NEW BEGINNINGS

OVEREATERS ANONYMOUS® Central Florida Intergroup

Sharing Experience, Strength and Hope with those who suffer from Compulsive Eating and Compulsive Food Behaviors

October 2017: Inside This Issue

Digital Newsletters available at www.oacfi.org
OACFI Facebook Page www.facebook.com/oacfi.org

CALENDAR EVENTS

October 9th ~ 8 am to midnight EST
Phone Marathon: Columbus Day
Experiencing Adventure in the Program
Phone: 712-432-5200 Pin: 4285115#

October 13th-15th www.oaregion8.org
SOAR 8 Recovery Convention & Business Assembly
"Welcome Home: Recovering in Paradise" in Miami, FL

October 14th ~ 10:00 am
Central Florida Intergroup Meeting www.oacfi.org
1021 Palm Springs Dr., Altamonte Springs, FL 32701

October 21st ~ 9:00 am to 12:00 pm
Triple Crown "Preparing for the Holidays"
Asbury UMC, 220 Horatio Ave., Maitland FL 32751

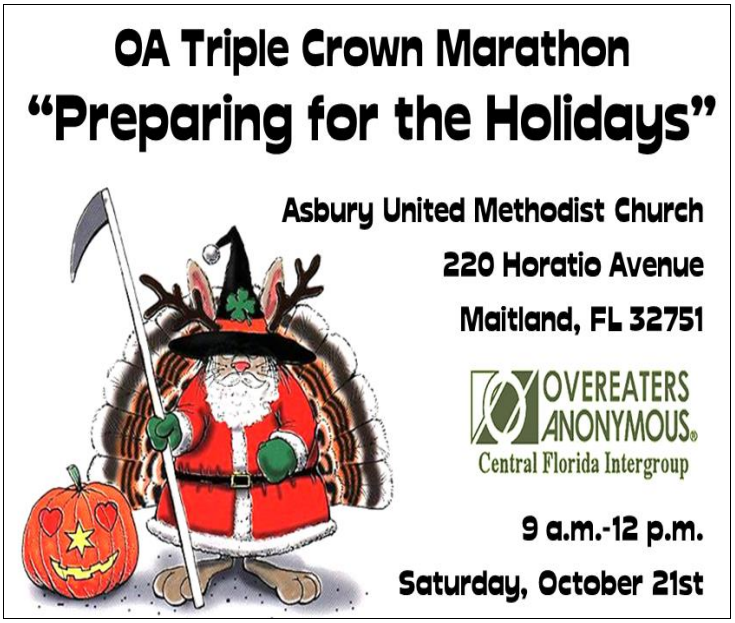
October 28th ~ 9:00 am to 12:00 pm
Workshop: Reaping the Bounty of Recovery
USC, 509 County Rd. 468, Fruitland Park, FL 34731

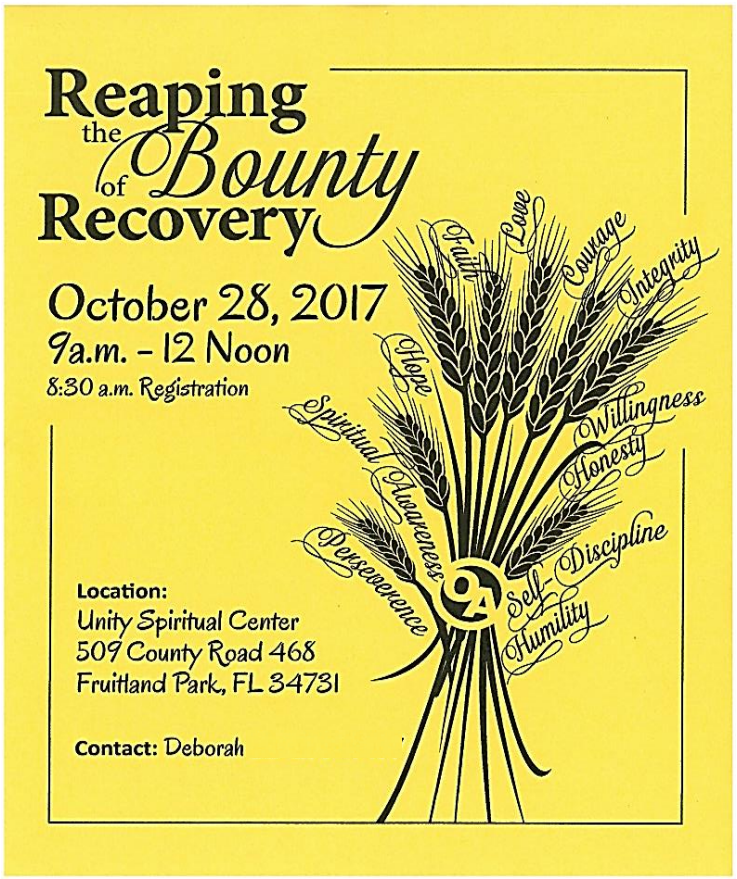
October 31st ~ 8 am to midnight EST
Phone Marathon: Halloween
A Clean Program Means Nothing to Hide
Phone: 712-432-5200 Pin: 4285115#

November 14th ~ 10:00 am
Central Florida Intergroup Meeting www.oacfi.org
1021 Palm Springs Dr., Altamonte Springs, FL 32701

January 2018
"Angel Card Meeting" ~ To Be Determined
"Words to Live By" ~ January 20th 1-3 pm

February 23rd-25th 2018
28th Annual Florida State Convention in Tampa FL
"Together We Can… Fully Rely On God"





NEW BEGINNINGS by Email – Sign up to receive the New Beginnings Newsletter by email each month! It's free and an easy way to share the 'news' and recovery with friends and newcomers. All you to need do is send an email to newbeginnings-subscribe@oacfi.org

Falling Short

"Suppose we fall short of our chosen ideal and stumble?
Does this mean we are going to get drunk? Some people tell us so.
But this is only a half-truth. It depends on us and our motives."
—Alcoholics Anonymous; How it Works, pg. 69

I fall short of my chosen ideals every day. If when I was struck abstinent I was also struck perfect, I wouldn't need to be here writing every day. I'm human; my frailties didn't disappear when I stopped eating compulsively.

All the things that I used to eat over are still here. I have just learned some new coping skills that work much better than compulsive eating did. I deal with life today, without using food as a drug. Is it always easy? No! In fact, some days just suck. But I have created a line in the sand, one I just refuse to cross—it means that I never, ever compromise my food sobriety or abstinence.

I will never forget the anguish and heartache I experienced driving to Pennsylvania, knowing that we were going to bury my mother. I didn't eat those feelings away. I talked to my husband. He was there with me in the car. I cried. I called and texted OA friends. I got my computer out and wrote. At times it felt like my heart would just break from grief. But I didn't eat.

Falling short of my chosen ideal means that I sometimes swear like an old sailor. I wish that character defect would magically disappear, but I'm not there yet. When something ticks me off, I go right back to those pesky four letter words. As soon as I catch myself, I ask God for forgiveness and stop. That's my idea of not yet achieving my perfect ideal.

Falling short of my chosen ideal means that sometimes my food choices aren't the absolute best; I may go to a restaurant whose vegetable choices aren't in harmony with mine. So I'll make do with a salad. I absolutely cannot fall victim to that crazy notion that if I put a shot of whiskey in my milk, it won't hurt me. That means no gloppy sauces on vegetables for me.

If I'm eating in someone's home who serves them that way, I'll politely put a very, very small portion on my plate, pick out what is edible and leave the rest. If I'm asked, I'll just say it's delicious but I'm full. And no, never, ever do I eat desserts. "No, thank you", is an appropriate answer. Period. I do not have to go into a big long explanation of why I'm not going to eat something. Why is it that we compulsive eaters feel like we need to do that? I have no idea.

So, that is my idea of falling short of my chosen ideals. I had a text conversation with a friend that said she was 'struggling' with the food. I asked what that meant and she told me that she was eating again and isolating. Ah, there is the key—isolating! I cannot, absolutely cannot afford to do that. It takes an army to keep me abstinent. I must reach out during the day. I must keep my OA army of support ready to do battle. Then, when food decides to torture me, the troops are standing by and ready to fight with me. If I wait until the battle begins and I'm isolated, I'm much easier to capture.

It never starts with the desire to 'cheat'. No, it starts with the subtle suggestions that I'll bother someone, or not know what to say. "Hi, it's Gerri" is a perfect beginning. What I've learned is that most people are really happy that I have called or texted! Hey, not only are they a part of my army, but now I'm part of theirs too. It works, but I must do the work, every day, not wait until the moment comes where I need help and my head says that no one wants to talk to me.

I've learned that expectations are premeditated resentments, something we eat over. Writing this morning is like taking out a bit of insurance on another abstinent day. I'm seeped in God, my program and the desire not to eat compulsively again for the next twenty-four hours. I'm starting out with the highest ideals and maybe I'll make it a whole day without one cuss word. Probably not; but I'll ask God to remove that defect of character, just for today.

—Love, Gerri H.
Pick up the phone instead of the fork

Part of My Spiritual Path

I've been noticing something about my own abstinence. Yes, I've got it; it's there. I give thanks to the God of my understanding for this, the ultimate gift from which my true life flows. But I'm still an addict. True, I no longer think of food first and foremost when I'm upset about something, and I've learned that it's absolutely okay for me to be hungry, that I definitely won't die if I have to wait to eat 'til it's time for the next meal. But my addiction is still here. I see it as a small gremlin huddled in the corner with its back to the room, casting fearful and annoyed glances over its shoulder at this new person who refuses to pay attention to it. It is plotting all the time, my addiction.

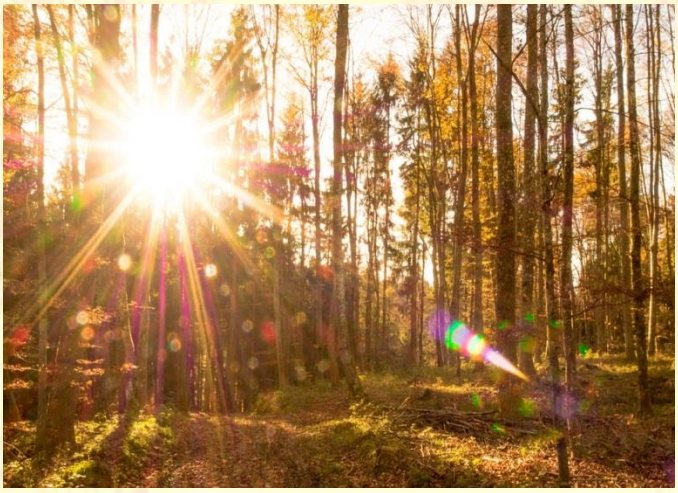
Once upon a time, I really, really needed it. It probably saved my life! Now that I don't, no wonder it is puzzled and resentful. Every day, I must get up and make sure I keep that little gremlin in its place. I don't think I can ever get rid of it completely. It is a part of my psyche now, and it took care of me when I didn't know any other way to do it. So, I owe my addiction a word of thanks, and the continuing message that we're going to do things differently now—so far, so good. I am not one of those who think addiction is a "bad" thing. I think it is part of my spiritual path.

There are some who believe that those who work the steps in a certain, specific way is in their opinion, the only RIGHT way to work the steps, will be permanently relieved of their addiction. I am not one of these people. To me, this is somewhat like a person with an endogenous, genetic illness thinking they can be "cured." I don't think that's ever going to happen for me. For now, my disease is in remission, and I can keep it that way if I am abstinent and keep cleaning house and being honest. It may get a bit boring at times, but the rewards are worth more than the compulsive eating.

I needed to write this today because that little gremlin is always whispering in my ear, urging me to eat a little too much, or instilling fear of hunger in my mind, suggesting that we reward ourselves with food. Mostly now, I'm able to ignore the gremlin, but I know I must continue to do the work; that at any moment, I could slip up.

God, grant me the serenity. . .

—Amanda P.



A Peaceful Place

"And we have ceased fighting anything or anyone..."
—Alcoholics Anonymous, Fourth Edition, Into Action, page 84
(commonly identified as one of the Tenth Step Promises)

I was recently experiencing conflict with a co-worker. Most of the conflict was in my head. Almost any time she did something, I immediately had a negative reaction in my mind, or an unpleasant feeling. Thankfully, I was not acting on my thoughts and feelings other than to process them with my sponsors through step work. One day I realized that my ego was involved (yes, this came as a lightbulb moment for me). My thoughts and feelings about my co-worker were because my ego felt bruised due to my own choices. Suddenly the solution was clear—I needed to surrender.

I started to change my interactions with my co-worker as soon as I realized that I had been thinking I was "right" and she was "wrong." I quit the debating society in my head. I started to do things her way even if they didn't make sense to me. I continue to work closely with her. I continue to experience negative thoughts and feelings at times. And, I have thus far continued to apply spiritual principles by pausing and seeing our interactions from a spiritual perspective. The result is the ability to presume goodwill about myself and her, which leads to a sense of serenity and peace for me. Considering I was contemplating leaving my job a few months ago because the conflicts were so intense, I am deeply grateful. In recovery I have learned that the peace I seek comes from accepting the world, not trying to change it and my place in it. Today I am grateful to be in my place.

A beautiful, peace-filled night to all!
—Atiya M.

We Promptly Admitted It

Continued to take personal inventory and when we were wrong, promptly admitted it. —Step Ten

I may be showing off my gray hairs, but do you remember the television show "Happy Days" back in the 70's? This was Ron Howard's hit after playing Opie on "The Andy Griffith Show" and before becoming a popular movie director. It was a fun, relatable show. There was a main character named "Fonzy" played by Henry Winkler. The "Fonz", as he was called, was known for being cool. He was popular, did well with the ladies, drove a motorcycle, wore a leather jacket and was feared and respected by his peers. The Fonz represented the guy every teenage boy wanted to be.

Today I know there is something we men learned from The Fonz and now we need to unlearn it. Fonzy could never admit he was wrong. It was a family joke to watch him try to say the word w-r-o-n-g. He literally couldn't say it. On television this was funny and cool but in real life, not so much. As mature adults, we learn that humility is a sign of strength; and part of humility is being able to admit when we are wrong.

Step Ten helps us to understand that Fonzy's inability to admit wrong was not at all cool. In Step Ten we get to practice admitting, accepting and confessing our wrongs in the life-long quest to be honest and open people. It does not come easy for any of us, nor does it appear without intention and effort. Step Ten provides the practice ground.

—Tony B.

The OA Responsibility Pledge:
"Always to extend the hand and heart of OA
to all those who share my compulsion;
for this, I am responsible."

TRADITION TEN

Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never to be drawn into public controversy.

When I got here some thirteen years ago, I had opinions about virtually everything; things that had something to do with me and many things that had absolutely nothing to do with me. What's more, I thought it was important that I share every one of my precious opinions. For me, Tradition Ten is about boundaries, something I knew little about when I got to OA. I didn't have boundaries around food and I certainly didn't have boundaries around my interpersonal relationships. It's interesting how when I learned how to establish healthy boundaries in one area of my life, it became easier to see how boundaries were needed in other areas of my life. Today, I usually think before I speak. I consider whether something is "an outside issue" and if it is, chances are good I don't need to have an opinion about it—but if I do, chances are even greater that I don't need to share it. I don't do it perfectly; far from it. But, I've noticed that life is much less messy when I'm not mucking around in issues that have nothing to do with me.

— Anonymous

"NEW BEGINNINGS" is the monthly newsletter of the Central Florida Intergroup of Overeaters Anonymous. The newsletter presents experiences and opinions of individual Overeaters Anonymous members and is not to be attributed to Overeaters Anonymous as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by the Central Florida Intergroup. Comments, suggestions, and articles sharing your personal experience, strength, and hope of recovery in the Overeaters Anonymous fellowship are encouraged. Articles submitted will not be returned and are subject to editing for clarity, brevity and anonymity.

OVEREATERS ANONYMOUS®

Miami-Dade and the Keys Intergroup of Overeaters Anonymous presents

SOAR 8 Recovery Convention and Business Assembly

Welcome Home: Recovering in Paradise

October 13th - 15th, 2017
Miami Airport Marriott
1201 LeJeune Road (42nd Ave)
Miami, FL 33126

Hotel Information

Miami Airport Marriott
1201 LeJeune Road (42nd Ave)
Miami, FL 33126
305-649-5000
888-236-2427

When calling to make your hotel reservation mention "SOAR 8" or register at the dedicated "SOAR 8 Meeting" webpage at http://cwp.marriott.com/miaap/soar8.

- Rooms $119 a night +tax
- Up to four in a room
- Rate offered three days before and after event
- Free Shuttle from Airport 5:00AM - 1:00AM
- Limited Refrigerators in rooms upon request
- Pool and Fitness Center
- Free Handicapped Parking
- Discounted daily self-parking: $6 per vehicle
- Discounted overnight self-parking: $10 per vehicle
- Complimentary basic Wi-Fi in the guest rooms

SOAR 8 Recovery Convention and Business Assembly

Welcome Home: Recovering in Paradise

Friday Schedule:

3:00 p.m. Registration Opens
5:00 p.m. Meetings Begin
7:00 p.m. Assembly Convenes
8:45 p.m. Welcome and Programs
(all included)

To register online for the Assembly and Recovery Convention go to http://miami-soar8.eventbrite.com or visit www.oamiami.org or www.oaregion8.org.

No one will be turned away for lack of funds. Contact us.

For more information contact Andrea (786) 210-7977 or Gary Davis (305) 510-5150 onegarydavis@gmail.com

Cancellation Policy: Refunds for Recovery Convention and Assembly will be honored if request received by 10/1/17. After that funds will be considered "7th Tradition" donations.

SOAR 8 Recovery Convention and Business Assembly Registration Form

Name: _____

Name on Badge: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Email: _____

Intergroup (Name or #): _____

Check all the boxes that apply to you:
☐ Region Rep ☐ Board Member ☐ Funded Chair
☐ First-Time Rep ☐ Intergroup Chair ☐ Convention Only

Volunteer (select any position you'd be willing to do):
☐ Greeter/Hugger ☐ Hospitality ☐ Workshop Speaker ☐ Timer
☐ Registration ☐ Boutique ☐ Page/Runner ☐ Ticket Sales
☐ Public Information Table

Registration:
☐ Early Registration $40
☐ Registration (after Oct. 1st) $50
☐ Saturday only (preregistration) $35
☐ Scholarship Contribution . . . . . $___

Meal Selections:

Please purchase meals despite higher costs. It is by selling meals that we pay for the meeting rooms. Thank you.

☐ Friday, buffet dinner $20
☐ Saturday, buffet lunch $30
☐ Saturday, dinner $50
☐ chicken ☐ fish ☐ vegetarian
Total enclosed . . . . . $___

Mail registration form with check/money order to:
Miami-Dade and the Keys Intergroup of Overeaters Anonymous
P.O. Box 530248
Miami, FL 33153-0248

REGISTRATION FORM:

I WILL GIVE SERVICE:

_____ Boutique
_____ Hospitality Room
_____ Hugger/Greeter
_____ Literature Table
_____ Meeting Room Timer
_____ Registration Table
_____ Sell Tickets for Drawings
_____ Service Desk
_____ Where needed
_____ I need a roommate
_____ Meeting Leader - I have 90 days of continuous abstinence
_____ Initial here

Visit the Recovery Bookstore

Place your Intergroup and group (meeting) orders before 1/27/2018.
Contact Andi S:
Spiritmade351@gmail.com
954-295-1123

Credit cards will be accepted at the Florida State Convention for purchases over $10

PARTICIPATING FLORIDA INTERGROUPS

- Central Florida
- Gold Coast
- Highlands Ridge
- Miami-Dade & the Keys
- New Freedom
- Palm Beach County
- Pinellas Traditions
- Space Coast
- Sun Coast

OVEREATERS ANONYMOUS®
FLORIDA STATE CONVENTION COMMITTEE OF ALL PARTICIPATING INTERGROUPS

For more information contact:
Committee Chairperson – Ruby Hayn
Email: fsctogether@gmail.com
Phone: 813-516-0782

Vice Chair – Jacqueline R.
Email: jarock587@aol.com
Phone: 407-423-4086

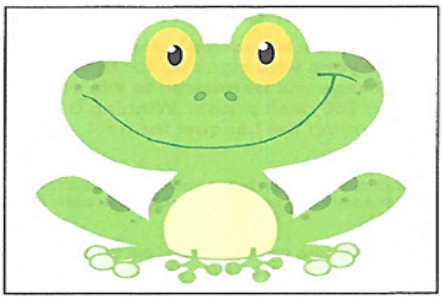
Hotel Liaison – Joan Russell
Email: russelljo1@verizon.net
Phone: 727-785-9208

If you are reading a paper copy, additional copies of this flyer can be downloaded at www.oaregion8.org

28th Annual Florida State Convention of Overeaters Anonymous

"Together We Can... Fully Rely on God* (FROG)"

(*of our own understanding)



Feb 23-25, 2018

Holiday Inn Tampa– Westshore
700 N. Westshore Blvd.
Tampa, FL 33609
866-941-4919 (Reservations)
813-289-8200 (Hotel Direct)

HOTEL INFORMATION

Holiday Inn Tampa – Westshore

You must make your own reservations before 1/30/18. Use code "OVE" for special rates: $145.00 Double + 12% taxes per night. Any reservations made after 1/30/18 will be charged at the current room rate in effect on the day of the reservation. Hotel requires a credit card to hold your reservation. **THERE WILL BE NO EXCEPTIONS.**

Rates are available for one day before and after the event. Hotel check-in is at 3:00 PM, Friday; check-out is Noon Sunday. Refrigerators in every room; there are a limited number of microwaves available. Be sure to request at time of reservation if desired.

PARKING IS FREE and adjacent to hotel.
Complimentary Shuttle Service available to/from Tampa International Airport. Call to schedule pick-up: 1-813-289-8200.

MEAL INFORMATION

WIN!

Meals must be ordered before 2/16/18. Everyone who signs up for the 4-meal package will be entered to win one of four $50 cash prizes. Winning is like attending the banquet for free!

4-Meal Package: $115
Includes breakfast buffet Saturday and Sunday; Saturday lunch and Saturday banquet; taxes and tips incl.

You may also choose to attend the Saturday lunch and/or banquet separately. Guests are welcome if you prepay for them. Sign up for one or both and pay the meal fee(s):

Saturday Lunch ONLY: $30
Your choice of chicken, tilapia, or vegetarian entree. (Indicate choice on registration form.)

Saturday Banquet ONLY: $45
Your choice of chicken, salmon, or vegetarian entrée. (Indicate choice on registration form.)

More information about what is included in each meal is available on the EventBrite web page.

Convention Highlights

Registration in Hotel Main Lobby
Friday: 3:00 – 7:30 PM
Saturday: 7:00 AM – Noon
(closed during opening ceremony)

Workshops start:	4:00 PM FRI 7:15 AM SAT 8:30 AM SUN
Opening Ceremony:	**7:30 PM FRI**
Unity Day Celebration:	1:30 PM SAT
Convention ends:	Noon SUN

REGISTRATION FEES

- **Early registration: $30.00** (Postmarked by 1/27/2018)
- One Day Pre-Registration: $30.00
- **Late registration: $40.00** (Postmarked **AFTER** 1/27/2018) WALK-INS WELCOME!!! *Credit cards accepted on site.*
- No refunds after 2/10/2018. These funds will be a 7th Tradition Donation.

No one will be turned away for lack of funds. Please check with your Intergroup about scholarships.If you cannot afford registration, consider giving service or a donation.

Register on-line:
https://flsconvention2018.eventbrite.com
(A surcharge is added when using this site.)

Register by mail:
Make checks payable to:
"Florida State Convention 2018"
Send to: Carl Kutlin
8775 Como Lake Blvd.
Jacksonville, FL 32256
Email: fscregister2017@gmail.com
Phone: 323-304-9287

REGISTRATION FORM

"Together We Can... Be Happy, Joyous and Serene in 2017"

Name and City for Badge:

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Fees Enclosed:

Registration Fee $ _____

Four-meal package* $ _____
(Automatic entry to win $50 – 4 winners.)

Sat. Lunch ONLY* $ _____

Sat. Banquet ONLY* $ _____

DONATION $ _____

TOTAL $ _____

*If ordering meals, please circle your choice:

Lunch choice: Chicken Tilapia Vegetarian

Banquet choice: Chicken Salmon Vegetarian

(Meal cut-off date is 16 FEB 2018.)

Want to be included in the distribution list from Central Florida Intergroup? OACFI has an email distribution list used to distribute copies of agendas, minutes, reports and updates from OA. To subscribe, email: oacfi_intergroup_news-subscribe@oacfi.org. Include your name, phone number and home meeting.

Meeting Updates

Meeting Closed (Group #54710) Tuesday's 6pm meeting at Florida Hospital Oceanside, Ormond Beach, FL 32176 has closed due to storm damage! Hospital closed indefinitely.

Meeting Closed Wednesday at 4:30pm at the Moyer Rec. Center, 3000 Moyer Loop, The Villages, FL 32163

Location Change (Group #48952) Saturday's 9:15am meeting at City Island Library has relocated to Union Congregational Church, 1050 Daytona Avenue, Holly Hill, FL 32117.

OA Fellowship Days

November 18th is International Day Experiencing Abstinence. IDEA encourages OA members worldwide to begin or reaffirm their abstinence from compulsive overeating.

December 12th is Twelfth Step Within Day. Carry the message to OA members who are in relapse or still suffering from compulsive eating.

CENTRAL FLORIDA INTERGROUP

CFI Board Members

Chair: Rita S.
Vice-Chair: Phyllis D.
Treasurer: Lyne C.
Secretary: Susan H.

7th Tradition Contributions may be sent to:
Central Florida Intergroup
P.O. Box 180293, Casselberry, FL 32718

Local Hot Line Phone: (407) 284-1482

Local Website: www.oacfi.org
Regional Website: www.oaregion8.org
International Website: www.oa.org
Facebook Page: www.facebook.com/oacfi.org
Newsletter Email: newsletter@oacfi.org
OA Literature Email: literature@oacfi.org

Bylaws: oacfi bylaws
Policies and Procedures: oacfi p & p

Coming Intergroup Meetings
10 a.m. Saturday, Oct. 14th & Nov. 11th
St. Mark's, 1021 Palm Springs Drive
Altamonte Springs, FL 32701
All OA Members are welcome to attend.

September Treasurer's Report

Number	Day	Group	Contributions
Sun		7th Day Adventist Church	
Mon		Ascension Church	
Mon		Gloria Dei Lutheran Church of Leesburg	
Mon		St. Mark's Church, Palm Coast	
Mon		FL Hospital, Orange City	50.00
Mon		Central Christian Church 12pm	15.00
Mon		Casa De Fe Y Bendición, Kissimmee	
Mon		Grace Presbyterian, Winter Springs	
Mon		Holy Spirit-Voices of Recovery, Apopka	
Tue		Asbury United Methodist Church	107.25
Tue		Chatham Rec Ctr., The Villages	
Tue		Central Christian Church	15.00
Wed		1st UMC Ocala	
Wed		Central Christian Church	15.00
Wed		Lady Lake UMC	
Wed		FL Hospital Celebration Health, Kissimmee	
Wed		House Next Door, Deland	
Wed		Unity Spiritual Center	
Thurs		Flagler Beach Fire Department	40.00
Thurs		Church of the Messiah, Winter Garden	25.00
Thurs		Asbury UMC	
Thurs		Wekiva Springs Presbyterian, Longwood	50.00
Thurs		Grace Episcopal, Port Orange	
Thurs		Central Christian Church	24.00
Fri		Tuskawilla UMC, Casselberry	90.00
Fri		St. Luke's UMC	25.00
Fri		Lady Lake Library	
Fri		Central Christian Church	46.64
Fri		Church of the Messiah	
Sat		Central Florida Intergroup	
Sat		Cathedral Church St. Luke	15.00
Sat		St. Richards Episcopal, Winter Park	
Sat		Asbury Methodist Church	
Sat		Men's Meeting, St. Marks Presbyterian	
Sat		Ascension Church	
Sat		Union Congregational Church, Holly Hill	
Sat		Hibiscus Village Rec. Ctr 10:00am, The Villages	
Sat		Hibiscus Village Rec. Ctr 8:30am, The Villages	
		Total Group Contributions	**$ 517.89**

CFI Literature Sales

To pre-order literature that you or your groups would like to purchase through CFI intergroup e-mail literature@oacfi.org two weeks prior to the next meeting (to allow time for shipping). The literature chair will place your orders and have the total for your purchases along with receipts ready for pickup 15 minutes before or directly following the meeting. For last minute purchases please arrive early, there will be paper for you to write down orders and *if the items are available* you may pick them up after the meeting. Thank you for your cooperation.

CENTRAL FLORIDA INTERGROUP MEETING DIRECORY

Meeting Changes and Additions in Bold

Time	Type	Group #	Location	Contact	Phone
			MONDAY		
10AM		54041	Pimlico Recreation Center, 530 Belvedere Blvd, The Villages 32162	**Rosemarie**	
NOON	SS	39535	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Robin C.	
2PM	SS	54826	First United Methodist Church, 8831 W. Bradshaw Street, Homosassa 34446 (Room 209)	Dianne	
2PM	V	38320	Saint Mark's by the Sea Lutheran Church, 303 Palm Coast Pkwy NE, Palm Coast 32137	Dottie	
5:45PM	V	54471	East Orange Community Center, 12050 East Colonial Drive, Orlando, 32826 (Bldg. B)	Jacqui	
6:30PM	D	53479	Holy Spirit Episcopal, 601 S. Highland Avenue, Apopka 32703	Laura F.	
7PM	V	39211	Florida Hospital, 1055 Saxon Blvd., Orange City 32763 (Outpatient Lobby)	Dick	
7PM	SS	45648	Casa De Fe Y Bendición, 1485 Mill Slough Road, Kissimmee 34744	Terry C.	
7PM	V	16681	Gloria Dei Lutheran Church, 130 Lone Oak Drive, Leesburg 34748	Diana S	
7:30PM	V	48859	Grace Presbyterian, 1111 Tuskawilla Road, Winter Springs 32708	Kathie H.	
7:30PM	V	01048	Church of the Ascension, 4950 S. Apopka Vineland Road, 32819 (Room 102)	Jacqueline	
			TUESDAY		
10AM		50209	Chatham Rec Ctr 7415 SE 172 Legacy Ln., The Villages 32159 (Open to Non-Residents)	Leslie	
NOON	D	54196	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Mary L.	
5PM		53032	YMCA, 4127 West Norvell Bryant Highway, Lecanto 34461	Jennifer	
6PM	V	46213	Asbury United Methodist, 220 Horatio Avenue, Maitland 32751 (Room 16-17)	Kathy M.	
~~**6PM**~~	~~**S/D**~~	~~**54710**~~	~~**Florida Hospital Oceanside, 264 S. Atlantic Ave., Ormond Beach 32176 (Doctor's Lounge)**~~	~~**Alice P.**~~	
7:30PM	SF	53165	806 West Verona Street, Kissimmee 32714 (Spanish Speaking)	Marta	
			WEDNESDAY		
10AM	V	48700	Lady Lake UMC, Corner of Hwy 27/441 & McClendon St., Lady Lake 34731	Barb R.	
10:30AM	V	25110	First United Methodist Church, 1126 E Silver Springs Blvd., Ocala 34470	Joleen	
NOON	BB	39536	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Julie	
~~**4:30pm**~~	~~**V**~~		~~**Moyer Recreational Center, 3000 Moyer Loop, The Villages 32163**~~	~~**Eileen M.**~~	
6PM	V	54703	Unity Spiritual Center, 509 County Road 468, Fruitland Park 34731	Deborah H.	
6:30PM	V	53744	House Next Door, 804 N. Woodland Blvd., Deland 32724	Linda	
7PM	V	52613	FL Hospital Celebration Health, 400 Celebration Place, Kissimmee 34747 (Seagrass Lounge)	Geri B.	
			THURSDAY		
10AM	V	15171	Flagler Beach Fire Dept., 320 South Flagler Avenue, Flagler Beach 32136	Diane	
NOON	L	54195	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Mary L.	
6PM	V	38170	Asbury United Methodist, 220 Horatio Avenue, Maitland 32751 (Room 16-17)	Betty	
6PM	SS	52976	Grace Episcopal, 4110 Ridgewood Avenue, Port Orange 32127 (St John's Room)	Tom H.	
7PM	BB	18502	Church of the Messiah, 241 N. Main Street, Winter Garden 34787	Jacqueline	
7PM	BB	52586	Wekiva Springs Presbyterian, 211 Wekiva Springs Lane, Longwood 32779 (Reformation Room)	Phyllis D.	
			FRIDAY		
9AM	V	54490	Shepherd of the Hills Lutheran Church, 13600 Caspian Lane, Clermont 34711	Dee	
10AM	V	45611	Lady Lake Library, 225 West Guava Street., Lady Lake 32159	Nancy	
NOON	BB	53167	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Robin C.	
7PM	L	00936	Tuskawilla United Methodist Church, 3925 Red Bug Lake Road, Casselberry 32707	Phyllis D.	
7PM	D	20088	St. Luke UMC, 4851 S. Apopka Vineland Road, Orlando 32819 (Office Conf. Rm in Bld. C)	Jacqueline	
			SATURDAY		
8AM	V	46887	Ascension Church, 4950 Apopka Vineland Road, Orlando 32819 (Room 108)	Geri B.	
8:30AM	N	51130	Hibiscus Village Rec Ctr., 1740 Bailey Trail, The Villages 32162 (Jasmin Card Rm)	Karen	
9AM	D	38611	St Richards Episcopal, 5151 Lake Howell Road, Winter Park 32792 (Speaker Meeting Last Sat)	Betsy D.	
9:15AM	**D**	**48952**	**Union Congregational Church, 1050 Daytona Ave., Holly Hill 32117 (Fellowship Hall)**	**Sue**	
9:15AM	D	51142	1614 Orange Avenue, St. Cloud 34769 (Intersection of Orange and 17th) REBOS Clubhouse	Sandie	
9:30AM	D	39883	Asbury UMC, 220 Horatio Avenue, Maitland 32751 (Room 16-17)	Gloria	
9:30AM	V	54276	Good Shepherd Lutheran Church, 439 E Norvell Bryant Highway, Hernando 34442	Nancy	
10AM	SS	50419	Hibiscus Village Rec Ctr., 1740 Bailey Trail, The Villages 32162 (Jasmin Card Rm)	Leslie F.	
1:30PM	SS	37491	Cathedral Church St Luke, 130 N. Magnolia Avenue, Orlando 32801 (Activities Rm)	Jacqueline	
2PM	SF	46851	St Mark's Pres., 1021 Palm Springs Dr., Altamonte Spr. 32701 (Men's Mtg., Activity Bld.)	John	
			SUNDAY		
9:45AM	N	56072	Florida Hospital Flagler, 60 Memorial Medical Parkway, Palm Coast 32164 (Ed. Classroom D)	Vickie	
4:30PM	N	51353	7th Day Adventist Church 2800 N Orange Avenue, Orlando 32804 (Across from FL Hospital)	Chery K.	
5PM	V	48951	7th Day Adventist Church 2800 N Orange Avenue, Orlando 32804 (Across from FL Hospital)	Amy O.	

BB - Big Book, D - Discussion, N - Newcomers, SS - Step Study, V - Varied, L - Literature, SF - Special Focus **www.oacfi.org for most recent list**