

NEW BEGINNINGS



Sharing Experience, Strength and Hope with those who suffer from Compulsive Eating and Compulsive Food Behaviors

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Digital Newsletters available at www.oacfi.org
OACFI Facebook Page www.facebook.com/oacfi.org




CALENDAR EVENTS


April 5th-7th www.oaregion8.org
Region 8 Assembly & Gold Coast Recovery Convention
[Sunlight of the Spirit](#), Plantation, FL


April 6th ~ 9:30 am to 3 pm www.oaregion8.org
OA Marathon Recovering Together
1540 New Jersey Road, Lakeland, FL 33803

April 13th ~ 10 am www.oacfi.org
Central Florida Intergroup Meeting
St. Marks, 1021 Palm Springs Dr., Altamonte Springs, FL 32701


May 11th ~ 10 am www.oacfi.org
Central Florida Intergroup Meeting

 April 19th ~ 8 am to midnight EST
Good Friday—Searching for Forgiveness with Step 4

 April 20th ~ 8 am to midnight EST
Passover—This Too Shall Pass - You Are Not Alone

 April 21st ~ 8 am to midnight EST
Easter—The Power of a Spiritual Awakening


 April 26th ~ 8 am to midnight EST
Orthodox Great Friday—Recovery a Three-Legged Stool

 April 28th ~ 8 am to midnight EST
Orthodox Easter—Living a New Life in the Solution

April 26th-28th ~ 10 am www.oamiami.org
[Step Study and Spiritual Retreat Weekend](#)
Morning Star Center, 7275 SW 124th St. Miami, FL 33156

May 6th-11th www.oa.org
World Service Business Conference, Albuquerque, NM
[Growing Our Membership Worldwide](#)

September 27th-29th www.oacfi.org
CFI's 2019 Fall Retreat . . . **SAVE THE DATE!**

 **Holiday Marathons:** 712-432-5200 Pin: 4285115#
More information at 2019oamarathons@gmail.com

The Ends and the Means

I have at times confused my end goal of losing weight with the means by which I do it.

My original end goal of coming to Overeaters Anonymous was to become slender and more attractive. There was the strong desire to gain the attention of my spouse. I wanted to rediscover the types of clothes I used to wear and not feel miserable as my jeans dug into me. It's exhausting to wear clothes that bind, cut, and squeeze. I wanted to not feel invisible to others, and to be comfortable socially.

But along the way I found that moving toward my appropriate body size is just part of the picture. Bit by bit I have begun to discover some of the spiritual and relational gifts of the program. It has been a revelation to understand why I needed to use food in the way I did, to numb my feelings and essentially use it for what it was never intended to be: a substitute for real relationships with real people. I am so grateful to have been shown what countless others have found. By becoming teachable we can live a life of wholeness and sanity. We follow the simple, but not easy, steps which have been laid out for us.

Here are some of the means which give me self-discipline and accountability:

- Calling my sponsor in the mornings and doing the simple work she assigns, such as reading our literature, writing out my responses, or memorizing step prayers
- Following my food plan to the best of my ability each day

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- Working the Steps to the best of my ability each day
- Praying for help to stay out of my head, and relying on my Higher Power for strength and courage when I don't feel loved or lovable
- Going to meetings and sharing my experience, strength, and hope
- Praying for willingness and gratitude
- Praying for patience, tolerance, and forgiveness in my closest relationships; and that those people would be patient, tolerant, and forgiving of me as well
- Staying right-sized, with God's help and guidance; I am neither better nor worse than anyone else

It is truly a miracle to feel comfortable in my own skin! Living in this body I've worn for nearly six and a half decades, without any substance to quiet the noise and turmoil, is a gift from God and I don't want to squander it.

—Anonymous



Beginning Again

"Beginning in Step Four, we commenced to search out the things in ourselves which had brought us to physical, moral, and spiritual bankruptcy."—Twelve Steps & Twelve Traditions of A.A, Step Twelve pg. 108

This chapter reminds of why diets didn't work—I'm a person with a disease, and just not able to stick to a weight loss plan on my own. This process of self-examination enabled me to see the things that had been blocking me. It is impossible to fix what one does not own. As I did a searching and fearless 'inventory', many things became apparent, and I was finally able to change.

Why did this work when so many diets failed me? First of all, I finally received the help someone like me needs—God! Then, by looking at the causes and conditions in my life, it was like getting a clean slate after a lifetime of shame, remorse and guilt which perpetuated my turning to food. Those things are gone forever. It's blessed relief!

We had a lovely day, visiting with a long-time OA buddy. She struggled for years, in and out of recovery. I never gave up on her. I called or texted every so often. We laughed about what brought her back. After a long, whiny email to me, I returned with just three words: "try a meeting."

She told me how ticked off she felt, but it led her to actually go to a meeting that night, and now she's abstinent for the last two years. We went to the Florida State Convention together and we're going to go again this year. How wonderful to celebrate our recovery together again. One thing we talked about was how relapse affects others. I felt lost without her. I need support too; twenty-five years of recovery doesn't exempt me from that. Perhaps I even need more! That is the heartbreak of relapse that I don't hear talked about much, and that is the members left in the wake of abandonment. Of course, my circle of support is large enough that I can lean on many, many people, but I've developed intimate relationships with a few.

So, my closing thought is not to give up on those who've drifted back into the disease. You never know when that one call, message or text is just the catalyst back into recovery that they needed, Step Twelve at its finest!

—Love, Gerri



Lifetime Journey of Learning

"Made a searching and fearless moral inventory of ourselves."—Step Four

I have completed the steps of the program over a period of two decades at least three times. Every time I approached the Fourth Step, I processed my fearless inventory through different methods. These methods were enforced by my relationships with my sponsors. I have gone through about five sponsors since I've walked my pathway of recovery. I've also experienced therapy plus counseling from outside sources and am presently embracing a relationship with a life coach. The message I have grasped throughout my recovery, which obviously my Higher Power has made, is: don't get too comfortable in one process of thinking.

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I'm trained professionally to be what is called a "working chef." I have obtained an Associate Degree and am Trade Certified in the area of Culinary Arts. Very early in my career I stunted my professional growth by developing a negative attitude towards my training to cook differently based on the Chef I was working under. I specifically remember getting very upset during my employment at a hotel for re-learning for the fifth time a different method on how to make New England clam chowder. This pessimistic attitude that I took towards the profession of Culinary Arts laid out the foundation for my career and professional development. I was very immature. I did not embrace the different sources of training which I needed to learn from each Chef. My arrogance taught me that there should be one standard for all to follow. Unfortunately for me, I was very wrong. For those who understand the professional levels of Culinary Arts realize that a "Working Chef" is not very high on the totem pole in that field. I forever will not grow in my original area of professional training.

I share this to illustrate the lesson which I now very much understand. Diversity is good when it comes to learning. The more diverse and skilled in a specific area of philosophy you are then the better the outcome. When it comes to embracing Step Four, open your heart and mind and lower your pride so you may follow any pathway which your sponsor sees fit for your program. Humility in this area along with willingness will bring you very far in this journey of life.

—Tony B.



Rule #62

"Middleton Group #1. Rule #62 ... don't take yourself too damn seriously."—Twelve Steps & Twelve Traditions of A.A., Tradition Four, pg. 149

If you ever hear anyone in a meeting refer to Rule 62, now you know where it came from, Tradition 4 in the AA 12x12! There's much that led up to this 'rule', but this tradition reminds me that the 'rules' (and actions) in any group may affect other groups or OA as a whole. 'Keep it in the middle of the road' is a great philosophy for an idea person like me.

OA works in its simplicity. How this rule came about is that the Middleton group came up with a rather elaborate building, including 3 corporations, to dry out, educate and rehabilitate drunks. Their 61 rules did not fly and the whole project imploded rather quickly.

I am reminded of how slowly the wheels of OA's group conscience at the World Service Business Conference, our effective group conscience for OA as a whole. Delegates from all over the world meet in Albuquerque every May to discuss and decide on proposals to change how we operate. Point in case over the last ten years, we've seen our members very slowly accept virtual meetings. Finally, we have a region, but only ten years or so ago, we were just forming online meetings in chat rooms! Now we can form meetings on so many electronic platforms it's amazing. Now we have intergroups and our new virtual region, not even a year old!

I also saw recently firsthand how a trusted servant can cause discord, by taking actions without a group conscience. I can only speak for myself here—I am an 'idea-man', and some of my great innovative ideas, which may seem amazing to me, are not the best course of action for my OA group. When I present them, I must remember that the group decides if a suggestion would benefit them, not the amazing Gerri.

I have learned from this, not only as an OA member, but also in every area of my life where other people are involved, which is everywhere! I do not live in a vacuum. So now, when I present one of my brainstorms, it is no longer mine, it belongs to the group and the group will determine if it is our best course of action. It's almost a relief. You know I can be somewhat of a bulldozer! The big book of AA however, suggests that I 'pause', not 'plow'. Our leaders are trusted servants, we do not govern.

I had a wonderful massage yesterday morning. My saga from the day before continued but I took care of myself and set a boundary. I can only pray for the other person and see them as a sick person, not a trouble maker.

Today I'm going to remember that rule 62 and not take myself (or the world, for that matter) too seriously. The sun is shining and now that I've set my intentions straight through daily Steps 10 & 11, I stand a better chance for abstinence and being part of today's solutions rather than the problems.

—Love, Gerri

Carrying the Message

Use this guide with suggestions of what to say and what not to say when speaking to someone about OA for the first time.



DOs

- I am open to talking about my recovery.
- I mention how much my weight has changed, and I may show my pre-OA photo.
- I am positive and happy when talking about OA.
- I am always willing to give out the New Prospect Card and my phone number.
- I emphasize the peace of mind I have found in life around food.
- I suggest that people come to a meeting and just listen. Nothing is required of them.
- I mention OA to my doctor and other health care professionals.
- I carry the message as part of my action plan.
- I am concise when talking about the OA program, leaving room for curiosity.
- I explain the concept of “just for today.”
- I mention that OA is a nonprofit organization and there are no membership dues or fees.
- I share how OA has helped in all facets of my life.
- I explain some of the program’s Tools.
- I give examples of my unhealthy eating behaviors from before OA (such as eternal dieting, starving, bingeing, constantly weighing myself).
- I say that our program is modeled on Alcoholics Anonymous and that my problem is similar to alcoholism. OA is for people who use food just like alcoholics use alcohol.
- I offer to meet them at their first meeting if at all possible.

DON'Ts

- I don't tell people that OA is the only way.
- I try not to sound like a preacher or give a speech.
- I don't judge other people, and I don't label them as compulsive overeaters.
- I don't talk about another's shape or weight, only my own.
- I do not mention specific spiritual or religious beliefs.
- I don't speak about OA to someone new unless he or she shows an interest.
- I don't try to “sell” the Twelve Step program or exaggerate about it.
- I don't promise anything.
- I don't put down diets or methods of weight loss; I don't compare OA to other programs.
- I don't give too much information about meetings and how it all works; the best way to understand is to come to a meeting.
- I don't give unsolicited advice or suggestions.
- I don't rush people into making a decision.
- I don't argue.
- I don't shut the door. Even if someone is not interested now, he or she may be interested in the future.
- I don't try to give away what I don't have.



WHY CARRY THE MESSAGE?

“Service is its own reward.” (*OA Twelve and Twelve*, p. 175)

“When I give service, I receive more than I could ever give.” (*Voices of Recovery*, p. 328)

“I don’t have to wait until I am perfect to do service.” (*Voices of Recovery*, p. 252)

“Service gives me practice at freeing myself from the bondage of self.” (*Voices of Recovery*, p. 284)

“Only by working with those who are not yet free [from the disease] do I fully realize that freedom.” (*For Today*, p. 252)

“We now have a message of hope to carry to other compulsive overeaters.” (*OA Twelve and Twelve*, p. 99)

“When all other measures failed, work with another alcoholic would save the day.” (*Alcoholics Anonymous*, 4th ed., p. 15)

“Most of us who’ve worked this program will be unable to keep the recovery we have unless we share our experience, strength, and hope with others.” (*OA Twelve and Twelve*, p. 101)

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.” (*Alcoholics Anonymous*, 4th ed., p. 89)

“Those of us who live this program don’t simply carry the message; we are the message.” (*OA Twelve and Twelve*, p. 106)

STEP TWELVE

Having had a spiritual awakening as the result of these Steps, we tried to carry this message to compulsive overeaters and to practice these principles in all our affairs.

TRADITION FIVE

Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.

OA RESPONSIBILITY PLEDGE

Always to extend the hand and heart of OA to all who share my compulsion, for this I am responsible.

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“NEW BEGINNINGS” is the monthly newsletter of the Central Florida Intergroup of Overeaters Anonymous. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by the Central Florida Intergroup. Comments, suggestions, and articles sharing your personal experience, strength, and hope of recovery in the OA fellowship are encouraged. Articles submitted will not be returned and are subject to editing for clarity, brevity and anonymity.

Florida State Convention Report

February 22-24, 2019

The Florida State Convention was held this year at the Hilton Oceanfront in Cocoa Beach starting Friday, February 22nd and ending Sunday, February 24th.

The convention is run by the intergroups throughout the state who wish to be of service and will also receive a share in the profit made from the weekend. Central Florida was in charge of the Boutique. Volunteers from CFI and other intergroups volunteered their help throughout the weekend and we grossed approximately \$400.00 in sales. This will be added to the monies made by other committees and after expenses, be divided among the participating intergroups.

Chris, Jacqueline, and myself have been your CFI reps to the committee for several years. The committee meets several times within the year. We met on March 23rd and discussed how each committee performed during this last convention. Each intergroup that participated was given a share of the profits. This year the amount totaled \$600.00 which will be presented to our intergroup at the next intergroup meeting. A big thanks to all who helped make this happen; attending the convention, partaking in the raffles of gift baskets, the 50/50 raffle, and especially the Boutique. Thanks to all of you!

The Florida State Convention will NOT take place during 2020 due to the World Service Convention being held here in Orlando that year and we felt the focus should be given to supporting this convention wherever they may need us. However, it will continue in 2021 with plans to return to Cocoa Beach Hilton with the date being January 15th–17th, 2021. More information will be available after the World Service Convention.

Again, it has been a wonderful blessing for the three of us to serve on this committee.

—Jacqueline, Chris, and Judy

The Three S's

Last week someone shared with me a writing about his journey in recovery. Towards the end he wrote three “S’s”. A few days later, these

“S’s” came to mind, as I sat still before a meal. I could only remember two out of three: silence and stillness. As I sat quietly, a third S came to me: **surrender**. How appropriate and accurate; this is what I need to do before I eat (and throughout my day): be still and quiet, and surrender. I inevitably connect with the guidance and wisdom of the next indicated action when I practice silence, stillness and surrender. Although the grouping of these three “S’s” is new to me, this practice is not. It is one I have developed and cultivated over my time in recovery. It is the essence of this spiritual program for me.

Thanks for allowing me to share. A beautiful day to all!

—Atiya M.

A Call to Service!

CFI's Fall Retreat

September 27th-29th

You may have noticed the “Save The Date” notice in the calendar section on page 1—please do! Along with that there are many opportunities to give service and help raise funds to offset retreat costs. The **CFI Boutique** has been for many years a fun experience for all, and for the past several years our dear Karen has both transported clothing racks, hangers and more to the retreat center, as well as running the boutique. Thank you for your service Karen. BUT she’s moving and will no longer be able or available.

If you are able to transport the racks from our storage unit in Casselberry to Lake Yale, *or* if you feel you might be willing to wrangle volunteers to run the boutique, please let us know. Karen has been faithful to do both, but the jobs can be divided up or shared with a friend.

If we are unable to fill these service positions, we will not be able to have the CFI Boutique this year.

Contact Dara at oacfi fallretreat@aol.com

Want to be included in the distribution list from Central Florida Intergroup? OACFI has an email distribution list used to distribute copies of agendas, minutes, reports and updates from OA. To subscribe, email: oacfi_intergroup_news-subscribe@oacfi.org. Include your name, phone number and home meeting.

Service Positions Remaining Open

Intergroup Secretary, Region Rep #4 and the 'Next Gen' Committee Chair service positions are still open. For more information about the requirements and responsibilities of these offices go to CFI's [Policies & Procedures Manual](#) or contact a CFI Board Member or Intergroup Rep.

CFI Literature Sales

To pre-order literature that you or your groups would like to purchase through CFI intergroup e-mail literature@oacfi.org two weeks prior to the next meeting (to allow time for shipping). The literature chair will place your orders and have the total for your purchases along with receipts ready for pickup 15 minutes before or directly following the meeting. For last minute purchases please arrive early. There will be paper for you to write down orders and *if the items are available* you may pick them up after the meeting. Thank you for your cooperation.

March Treasurer's Report

Number	Day	Group	Contribution
48951	Sun	7th Day Adventist Church	
16681	Mon	Gloria Dei Lutheran Church of Leesburg	86.75
39211	Mon	House Next Door, Deland	
39535	Mon	Central Christian Church 12pm	
45648	Mon	Casa De Fe Y Bendición, Kissimmee	
48859	Mon	Grace Presbyterian, Winter Springs	88.00
53479	Mon	Holy Spirit-Voices of Recovery, Apopka	48.00
56041	Mon	Pimlico Rec Center, The Villages	247.00
56481	Mon	Hospitality House, New Smyrna	
38320	Mon	St. Mark's Church, Palm Coast	
01048	Mon	Church of Ascension, Apopka	
46213	Tue	Asbury United Methodist Church	128.00
50209	Tue	Chatham Rec Ctr., The Villages	35.00
53032	Tues	YMCA, Lecanto	
54196	Tue	Central Christian Church	
25110	Wed	1 st MC Ocala	30.00
39536	Wed	Central Christian Church	
48700	Wed	Lady Lake UMC	60.00
52613	Wed	FL Hospital Celebration Health, Kissimmee	35.00
53744	Wed	House Next Door, Deland	
15171	Thurs	Flagler Beach Fire Department	
18502	Thurs	Church of the Messiah, Winter Garden	25.00
38170	Thurs	Asbury UMC	79.00
52586	Thurs	Wekiva Springs Presbyterian, Longwood	60.00
52976	Thurs	Grace Episcopal, Port Orange	
54195	Thurs	Central Christian Church	5.00
54798	Thurs	Dunnellon Library Group	
00936	Fri	Tuskawilla UMC, Casselberry	120.00
20088	Fri	St. Luke's UMC	25.00
45611	Fri	Lady Lake Library	
53167	Fri	Central Christian Church	9.00
54490	Fri	Shepherd of the Hill Church, Clermont	
54669	Fri	Church of the Messiah	
09016	Sat	Central Florida Intergroup	40.00
78235	Sat	Newcomer's group, The villages	
37491	Sat	Cathedral Church St. Luke	25.00
38611	Sat	St. Richards Episcopal, Winter Park	
39883	Sat	Asbury Methodist Church	84.00
46851	Sat	Men's Meeting, St. Marks Presbyterian	21.00
46887	Sat	Ascension Church	50.00
48952	Sat	Union Congregational Church, Holly Hill	
50419	Sat	Hibiscus Village Rec. Ctr 10:00am, The Villages	65.00
51130	Sat	Hibiscus Village Rec. Ctr 8:30 am, The Villages	
51142	Sat	REBOS Club, St. Cloud	
		Words to Live By	
		Angel Card Meeting	
Total Group Contributions			\$ 1,365.75

CFI Board Members

Chair: Pam T.
 Vice-Chair: Cynthia M.
 Treasurer: Tim Z.
 Secretary:

7th Tradition Contributions may be sent to:
Central Florida Intergroup
P.O. Box 180293, Casselberry, FL 32718

Local Website: www.oacfi.org
 Regional Website: www.oaregion8.org
 International Website: www.oa.org
 Facebook Page: www.facebook.com/oacfi.org
 Newsletter Email: newsletter@oacfi.org
 OA Literature Email: literature@oacfi.org
 Bylaws: [oacfi bylaws](#)
 Policies and Procedures: [oacfi p & p](#)

Coming Intergroup Meetings
10 a.m. Saturday, April 13th & May 11th
 St. Mark's, 1021 Palm Springs Drive
 Altamonte Springs, FL 32701
 All OA Members are welcome to attend.

CENTRAL FLORIDA INTERGROUP

CENTRAL FLORIDA INTERGROUP MEETING DIRECORY

Meeting Changes and Additions in Bold

Time	Type	Group #	Location	Contact	Phone
MONDAY					
10AM		54041	Pimlico Recreation Center, 530 Belvedere Blvd., The Villages 32162	Loretta H.	
NOON	SS	39535	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Robin C.	
5:45PM	L	56481	Coronado Hospitality House, 200 S. Peninsula Ave., New Smyrna Beach 32169	Peggy B.	
5:45PM	V	54471	UCF Research Pavilion Bldg., 12424 Research Pkwy., Orlando 32826 (Room 135)	Jacqui	
6:30PM	D	53479	Holy Spirit Episcopal, 601 S. Highland Avenue, Apopka 32703	Laura F.	
6:30PM	V	39211	The House Next Door, 804 N. Woodland Blvd., DeLand, FL 32724 (Location Changed)	Paul	
7PM	SS	45648	Casa De Fe Y Bendición, 1485 Mill Slough Road, Kissimmee 34744	Terry C.	
7PM	V	16681	Gloria Dei Lutheran Church, 130 Lone Oak Drive, Leesburg 34748	Rosemarie K.	
7:30PM	V	48859	Grace Presbyterian, 1111 Tuskawilla Road, Winter Springs 32708	Kathie H.	
7:30PM	V	01048	Church of the Ascension, 4950 S. Apopka Vineland Road, 32819 (Room 102)	Jacqueline	
TUESDAY					
10AM		50209	Chatham Rec Ctr 7415 SE 172 Legacy Ln., The Villages 32159 (Open to Non-Residents)	Marilyn D.	
NOON	D	54196	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Mary L.	
5PM		53032	YMCA, 4127 West Norvell Bryant Highway, Lecanto 34461	Jennifer	
6PM	V	46213	Asbury United Methodist, 220 Horatio Ave., Maitland 32751 (Room 11)	Kathy M.	
7:30PM	SF	53165	806 West Verona Street, Kissimmee 32714 (Spanish Speaking)	Marta	
WEDNESDAY					
10AM	BB	48700	Lady Lake UMC, Corner of Hwy 27/441 & McClendon St., Lady Lake 34731	Rosemarie K.	
10:30AM	V	25110	First United Methodist Church, 1126 E Silver Springs Blvd., Ocala 34470 (Room 120)	Joleen	
NOON	BB	39536	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Julie	
6:30PM	V	53744	House Next Door, 804 N. Woodland Blvd., Deland 32724	Linda	
7PM	V	52613	FL Hospital Celebration Health, 400 Celebration Place, Kissimmee 34747 (Seagrass Lounge)	Geri B.	
THURSDAY					
NOON	L	54195	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Mary L.	
4PM	V	54798	Dunnellon Public Library, 20351 Robinson Road, Dunnellon 34432	Lisa B.	
5PM	L	56259	YMCA, 4127 West Norvell Bryant Highway, Lecanto 34461	Jennifer	
6PM	V	38170	Asbury United Methodist, 220 Horatio Avenue, Maitland 32751 (Room 11)	Betty	
6PM	SS	52976	Grace Episcopal, 4110 Ridgewood Avenue, Port Orange 32127 (St John's Room)	Tom H.	
7PM	BB	18502	Church of the Messiah, 241 N. Main Street, Winter Garden 34787	Jacqueline	
7PM	BB	52586	Wekiva Springs Pres., 211 Wekiva Springs Lane, Longwood 32779 (2 nd floor, Reformation Rm.)	Phyllis D.	
FRIDAY					
9AM	V	54490	Shepherd of The Hills Lutheran Church, 13600 Caspian Ln, Clermont 34711	Gail P.	
10AM	V	45611	Lady Lake Library, 225 West Guava Street., Lady Lake 32159	Ilene H.	
NOON	BB	53167	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Robin C.	
7PM	L	00936	Tuskawilla United Methodist Church, 3925 Red Bug Lake Road, Casselberry 32707	Phyllis D.	
7PM	D	20088	St. Luke UMC, 4851 S. Apopka Vineland Road, Orlando 32819 (Bldg. B Room 202 - 2 nd floor)	Jacqueline	
SATURDAY					
8AM	V	46887	Ascension Church, 4950 Apopka Vineland Road, Orlando 32819 (Room 108)	Geri B.	
8:30AM	N	51130	Hibiscus Village Rec Ctr., 1740 Bailey Trail, The Villages 32162 (Jasmin Card Rm)	Betty P.	
9AM	D	38611	St Richards Episcopal, 5151 Lake Howell Road, Winter Park 32792 (Speaker Meeting Last Sat)	Betsy D.	
9:10AM	D	51142	1614 Orange Avenue, St. Cloud 34769 (Intersection of Orange and 17 th) REBOS Clubhouse	Sandie	
9:15AM	D	48952	Union Congregational Church, 1050 Daytona Ave., Holly Hill 32117 (Fellowship Hall)	Sue H.	
9:30AM	D	39883	Asbury United Methodist, 220 Horatio Ave., Maitland 32751 (Room 11)	Gloria	
9:30AM	V	54276	Good Shepherd Lutheran Church, 439 E Norvell Bryant Highway, Hernando 34442	Nancy	
10AM	SS	50419	Hibiscus Village Rec Ctr., 1740 Bailey Trail, The Villages 32162 (Jasmin Card Rm)	AnneMarie F	
1:30PM	SS	37491	Cathedral Church St Luke, 130 N. Magnolia Avenue, Orlando 32801 (Activities Rm)	Jacqueline	
2PM	SF	46851	St Mark's Pres., 1021 Palm Springs Dr., Altamonte Spr. 32701 (Men's Mtg., Activity Bld.)	John	
SUNDAY					
4:30PM	N	51353	7 th Day Adventist Church 2800 N Orange Avenue, Orlando 32804 (Across from FL Hospital)	Chery K.	
5PM	V	48951	7 th Day Adventist Church 2800 N Orange Avenue, Orlando 32804 (Across from FL Hospital)	Amy O.	

Book BB - Big, D - Discussion, N - Newcomers, SS - Step Study, V - Varied, L - Literature, SF - Special Focus www.oacfi.org for most recent list