recovery and positive feedback from others, individuals may still experience persistent feelings of inadequacy or isolation. Nevertheless, it is possible for emotional wounds to heal over time.

Regardless of our stage in the recovery journey—whether we are just beginning, have long standing experience, or are returning after a period of relapse—addressing our emotional wellbeing is essential to sustained progress. All anonymous programs focus on physical, mental, and spiritual aspects; within mental recovery, keeping emotional abstinence or sobriety is crucial.

For years, individuals may have concealed their emotions using various substances. By achieving emotional abstinence, one gains the capacity to experience feelings that were previously suppressed by these numbing agents. It is important to note that pain-relieving medications or

interventions provide only temporary relief; the underlying discomfort persists once their effects diminish, as shown by experiences following episodes of bingeing, or restricting.

AA's Step Four is a vigorous and painstaking effort to discover what liabilities are in us. "Made a searching and moral inventory of ourselves." To find exactly how, when, and where our natural desires have warped us, this honest inventory, done with a sponsor by our side, helps us to look squarely at the unhappiness we have caused others and ourselves.

Discovering what our emotional deformities are, we can move toward their correction. Without this intervention there can be little recovery or contentment for us, and the faith which really works in daily living is out of reach for us. We might have to repeat the process to filter out the sludge; whatever it takes to become 'whole' of body, mind, and spirit. One moment at a time.

*-Avalon M.*

Treasurer's Report (April 2026)

Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	\$60.00
801848	Sun	Noon, zoom only (added 5/3/25)	
57479	Sun	The Meeting Place	
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	\$35.00
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	
50209	Mon	10 AM Pimlico Rec Ctr	
57446	Mon	1pm Rockledge Presbyterian Church (4/1/25 new Space Coast	\$152.00
45648	Mon	7PM Casa De Virtual , Kissimmee	
1048	Mon	7PM Church of Ascension Virtual	
53032	Mon	5:30 Crystal River F2F	
800442	Mon	7PM Grace Zoom Virtual	\$220.00
57739	Mon	6:00 pm Maitland F2F	\$268.00
800729	Mon	12:00 OA Monday Big Book Meeting	
89653	Mon	10 AM Virtual For Today	
89070	Tue	12:00 Virtual Central Christian Church	
58161	Tue	5pm Cocoa Beach (new 4/15/25 Space coast)	\$40.00
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	\$151.00
57273	Tue	5:30 The Meeting Place Ocala F2F	\$10.00
39211	Tue	6:30 New Covenant Deland F2F	\$50.00
53032	Tue	5:30 pm YMCA Lecanto Fl F2F (time changed Feb	
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
89069	Wed	12:00pm Central Christian Church	
48700	Wed	10:00 am Lady Lake UMC F2F	\$319.00
51561	Wed	1pm Melbourne (new Space coast 4/15/25	
57994	Wed	7:00 Winter Park F2F	\$47.00
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	
54798	Thurs	4:00 pm Virtual Bobble Heads	
89071	Thurs	12:00 pm Central Christian Church Virtual	
57955	Thurs	4:30 pm Christian Family F2F	
57675	Thurs	5:30 pm Meeting Place F2F	
18502	Thurs	7:00 pm Church of the Messiah, phone	
57434	Thurs	10:30 am Westminster By The Sea	
89384	Thurs	6:00 pm Body Image Virtual	
89006	Thurs	7:00 pm Speaker Mtg Virtual	\$145.00
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	
46730	Thurs	730 pm Merritt Island (new space coast 4/15/25	\$47.00
52613	Tue	7:00 pm North Pool Celebration F2F	\$50.00
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	
89072	Fri	12:00pm Central Christian Church Virtual	
45611	Fri	10:00 am Lady Lake Library Hybrid	\$157.00
801666	Fri	9:00 am Shepherd Hill Church Clermont F2F	
20088	Fri	7:00 pm St. Lukes UMC phone	
801000	Fri	6pm Tuskawilla//Virtual (Feb 2025: mtg time	\$70.00
800378	Sat	9:00am Zoom Port Orange	
46887	Sat	8:00 am Windermere	\$101.00
89072	Sat	12:00 pm Central Christian Church virtual	
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	\$200.00
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	\$100.00
38611	Sat	9:00am St. Richards Episcopal Hybrid	
24750	Sat	9:30am: Trinity Wellsprings Church	\$115.00
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Step Workshop	
		12 Step Within Workshop	
		Literature	
		unknown group #	\$102.00
		Individual Contributions (Checks/Cash)	\$1,696.00
		Individual Contributions (Paypal or Zelle)	\$743.00
		Literature	
		<b>TOTAL GROUP CONTRIBUTIONS</b>	<b>\$2,439.00</b>

# Things I Heard at Meetings



“My greatest choice is to turn to my HP.”

“Taking that first bite is like being punched in the face.”

“I felt like an imposter by my under eating and over exercising.”

“I went to OA and felt at home.”

“When I want something different, I have to do something different.”

“When I was in the food, I had no choice.”

*-Carlene*

“New Beginnings” is the monthly newsletter of the Overeaters Anonymous Central Florida Intergroup. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by OACFI.

All images used in this newsletter have been sourced from Canva (unless otherwise noted).

# OVEREATERS ANONYMOUS®

## CENTRAL FLORIDA INTERGROUP

Updated 05-05-2026

MONDAY					
Time	Type	Group #	Location	Contact	Phone
10.00am	zoom	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256-0373
10:00 am	V	50209	Pimlico Rec. Ctr. Face to Face 530 Belvedere Blvd. The Villages, FL 32162	Gloria	352-345-5638
11am	V	51162	Cocoa Beach Public Library Face to Face 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Cat	315-876-2035
Noon	SS	800822	Central Christian Church Zoom only Zoom phone in 312-626-6799 pw452471# Zoom: meeting ID 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Kathy S.	678-429-1286
1pm	V open	57446	Rockledge Presbyterian Church Face to Face 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798-2520
6:00 pm	L	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407-718-2127
7:00 pm	V	45648	Zoom meeting Zoom only: **Please text the contact person for current Zoom meeting and password information. <a href="https://zoom.us/j/9749783696">https://zoom.us/j/9749783696</a>	Terry C.	407-414-5298
7:00 pm	V	01048	Church of the Ascension Zoom call in # Zoom only: **Please text the contact person for current Zoom meeting and password information. <a href="https://zoom.us/j/9749783696">https://zoom.us/j/9749783696</a>	Jacqueline	407-423-4086
7.00 Pm	V	800442 open	Grace Zoom meeting Zoom only 1-253-215-8782 Zoom 868 3781 3267 pw grace <a href="https://us02web.zoom.us/j/86837813267">https://us02web.zoom.us/j/86837813267</a>	mondaygrameeting@gmail.com	
TUESDAY					
Noon	D	800822	Central Christian Church Zoom Only Zoom call in # 1-312-626 6799 pw 452471# Zoom meeting ID 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Jacqueline	407-423-4086

5:00 pm	Lit	58161	956 North Cocoa Blvd. Face to Face Cocoa, FL	Pete	321-506-3033
5:30 pm	L	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168 (Face to Face)	Debby	386-402-6631
5:30 Pm	V	53479 open	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129
2:00 pm	V	57273	Welcome Home <b>New address</b> College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 <b>Text first</b>
6:00 pm		53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461 (Face to Face)	Trish	540-454-4600
6:30 Pm	V	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue Deland, FL 32724 Email: DeLand. <a href="mailto:FL.OA@gmail.com">FL.OA@gmail.com</a>	Ann H.	386.456.4922
7:00 pm	BB	801000	Tuskawilla United Methodist Church <b>First</b> <b>meeting 3/24/26</b> Zoom only Zoom code: 297 035 614 PW: 028590 <b>LAST</b> <b>DATE</b> <a href="https://zoom.us/j/297035614">https://zoom.us/j/297035614</a> <b>1<sup>st</sup> Friday of every month is a SPEAKERS</b> <b>meeting</b>	Gloria	407-340-2008
7:00 pm	V	52613	Celebration, FL 34747 Call contact person for directions (Face to Face) Celebration, FL 34747	Geri B	407-557-7055
WEDNESDAY					
10:00 am	BB	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159 (Face to Face)	Vicki	517-256-0373
Noon	BB	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Kathy S.	678-429-1286
1pm	Steps Study	51535	Dr. Martin Luther King Jr. Library Face to Face 955 University Blvd.	Elizabeth M.	978-760-2565

			Melbourne, FL		
7pm	V	57994	First Congregational Church Face to Face 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616 8000
			THURSDAY		
10:30 am	V	57434	Westminster-By-the-Sea – Thursday 10:30 3221 S Peninsula Drive Daytona Beach Shores, FL 32118 (Face to Face)	Terri	386-285-6492
11am	V	57456	Cocoa Beach Public Library Face to Face 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Dan	925-577-8636
Noon	V	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoon meeting ID: 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Jacqueline	407-423-4086
4:00 pm	V	800920	Bobbleheads Zoom only Zoom 842 9268 7636 pw Surrender <a href="https://us06web.zoom.us/j/84292687636">https://us06web.zoom.us/j/84292687636</a>	Donna G.	603-477-4555 Text first, please
4:30 pm	V	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215-9601
6:00 pm	D	89384	Zoom only Body Image-Recurring meeting Zoom 823 7540 9368 pw boai8 <a href="https://us02web.zoom.us/j/82375409368">https://us02web.zoom.us/j/82375409368</a>	Kathy M	407-252-7575
7:00 pm	V	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 <a href="https://us02web.zoom.us/j/86370717790">https://us02web.zoom.us/j/86370717790</a> Speaker on first Thursday of the month.	Jack L	352-430-5487
7:00 pm	BB	55775	Church of the Messiah Phone meeting only – no zoom Phone # 408-638-0968 Meeting ID -881 5087 0583 Passcode – 952305	Jacqueline	407-423-4086
7:00 pm	Step Study	46730	Grace United Methodist Church 1935 S Fiske Boulevard Rockledge, Florida, 32955 United States *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536-3951
			FRIDAY		

9:00 am	V	54490	Zoom only Zoom 870 5439 1380 <a href="https://us02web.zoom.us/j/87054391380">https://us02web.zoom.us/j/87054391380</a> <b>**Call contact person for password please**</b>	Gail P	352-348-1004
10:00 am	D	45611	Lady Lake Library (HYBRID) Zoom 850 9315 5902 pw freedom 225 W. Guava Street Lady Lake, FL 32159 <a href="https://us02web.zoom.us/j/85093155902">https://us02web.zoom.us/j/85093155902</a>	Vicki	517-256-0373
12pm	BB Open	58477	Circle Club <b>New Meeting</b> Face to Face 230 East Eau Gallie Blvd. Indian Harbor, F 32937	Roy	310-968-3061
Noon	N	800822	Central Christian Church Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Kathy S	678-429-1286
6:00 pm	BB	801000	Tuskawilla United Methodist Church <b>last meeting 3/20/26</b> Zoom only Zoom code: 297 035 614 PW: 028590 <b>LAST DATE</b> <a href="https://zoom.us/j/297035614">https://zoom.us/j/297035614</a> <b>1<sup>st</sup> Friday of every month is a SPEAKERS meeting</b>	Gloria	407-340-2008
7:00 pm	L	55772	St. Luke UMC <b>Phone only</b> Phone # 408-638-0968 Meeting ID 881-5087 0583 Passcode – 952305	Jacqueline	407-423-4086
SATURDAY					
8:30 am	N	51130	Hibiscus Village Rec Center 1740 Bailey Trail The Villages FL 32162 (Jasmine Card Rm) (Face to Face)	Judy S.	516-551-5269
8:30 am	V	46887	Ascension Church (Rm 108) <b>Face to Face</b> 4950 S. Apopka Vineland Road Orlando, FL 32819	Geri B.	407-557-7055
9:00 am	V	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 <a href="https://zoom.us/j/88077179552?from=join#success">https://zoom.us/j/88077179552?from=join#success</a>	Jane V.	386 679-2098
9:00 am	D	38611	St. Richards Church <b>Face to Face</b> 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face)	Carole M.	407-616-8908

			The last Saturday is a speaker meeting <b>Fragrance Free Meeting</b>		
9:00 am	D	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129 (Face to Face)	Debby H.	386-402-6631
9:30 am	BB open	24750	Trinity Wellsprings Church <b>Face to Face</b> 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553
12:00pm	Med	800822	Central Christian Church Zoom only Call in 312-626-6799 pw 452471# Zoom 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Jacqueline	407-423-4086
Sunday					
12pm	Lit	801848	<b>*****NEW MEETING*****</b> Zoom meeting only ID:844 7739 8454 Password: serenity	Maiya	415-601-4747
4:00 pm	L V	57783	<b>****NEW MEETING****</b> Zoom meeting only Zoom: <a href="https://zoom.us/j/83055460946">https://zoom.us/j/83055460946</a> Password: sosbigbook	Lisa K	321-276-2595
5:00 pm	V	48951	In the Solution Zoom only <b>Zoom: 844 7739 8454 Password: serenity</b> <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Cheryl	407-221-5928

BB – Big Book  
D – Discussion  
L – Literature  
N – Newcomers  
SF – Special Focus  
SS – Step Study  
V – Varied