

# New Beginnings



## Overeaters Anonymous Central Florida Intergroup

Sharing experience, strength, and hope with those who suffer from compulsive eating and compulsive food behaviors. Visit [oacfi.org](http://oacfi.org) for more information.



<p><b>STEP THREE: FAITH</b></p>	<p>Made a decision to turn our will and our lives over to the care of God <i>as we understood Him.</i></p>
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<p><b>TRADITION THREE: IDENTITY</b></p>	<p>The only requirement for OA membership is a desire to stop eating compulsively.</p>
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<p><b>CONCEPT THREE: TRUST</b></p>	<p>The right of decision, based on trust, makes effective leadership possible.</p>
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In this newsletter you can expect:

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Upcoming events (pages 2)

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OACFI flyers (page 3)

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Stories of impact (pages 4, 6, 9)

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Meeting list (pages 11 - 15)

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# March Calendar of Events

## OACFI Intergroup Meeting

March 14th at 10:00 am ET

<https://us02web.zoom.us/j/5083293778>

Password: service

## How to Stay Abstinent Through Adversity

March 8th at 1:00 pm ET

Zoom ID: 837 1100 7258

Password: 202690

## “Family” Share Workshop

March 12th at 6:00 pm ET

Zoom ID: 817 388 5598

Password: 1212

## Quarterly Relapse Prevention Workshop

March 14th at 2:00 pm ET

Zoom ID: 881 1854 0543

Password: itworks

## Dealing With Triggers Workshop

March 15th at 1:00 pm ET

Zoom ID: 844 1192 3336

Password: 978918

## OA Phone Marathons

*Meetings held from 8AM to midnight, EST.*

March 17th - St. Patrick's Day

March 19th - Eid al-Fitr

# 712-432-5200

PIN: 4285115

## Young Adults Virtual Retreat

March 21st at 4:00 pm ET

March 22nd at 10:00 am ET

Registration/info [here](#).

## Acceptance is the Answer Workshop

March 29th at 2:00 pm ET

Zoom ID: 901 265 2959

Password: hello



# Upcoming OACFI Event Flyers

Click flyer to expand and download. Have an event flyer to share? Email newsletter@oacfi.org at least two months before the event date.

## CFI Fall Retreat 2026

### *Destination...*

**November 6-8  
2026**

**OVEREATERS  
ANONYMOUS®  
CENTRAL FLORIDA INTERGROUP**

<p>Fri. Nov 6th 4-6PM: Welcome, Registration and Friday nite in DeLand!</p>	<p>Sat. Nov 7th: 9:00 AM-10:00PM A whole day of recovery at the Sanborn Center exploring Mind-Body-Spirit 12-Step Recovery</p>	<p>Sun. Nov 8th: 9:30-11:30 AM Regrouping, Gathering and Sending</p>
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**Save the Date!**

**More information on costs and  
hotel accommodations will come soon!**



## The Man in the Mirror

Acceptance is the key to Step One. Nevertheless, it is a hard moral to achieve if you're not willing to be honest. Honesty is a solid notion of reasoning. It establishes what is true, what is real, and the laws which apply to the reality you are dealing with. I live by a food plan. I have been a solid member of OA since 2010 and have developed a realistic belief system and food plan. However, if I wanted to be honest with myself, I would have to admit that I don't follow a proper diet. I don't focus on healthy eating, and I don't really exercise. I find myself bewildered when it comes to being healthy and being spiritually balanced. This in mind, I allow myself to be guided by the mercy of my Higher Power. I'm not in control of my weight. There is mercy and grace which accompanies me daily to show me something more important about my relationship with my Higher Power... I am loved.

For me, I know that creating healthy food habits, following a diet focused on eating healthy types of food, and staying away from foods that are greasy, fatty, highly salted, and high caloric is wise. I am aware that spiritual maturity balances with the mentality of being healthy. I am also aware that I am an addict and at the root of my nature I am self-destructive. When I am honest, I see that I am incapable of fulfilling my healthy profile and need help and guidance to achieving this lifetime goal. By the grace of God, I do not have to lose my abstinence along my path to recovery in this program.

*-Tony B.*

*"New Beginnings" contains personal stories that express the experience, strength, and hope of the individual member and not of OA as a whole. Submissions are subject to editing and will not be returned. When you submit an article, please be aware that the newsletter will be posted on [www.oacfi.org](http://www.oacfi.org), a website available to the public. If you print this newsletter, please do not leave it in a public location. Thank you.*

# Open OACFI Service Positions

Service strengthens our program. To fulfill one of these positions, you must participate in an OA group registered by World Service and part of the Central Florida Intergroup. **Interested? Email [secretary@oacfi.org](mailto:secretary@oacfi.org).**

ROLE	DUTIES	ABSTINENCE REQUIREMENT
 TREASURER (STARTS 2027)	Maintain monthly processing of contributions and expenses, pay bills, maintain monies to manage bank accounts, and collect mail.	1 year
 VICE CHAIR (STARTS 2027)	Take the chair's place in the chair's absence at meeting. Oversee review of Bylaws, and Policies and Procedures.	1 year
 PIPO CHAIR (STARTS 2027)	Facilitate making the general public and professionals aware of OA, particularly in the Orlando metro area.	3 months
NEXT GENERATION CHAIR	Encourage groups to welcome young people who come to OA. Help recruit young people for OA locally.	3 months
REGION 8 REPS	Represent OACFI at all Region 8 Assembly meetings and prepare report for OACFI about such representation. Travel reimbursed. <i>Two reps needed.</i>	6 months
INTERGROUP MEETING REPS	Attend monthly OACFI Zoom meetings to bring back news to the group you represent. Vote on behalf of your group when decisions requiring a vote are being made. <i>Only for meetings without a current intergroup rep.</i>	3 months
WORLD SERVICE DELEGATES	Represent OACFI at the OA World Service Business Convention and prepare report of Convention decisions or news for OACFI. <i>Three reps needed.</i>	1 year



## Emotional Stability

Prolonged mistreatment from both external sources and self-criticism can significantly affect our emotional well-being. Even with substantial recovery and positive feedback from others, individuals may still experience persistent feelings of inadequacy or isolation. Nevertheless, it is possible for emotional wounds to heal over time.

Regardless of our stage in the recovery journey—whether we are just beginning, have long standing experience, or are returning after a period of relapse—addressing our emotional wellbeing is essential to sustained progress. All anonymous programs focus on physical, mental, and spiritual aspects; within mental recovery, keeping emotional abstinence or sobriety is crucial.

For years, individuals may have concealed their emotions using various substances. By achieving emotional abstinence, one gains the capacity to experience feelings that were previously suppressed by these numbing agents. It is important to note that our compulsive vices provide only temporary relief; the underlying discomfort persists once their effects diminish, as shown by experiences following episodes of bingeing, or restricting.

Step Four is a vigorous and painstaking effort to discover what liabilities are in us. To find exactly how, when, and where our natural desires have warped us, this honest inventory, done with a sponsor by our side, helps us to look squarely at the unhappiness we have caused others and ourselves.

Discovering what our emotional deformities are, we can move toward their correction. Without this intervention there can be little recovery or contentment for us, and faith feels out of reach. We might have to repeat the process to filter out the sludge; whatever it takes to become 'whole' of body, mind, and spirit. One moment at a time.

*-Avalon M.*

# March Toolbox Challenge

The OA Tools of Recovery help us work the Steps and refrain from compulsive overeating. The nine Tools are: a plan of eating, sponsorship, meetings, telephone, writing, literature, an action plan, anonymity, and service.

## LITERATURE

Read/re-read the OA [Newcomer Pamphlet](#).

Read and reflect/journal on For Today every day for 30 days.

## ANONYMITY

Refresh your understanding of anonymity in program [here](#).

Create a non-identifiable, dedicated email address for OA.

## SERVICE

Do service at the intergroup level (see page 5).

Raise your hand to lead at least two meetings this month.

## WRITING PROMPTS

How has my sense of self changed since being in OA?

Where can I go to feel more connected to my Higher Power?

What does loving myself and others look like to me?

What's one small thing I can do today to improve my program?

***Share your responses to [newsletter@oacfi.org](mailto:newsletter@oacfi.org) for a chance to be featured in next month's newsletter!***



# Seventh Tradition

Every OA group ought to be fully self-supporting, declining outside contributions. Donations help to carry the message to others with compulsive food behaviors and to help pay for literature and administrative expenses. Contributions currently come directly to OACFI from group treasurers and individuals. We encourage members to give as much as they are able.

ZELLE	treasurer@oacfi.org
PAYPAL	oacfitreasurer@gmail.com
CHECKS	Central Florida Intergroup P.O. Box 180293 Casselberry, FL 32718

Payments must include the group number or appropriate information in the memo section to help us accurately track donations and credit each meeting’s contribution.  
For more information visit [oacfi.org/7th-tradition](https://oacfi.org/7th-tradition).

## OACFI PODCAST

Listen to the new OACFI podcast! For submissions email [podcast@oacfi.org](mailto:podcast@oacfi.org).

**LISTEN NOW**

## REGION 8 NEWSLETTER

Check out the spring edition of the SOAR8 newsletter!

**OPEN NEWSLETTER**

## SUBSCRIBE

Get “New Beginnings” delivered to your inbox each month.

**SIGN ME UP**

## FOLLOW US

Click the icons to view our social pages.





## The Real Me

*“Working this program helps me distinguish what I no longer need from what is important, to cut away old beliefs so that new truths may be revealed and a light and useful spirit may grow strong.” -Twelve Step Workshop and Study Guide, pg 85 (Quote from Sept 21st of For Today)*

A colleague of mine used to say it was time to put our mess behind us, pick up the pieces and get on with our lives. While I heard it intellectually, it was impossible to apply it to my own life while I held onto old beliefs, so my messes stayed right with me. How I used to rationalize and blame others—a self-imposed victim!

The Fourth Step was the first time in my life that I grasped where I was deep inside of myself, instead of superficially. The previous three steps prepared me for it. I was no longer powerless. Step Three gave me the power, a Higher Power, and the internal strength I needed to face and be rid of the things that were blocking me!

“The child I once was can no longer run my life,” is another line in this day’s reading was also true for me. It was time to embrace the wonderful, powerful woman I had pretended to be. I finally felt it, no longer worried that people would find out the real me, a scared kid. Writing it down was also admitting the truth to myself.

*-Gerri*

**Treasurer's Report (December 2025)**

Group ID	Day	Location Description	Amount
48951	Sun	5 PM In the Solution zoom meeting	
801848	Sun	Noon, zoom only (added 5/3/25)	
57479	Sun	The Meeting Place	
57783	Sun	4PM Kissimmee Big Book	
800822	M-S	12:00 (89068) Central Christian Church	\$ 30.00
51162	Mon	11 AM Space Coast: Cocoa Beach Public Library	
50209	Mon	10 AM Pimlico Rec Ctr	\$ 307.00
57446	Mon	Space Coast	\$ 25.00
45648	Mon	7PM Casa De Virtual , Kissimmee	
1048	Mon	7PM Church of Ascension Virtual	\$ 75.00
53032	Mon	5:30 Crystal River F2F	
800442	Mon	7PM Grace Zoom Virtual	\$ 16.00
57739	Mon	6:00 pm Maitland F2F	\$ 320.00
800729	Mon	12:00 OA Monday Big Book Meeting	
89653	Mon	10 AM Virtual For Today	
89070	Tue	12:00 Virtual Central Christian Church	
58161	Tue	5pm Cocoa Beach (new 4/15/25 Space coast)	\$ 20.00
56481	Tue	5:30 Port Orange Pres F2F	
53479	Tues	5:30 PM Voices of Recovery Apopka F2F (February 2025: changed from Mon to Tuesday)	\$ 57.00
52613	Tue	7:00 pm North Pool Celebration F2F	\$ 30.00
57273	Tue	5:30 The Meeting Place Ocala F2F	
39211	Tue	6:30 New Covenant Deland F2F	
53032	Tue	5:30 pm YMCA Lecanto FI F2F (time changed Feb	
55782	Tue	7:00 PM phone meeting (new 3/21/2025)	
51535	Wed	1pm Steps study Dr. MLK Jr library Melbourne	
89069	Wed	12:00pm Central Christian Church	
48700	Wed	10:00 am Lady Lake UMC F2F	\$ 175.00
51561	Wed	1pm Melbourne (new Space coast 4/15/25	
57994	Wed	7:00 Winter Park F2F	\$ 39.00
57456	Thurs	11 AM Space Coast: Cocoa Beach Public Library	
54798	Thurs	4:00 pm Virtual Bobble Heads	
89071	Thurs	12:00 pm Central Christian Church Virtual	
57955	Thurs	4:30 pm Christian Family F2F	\$ 60.00
57675	Thurs	5:30 pm Meeting Place F2F	
18502	Thurs	7:00 pm Church of the Messiah, phone	
57434	Thurs	10:30 am Westminster By The Sea	
89384	Thurs	6:00 pm Body Image Virtual	\$ 5.00
89006	Thurs	7:00 pm Speaker Mtg Virtual	\$ 55.00
58414	Thurs	9:30 pm (last house) (new March 2025)	
55775	Thurs	7:00 PM phone meeting (new 3/21/2025)	
46730	Thurs	730 pm Merritt Island (new space coast 4/15/25	
55772	Fri	7:00 PM phone meeting (new 3/21/2025)	
89072	Fri	12:00pm Central Christian Church Virtual	
45611	Fri	10:00 am Lady Lake Library Hybrid	
54490	Fri	9:00 am Shepherd Hill Church Clermont F2F	\$ 80.00
20088	Fri	7:00 pm St. Lukes UMC phone	
801000	Fri	6pm Tuskawilla//Virtual (Feb 2025: mtg time	\$ 10.00
800378	Sat	9:00am Zoom Port Orange	
46887	Sat	8:00 am Windermere	\$ 55.00
89072	Sat	12:00 pm Central Christian Church virtual	
51130	Sat	8:30 am Hibiscus Village Rec. Ctr F2F	
48952	Sat	9:00 am Port Orange Presbyterian Hybrid	
38611	Sat	9:00am St. Richards Episcopal Hybrid	\$ 40.00
24750	Sat	9:30am: Trinity Wellsprings Church	
	Sat	10:00 am Central Florida Intergroup	
		PIPO contribution	
		Words To Live By	
		Big Book Study Sunday 6-8	
		Step Workshop	
		12 Step Within Workshop	
		Literature	
		unknown group #	\$ 36.00
		<b>Individual Contributions (Checks/Cash)</b>	<b>\$ 908.00</b>
		<b>Individual Contributions (Paypal or Zelle)</b>	<b>\$ 527.00</b>
		Literature	
		<b>TOTAL GROUP CONTRIBUTIONS</b>	<b>\$ 1,435.00</b>

# New Booklet: Sponsorship in OA



*Sponsorship in OA* is a new, conference-approved booklet created to help expand our understanding of sponsorship with new topics illustrated by real testimonials from OA sponsors. Visit [oa.org](http://oa.org) to purchase or for more information.

*“New Beginnings” is the monthly newsletter of the Overeaters Anonymous Central Florida Intergroup. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by OACFI.*

*All images used in this newsletter have been sourced from Canva.*

# OVEREATERS ANONYMOUS®

## CENTRAL FLORIDA INTERGROUP

Updated 02-16-2026

MONDAY					
Time	Type	Group #	Location	Contact	Phone
10.00 am	zoom	89653	For Today Zoom meeting Meeting ID: 83253821331 Password: peace	Vicki S.	517-256-0373
10:00 am	V	50209	Pimlico Rec. Ctr. <b>Face to Face</b> 530 Belvedere Blvd. The Villages, FL 32162	Gloria	352-345-5638
11am	V	51162	Cocoa Beach Public Library <b>Face to Face</b> 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Cat	315-876-2035
Noon	SS	800822	Central Christian Church Zoom only Zoom phone in 312-626-6799 pw452471# Zoom: meeting ID 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Kathy S.	678-429-1286
1pm	V open	57446	Rockledge Presbyterian Church <b>Face to Face</b> 921 Rockledge Drive Rockledge, FL 32956	Lynn D.	216-798-2520
6:00 pm	L	57739	Asbury Methodist Church 220 Horatio Ave. Maitland, FL 32751 (Face to Face)	Alyson T.	407-718-2127
7:00 pm	V	45648	Zoom meeting Zoom only: <b>**Please text the contact person for current Zoom meeting and password information.</b> <a href="https://zoom.us/j/9749783696">https://zoom.us/j/9749783696</a>	Terry C.	407-414-5298
7:00 pm	V	01048	Church of the Ascension Zoom call in # Zoom only: <b>**Please text the contact person for current Zoom meeting and password information.</b> <a href="https://zoom.us/j/9749783696">https://zoom.us/j/9749783696</a>	Jacqueline	407-423-4086
7.00 Pm	V	800442 open	Grace Zoom meeting Zoom only 1-253-215-8782 Zoom 868 3781 3267 pw grace <a href="https://us02web.zoom.us/j/86837813267">https://us02web.zoom.us/j/86837813267</a>	mondaygrac emeeting@g mail.com	
TUESDAY					
Noon	D	800822	Central Christian Church Zoom Only Zoom call in # 1-312-626 6799 pw 452471# Zoom meeting ID 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Jacqueline	407-423-4086
5:00 pm	Lit	58161	956 North Cocoa Blvd. Face to Face Cocoa, FL	Pete	321-506-3033

5:30 pm	L	56481	United Church of Christ 203 Washington Street New Smyrna Beach, FL 32168 (Face to Face)	Debby	386-402-6631
5:30 Pm	V	53479 open	Face to Face Meeting Holy Spirit Episcopal 601 S. Highland Avenue Apopka, FL 32703	Carrie C.	352-207-8129
5:30 pm	V	57273	Welcome Home <b>New address</b> College Road Baptist Church 5010 SW College Road Bldg. D room 1 Ocala, FL	Nancy L.	352-207-9129 <b>Text first</b>
6:00 pm		53032	YMCA 4127 West Norvell Bryant Highway Lecanto, FL 34461 (Face to Face)	Trish	540-454-4600
6:30 Pm	V	39211	New Covenant Baptist Church 1350 South Blue Lake Avenue Deland, FL 32724 Email: DeLand. <a href="mailto:FL.OA@gmail.com">FL.OA@gmail.com</a>	Ann H.	386-456-4922
7:00 pm	V	52613	Celebration, FL 34747 Call contact person for directions (Face to Face) Celebration, FL 34747	Geri B	407-557-7055
WEDNESDAY					
10:00 am	BB	48700	Lady Lake UMC corner of Hwy 27/441 and McClendon St Lady Lake, FL 32159 (Face to Face)	Vicki	517-256-0373
Noon	BB	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Kathy S.	678-429-1286
1pm	Steps Study	51535	Dr. Martin Luther King Jr. Library Face to Face 955 University Blvd. Melbourne, FL	Elizabeth M.	978-760-2565
7pm	V	57994	First Congregational Church Face to Face 225 South Interlachen Avenue Winter Park, FL 32789	Cory M.	407-616 8000
THURSDAY					
9:30 am	BB	58414	Last House on the Block <b>New Meeting</b> 1339 Neely Drive Leesburg, FL 34748	Adrienne	469-939-6675
10:30 am	V	57434	Westminster-By-the-Sea – Thursday 10:30 3221 S Peninsula Drive Daytona Beach Shores, FL 32118 (Face to Face)	Terri	386-285-6492

11am	V	57456	Cocoa Beach Public Library <b>Face to Face</b> 550 N Brevard Ave Von Thron Conference Rm Cocoa Beach, FL 32931	Dan	925-577-8636
Noon	V	800822	Central Christian Church Zoom only Zoom call in # 1-312-626 6799 pw 452471# Zoom meeting ID: 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Jacqueline	407-423-4086
4:00 pm	V	800920	Bobbleheads Zoom only Zoom 842 9268 7636 pw Surrender <a href="https://us06web.zoom.us/j/84292687636">https://us06web.zoom.us/j/84292687636</a>	Donna G.	603-477-4555 Text first, please
4:30 pm	V	57955	Christian Family Worship Center 265 Ponce DeLeon Deleon Springs, FL 32720	Linda	386-215-9601
6:00 pm	D	89384	Zoom only Body Image-Recurring meeting Zoom 823 7540 9368 pw boai8 <a href="https://us02web.zoom.us/j/82375409368">https://us02web.zoom.us/j/82375409368</a>	Kathy M	407-252-7575
7:00 pm	V	89006	Thursday Evening Virtual Meeting Zoom 863 7071 7790 pw 654321 <a href="https://us02web.zoom.us/j/86370717790">https://us02web.zoom.us/j/86370717790</a> <b>Speaker on first Thursday of the month.</b>	Jack L	352-430-5487
7:00 pm	BB	55775	Church of the Messiah <b>Phone meeting only – no zoom</b> Phone # 408-638-0968 Meeting ID -881 5087 0583 Passcode – 952305	Jacqueline	407-423-4086
7:30 pm	Step Study	46730	Grace United Methodist Church 65 Needle St. Room 112 Administration & Education Bldg.4 Merritt Island, FL *To dial into live meeting 515-604-9755 Enter 558911#	Vickie S.	321-536-3951
FRIDAY					
9:00 am	V	54490	Zoom only Zoom 870 5439 1380 <a href="https://us02web.zoom.us/j/87054391380">https://us02web.zoom.us/j/87054391380</a> <b>**Call contact person for password please**</b>	Gail P	352-348-1004
10:00 am	D	45611	Lady Lake Library <b>(HYBRID)</b> Zoom 850 9315 5902 pw freedom 225 W. Guava Street Lady Lake, FL 32159 <a href="https://us02web.zoom.us/j/85093155902">https://us02web.zoom.us/j/85093155902</a>	Vicki	517-256-0373

12pm	BB Open	58477	Circle Club <b>New Meeting</b> Face to Face 230 East Eau Gallie Blvd. Indian Harbor, F 32937	Roy	310-968-3061
Noon	N	800822	Central Christian Church Zoom call in # 1-312-626 6799 pw 452471# Zoom 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Kathy S	678-429-1286
6:00 pm	BB	801000	Tuskawilla United Methodist Church <b>NEW TIME!</b> Zoom only Zoom code: 297 035 614 PW: 028590 <a href="https://zoom.us/j/297035614">https://zoom.us/j/297035614</a> <b>1<sup>st</sup> Friday of every month is a SPEAKERS meeting</b>	Gloria	407-340-2008
7:00 pm	L	55772	St. Luke UMC <b>Phone only</b> Phone # 408-638-0968 Meeting ID 881-5087 0583 Passcode – 952305	Jacqueline	407-423-4086
SATURDAY					
8:30 am	N	51130	Hibiscus Village Rec Center 1740 Bailey Trail The Villages FL 32162 (Jasmine Card Rm) (Face to Face)	Judy S.	516-551-5269
8:30 am	V	46887	Ascension Church (Rm 108) <b>Face to Face</b> 4950 S. Apopka Vineland Road Orlando, FL 32819	Geri B.	407-557-7055
9:00 am	V	800378	Saturday Zoom Port Orange Zoom 880 7717 9552 password 305705 <a href="https://zoom.us/j/88077179552?from=join#success">https://zoom.us/j/88077179552?from=join#success</a>	Jane V.	386 679-2098
9:00 am	D	38611	St. Richards Church <b>Face to Face</b> 5151 Lake Howell Road Winter Park, FL 32792 (Face to Face) The last Saturday is a speaker meeting <b>Fragrance Free Meeting</b>	Carole M.	407-616-8908
9:00 am	D	48952	Port Orange Presbyterian Church 4662 S. Clyde E Morris Blvd Port Orange, FL 32129 (Face to Face)	Debby H.	386-402-6631
9:30 am	BB open	24750	Trinity Wellsprings Church <b>Face to Face</b> 638 S Patrick Drive Music suite Room 301 Satellite Beach, FL 32927	David C.	240-529-2553
12:00 pm	Med	800822	Central Christian Church Zoom only Call in 312-626-6799 pw 452471# Zoom 844 7739 8454 pw serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Jacqueline	407-423-4086

Sunday					
12pm	Lit	801848	*****NEW MEETING***** Zoom meeting only ID:844 7739 8454 Password: serenity	Maiya	415-601-4747
4:00 pm	L V	57783	****NEW MEETING**** Zoom meeting only Zoom: <a href="https://zoom.us/j/83055460946">https://zoom.us/j/83055460946</a> Password: sosbigbook	Lisa K	321-276-2595
5:00 pm	V	48951	In the Solution Zoom only Zoom: 844 7739 8454 Password: serenity <a href="https://zoom.us/j/84477398454">https://zoom.us/j/84477398454</a>	Cheryl	407-221-5928

BB – Big Book  
D – Discussion  
L – Literature  
N – Newcomers  
SF – Special Focus  
SS – Step Study  
V – Varied