

NEW BEGINNINGS



Sharing Experience, Strength and Hope with those who suffer from Compulsive Eating and Compulsive Food Behaviors

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Digital Newsletters available at www.oacfi.org
OACFI Facebook Page www.facebook.com/oacfi.org

CALENDAR EVENTS

 **February 3rd ~ 8 am to midnight EST**
Super Bowl Sunday—Be A Champion for Your Recovery

 **February 5th ~ 8 am to midnight EST**
Chinese New Year—Starting Anew with Step Two

February 9th ~ 10 am www.oacfi.org
Central Florida Intergroup Meeting
St. Marks, 1021 Palm Springs Dr., Altamonte Springs, FL 32701

 **February 14th ~ 8 am to midnight EST**
Valentine's Day—Bring the Body & the Heart Will Follow

 **February 18th ~ 8 am to midnight EST**
President's Day—Finding Freedom from Food

February 22nd–24th fscregister2017@gmail.com—Pages 5-6
29th Annual Florida State Convention, Cocoa Beach, FL
[Together We Can... Believe, Achieve, Receive!](#)

 **February 24th ~ 8 am to midnight EST**
OA Unity Day—What We Can Never Do Alone

March 9th ~ 10 am www.oacfi.org
Central Florida Intergroup Meeting

April 5th-7th www.oaregion8.org
Region 8 Assembly & Gold Coast Recovery Convention
[Sunlight of the Spirit](#), Plantation, FL

May 6th-11th www.oa.org
World Service Business Conference, Albuquerque, NM
[Growing Our Membership Worldwide](#)

September 27th-29th www.oacfi.org
CFI's 2019 Fall Retreat . . . SAVE THE DATE!

 **Holiday Marathons:** 712-432-5200 Pin: 4285115#
More information at 2019oamarathons@gmail.com

Come One, Come All!!!



29th Annual Florida State
Convention of Overeaters
Anonymous

**"Together We
Can... Believe,
Achieve, Receive"**

Feb 22-24, 2019

This is your personal invitation to fun in the sun! What better place to be than at the beach in Florida?

The 2019 Florida State Convention is being held at the Hilton Cocoa Beach Oceanfront. Although all the hotel rooms are filled at this point, *you are in for a real treat as a day-tripper on Saturday, February 23rd*. Unlike those staying at the hotel, your parking will be complimentary. Convention meals must be ordered by 2/14 but you can bring your own abstinent food.

What can you expect?

Don't Miss out! Save the date!

- You will be hugged and greeted
- You will have access to meetings and workshops covering the whole gamut of OA recovery topics
- You can visit the boutique and shop to your heart's content for \$1.00 bargains
- You can visit the hospitality suite and have fellowship with other OAs
- You can buy literature for yourself or your meeting
- You can participate in the basket and 50/50 drawings
- You can give service by being a timer or in any of the other volunteer opportunities
- You can write and receive love notes

Unity Day is Sunday 2/24. We will celebrate on that day but we will also celebrate on 2/23 and you can be a part of that celebration.

All this and more for only \$30.00 that you can pay at the door. No one is turned away for lack of funds. We only ask that if you cannot afford the fee that you consider making a donation and/or giving service.

Sane Days

"Came to believe that a Power greater than ourselves could restore us to sanity."—Step Two

Spiritual Principle: HOPE

"Many of us compulsive overeaters tend to look at this Step and say: 'Restore me to sanity? I don't need that. I'm perfectly sane. I just have an eating problem.' But how sane are we, really?"—The Twelve Steps and Twelve Traditions of Overeaters Anonymous, p. 9

For me, all I have to do is look at my behavior over food. I know I started at an early age. I remember as a very young girl playing with my dolls. I was home alone and got some food and used it to pretend I was having a tea party. I ended up eating almost the whole bag and left parts I didn't like on the table. After I was all done, I looked at the parts I didn't like and realized it was evidence of what I had done. Fear set in. My father's punishments were not pretty. Instead of just throwing it away, I ate it even though I didn't like it. I ate the evidence.

Also, I have many of the things in this next quote: *"Under the compulsion to overeat, many of us have done things no sane person would think of doing. We have driven miles in the dead of night to satisfy a craving for food. We have eaten food that was frozen, burnt, stale, or even dangerously spoiled. We have eaten food off people's plates, off the floor, and off the ground. We have dug food out of the garbage and eaten it."*

"We have lied about what we have eaten ... We have stolen food We have isolated to eat."

These quotes are part of my overeating compulsion. I can't deny that my actions with food are not sane. And my overeating makes me irritable and discontent when I don't get my food and that affects my actions in the rest of my life.

Thanks to my Higher Power and this program I now have more sane days than all those old days where food consumed my day.

Thanks for listening.

— Debbie C.

Rightly Relating

*"Step Two is the rallying point for all of us... True humility and an open mind lead us to faith and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to Him."
—The Twelve Steps and Twelve Traditions of A.A., p. 33*

I had pretty much given up when I came to OA, but Step Two brought me the principle of hope. Maybe there was something out there which was greater than food. The idea however, of 'rightly relating myself to God' was an odd concept. I had lost hope and didn't relate at all anymore, but how could I do this? Looking back, I sure was rightly relating myself to food, and had nothing but remorse, regret and morbid obesity to show for it.

For me, it meant replacing my higher power of food, with God. Step Two opened my mind and heart, so that I was ready in Step Three to

really find a God I could relate myself to, like a long-lost relative! I liked that visual and it has stuck with me through twenty-five years of abstinence, recovering through these Twelve Steps.

I lead a pretty sane and useful life today. Starting each day out with a commitment to abstinence allows me to approach these next twenty-four hours with a clear-thinking mind!

Yesterday I had a massage and it was wonderful! I left feeling so renewed. Now that is a nice thing to do for myself. How many times did I try to feel renewed with food? Food, which failed to deliver the comfort it promised. Yeah, this is much better self-care.

Sanity is mine now, thanks to this Step. I'm grateful for an open mind, which allowed me to develop a relationship with God, one that I had to relate myself to! Now, that's a different concept.

— Gerri H.

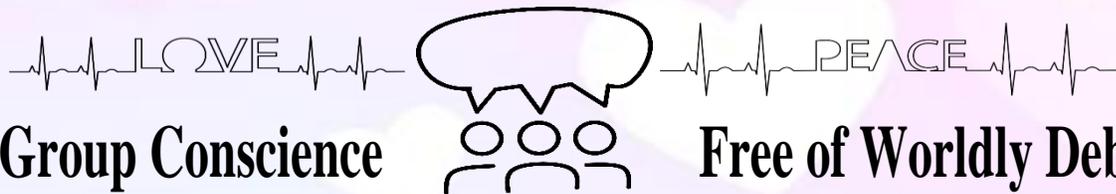


Finding Step Two *“Came to believe that a Power greater than ourselves could restore us to sanity.”—Step Two*

The first step in solving a problem is coming to understand that a problem exists. We cannot change something we don't acknowledge. Honesty is the key behind Step Two. We must accept the fact that our thinking has become out of balance. The obsession and compulsion associated with our eating habits has crossed the line of normal behavior. If we finish our meal and immediately start to contemplate the next one; if we are not hungry yet continue to eat to the point of pain or discomfort; if we have a fear of food which causes us to severely restrict and have a distorted body image; or if we purge following a binge, then we must face the fact that there is something wrong which needs to be addressed.

Coming to accept the insanity of my eating habits was rather shocking for me. I say this knowing that I have been at least 100 pounds overweight. It totally baffles me that I could have become so blind to my own reflection in a mirror. I did not like the way my body looked. It didn't appear attractive. This was some deep-rooted honesty that I needed to accept. On my own I found that I was unable to change my behavior. However, I saw hope and knew grace. Step Two allowed me freedom from the slavery and bondage of food addiction. Although I had crossed a line which I could do nothing about, my HP is all-loving, very wise and all powerful. He led me down a path of abstinence. I have embraced it with humility and gratitude.

—Tony B.



Group Conscience

Free of Worldly Debate

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”—Tradition Two

“I resigned from the debating society.”—For Today, October 30th

Be slow to anger and quick to seek understanding, and listen before speaking; these proverbs can certainly give us direction in confusing situations. We would be wise to follow the way shown by many who have gone before us. Recovery is the road less traveled, but many pathways perceive its single door.

For some this may be difficult, but not for me. I have, and likely always will hate worldly debate. I spent my youth listening to intellectual discourse from my drunken mother who encouraged it. During the lengthy dinners of my youth, my older brother would gleefully enter in, my older sister did so timidly and I ate, and ate, and ate some more.

We don't need to be the sole architects of our abstinence. If we have the humility to listen to the experience, strength, and hope of successful recovering members, we can find a Higher Power. The Second Tradition gives voice to a Higher Power we can understand, no matter what our background or early training may be. This is a spiritual program, not a religious program. We don't have to agree on our individual concepts of HP. However, we can still keep an open mind and listen to others who have found abstinence. This collective conscience provides a foundation for us to grow.

Debate makes me anxious and annoyed. Debate was the place where if I were to show weakness or lack knowledge I would be humiliated—again and again. In my daily life I still shy away from political arguments that disregard the middle ground, and religious discourse that attempts to put my HP in a box, and I welcome a life and program free of debate.

Interestingly enough, and quite to my surprise, I have found the flipside in my OA Service work. I have on several occasions felt led by my HP to be part of the debate, but this experience has been very different. In the world there is little civility and fair play, but in group conscience meetings, intergroup and business conferences, even in the midst of heated debate, there is love and respect. I have found my voice through the prompting of my Higher Power.

So yes, I resigned from the world's debating society long ago, but I have a fierce loyalty to the steps, traditions and my OA brothers and sisters. For this too, I am responsible.

—Tony B.

In HP's Service and yours,
—Dawn K.

EDITOR'S NOTE: The following article is not about overeating, but was submitted by one of our fellowship. It is an honest accounting of the struggle with compulsion and our constant need for willingness. We addicts often transfer our compulsions from one thing to another. May our eyes be opened, and our hearts be willing to do the ongoing work of recovery in all areas of our lives.

Balance: ~~-\$4,977~~

November 25, 2018 – After too many months of neglecting my finances, above is the calculation I got when I finally sat down and looked over my expenses for the past few months. Instead of feeling a healthy sense of shame by my negative balance my initial thought was I really need to stop spending, yet I don't want to! The picture is bleaker than I imagined (without calculating my expenditures each month, my denial was much easier). I realized that if I waited to share this information, the significance would recede from my mind. So, I am writing this on Sunday, November 25th –after a weekend of spending (not on holiday gifts but “necessities”).

When I entered OA in 2006, I was about \$76,000 in debt. The majority was student debt but included substantial unsecured loans (credit card debt). Before recovery, I truly believed that I would always be in debt so there was no real incentive to make a change. But a therapist helped me to see that there could be light at the end of the tunnel. Through hard work, student loan repayment contributions from my employer and discipline garnered through the Twelve Steps, I paid off the debt in its entirety. How did I celebrate? By spending money! I took myself on a ski trip. Since that time, I have rarely stopped spending and almost never tell myself “no”. I slowly began to accumulate more credit card debt, carrying a balance of about \$3,000 for several years. I received a small sum from my mother's life insurance policy and paid off most of that debt, yet I continued to spend. Fear of economic insecurity (which left me years ago) could be a good thing after all!!!

When my partner looked at my finances about a year ago,



he advised me to remove money from my short-term money market account to pay off my credit card balance. I told him that I wouldn't because without a behavior change, I would be back in debt and my money market funds would be depleted. I am hoping that finally looking at where I am now and sharing it with all of you might be what I need to motivate the behavior change.

January 26, 2019 – This morning instead of writing my topic, I was online buying shoes and looking at jewelry. Since I wrote the above passage two months ago, I have not had a complete change in behavior, yet I am taking baby steps in that direction. I spoke with my cousin who has become debt-free once again through her own thrifty ways, and began to follow some of her suggestions. I spoke to my friend and 7th Tradition buddy (we have used Tradition Seven to work on various areas of our lives, including finances). From her I learned about a FREE online budgeting system which I set up. I took out a personal loan from my credit union (lower interest rates and terms which I set to re-pay the debt sooner rather than later) to pay off

that credit card balance (which was significantly higher than the \$3,000 I paid off a few years ago). I transferred all of my automatic bill payments from my credit card to my checking account, so I am using real money instead of credit (and not being lured by illusion into more debt). I have started to say “no” to eating out and spending money in ways that do not support financial freedom. And, I am sharing honestly (to the best of my ability) with all of you.

I know that I am not alone. Even my 7th Tradition buddy shared about some financial backsliding. Fortunately, together we get better when I practice these spiritual principles in all of my affairs. I am unable (or unwilling) to commit to a complete change in behavior, but I am willing to check back in with all of you in a few months and share my progress (or simply my process). Baby steps in the right direction is my action plan. Thank you for allowing me to share this too with all of you!

Hugs and love,
—Atiya M.

“NEW BEGINNINGS” is the monthly newsletter of the Central Florida Intergroup of Overeaters Anonymous. The newsletter presents experiences and opinions of individual OA members and is not to be attributed to OA as a whole, nor does publication of any article imply endorsement by Overeaters Anonymous or by the Central Florida Intergroup. Comments, suggestions, and articles sharing your personal experience, strength, and hope of recovery in the OA fellowship are encouraged. Articles submitted will not be returned and are subject to editing for clarity, brevity and anonymity.



29th Annual Florida State
Convention of Overeaters
Anonymous

**“Together We
Can... Believe,
Achieve, Receive”**



Feb 22-24, 2019

Hilton Cocoa Beach Oceanfront
1550 N Atlantic Avenue
Cocoa Beach, FL 32931
(Reservations) 1-866-580-7402
(Hotel Direct) 321-799-0003
cocoabeach.hilton.com

**PARTICIPATING FLORIDA
INTERGROUPS**

- Central Florida
- Gold Coast
- Manasota
- Miami-Dade & the Keys
- New Freedom
- Palm Beach County
- Pinellas Traditions
- Space Coast
- Sun Coast



For more information contact:

Chair – Jacqueline R.
Email: jarock587@aol.com
Phone: 407-423-4086

Vice Chair – Andi S.
Email: spiritmade351@gmail.com
Phone: 954-295-1123

Hotel Liaisons:
Patty K. pkenny333@gmail.com 321 802-9253
Tammy B. tammybursick@comcast.net 772 633-3417

*Note: Meeting rooms can be
chilly. Please bring a sweater.*

If you are reading a paper copy, additional copies
of this flyer can be downloaded at
www.oaregion8.org

REGISTRATION FORM:

YES - I WILL GIVE SERVICE:

___ Meeting Leader - I have 90
days of continuous abstinence
Initial here
I would like to focus on this aspect of recovery
(circle one): Physical Emotional Spiritual

- ___ Boutique
- ___ Hospitality Room
- ___ Hugger/Greeter
- ___ Literature Table
- ___ Meeting Room Timer
- ___ Registration Table
- ___ Sell Tickets for Drawings
- ___ Service Desk
- ___ Where needed
- ___ I am interested in an OPEN
MICROPHONE (For entertainment purposes:
poetry reading, comedy, story-telling, etc.)
- ___ I need a roommate

Visit the Recovery Bookstore

**Need literature? Anyone may place
an advance order by contacting
Emilie before 1/27/2019.**

Contact
Emilie B.
Phone: 786-207-4786
spiritzip@hotmail.com

**Credit cards will be accepted
at the Florida State Convention for
purchases over \$10.**

HOTEL INFORMATION

Hilton Cocoa Beach Oceanfront (Reservations) 1-866-580-7402

You must make your own reservations before 1/23/19. Use code "FSCOA" for special rates: \$169.00 Double/Triple/Quad + 12% taxes per night. Reservations made after 1/23/19 will be charged at the current room rate in effect on the day of the reservation. Hotel requires a credit card to hold your reservation. **THERE WILL BE NO EXCEPTIONS.**

Rates are available for three days before and after the event. Hotel check-in is at 4:00 PM, Friday; check-out is 11:00 am Sunday. Coffee maker and mini-frig in every room (no microwaves).

SELF - PARKING will be 50% off (\$3.50 per day) and is adjacent to hotel. Complimentary internet.

MEAL INFORMATION



Meals must be ordered before 2/14/19. Everyone who signs up for the 4-meal package will be entered to win one of four \$50 cash prizes. Winning is like attending the banquet for free!

4-Meal Package: \$135
Includes breakfast buffet Saturday and Sunday, Saturday lunch buffet and Saturday banquet. Taxes and tips included in price.

You may also choose to attend the Saturday lunch and/or banquet separately. Guests are welcome if you prepay for them. Sign up for one or both and pay the meal fee(s):

Saturday Lunch BUFFET ONLY: \$45
Your choice of chicken, mahi, or vegetarian entrée. (Indicate choice on registration form.)

Saturday BANQUET ONLY: \$50
Your choice of chicken, steak, or vegetarian entrée. (Indicate choice on registration form.)

More information about what is included in each meal is available on the EventBrite web page.

Convention Highlights

Registration in Hotel Main Lobby
Friday: 3:00 – 7:00 PM
Saturday: 7:00 AM – Noon
(closed during opening ceremony)

Workshops start: 4:00 PM FRI
8:00 AM SAT
8:00 AM SUN

Opening Ceremony: 7:30 PM FRI
Unity Day Celebration: 1:30 PM SAT
Convention ends: Noon SUN

REGISTRATION FEES

- **Early registration: \$35.00** (Postmarked by 1/26/2019)
 - One Day Pre-Registration: \$30.00
 - **Late registration: \$45.00** (Postmarked **AFTER** 1/26/2019) **WALK-INS WELCOME!!!**
- Credit cards accepted on site.*
- No refunds after 2/15/2019. These funds will be considered a 7th Tradition Donation.

No one will be turned away for lack of funds. Please check with your Intergroup about scholarships. If you cannot afford registration, consider giving service or a donation.

Register on-line:
<https://fscoa2019.eventbrite.com>
(A surcharge is added when using this site.)

Register by mail:
Make checks payable to:
"Florida State Convention of OA"
Send to: Carl Kullin
8775 Commo Lake Blvd.
Jacksonville, FL 32256
Email: fscregister2017@gmail.com
Phone: 323-304-9287

REGISTRATION FORM

**"Together We Can... Believe,
Achieve, Receive"**

Name and City for Badge:

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Fees Enclosed (Registration plus meals):

Registration Fee \$ _____

4-Meal Package * \$ _____

Sat. Lunch ONLY* \$ _____

Sat. Banquet ONLY* \$ _____

DONATION \$ _____

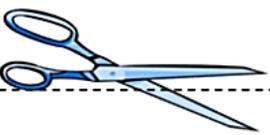
TOTAL \$ _____

*If ordering meals, please circle your choice:

Lunch choice: Gilled chicken salad Mahi Vegetarian

Banquet choice: Chicken Steak Vegetarian

(Meal cut-off date is midnight 14 FEB 2019.)



CENTRAL FLORIDA INTERGROUP BUSINESS PAGE

Want to be included in the distribution list from Central Florida Intergroup? OACFI has an email distribution list used to distribute copies of agendas, minutes, reports and updates from OA. To subscribe, email: oacfi_intergroup_news-subscribe@oacfi.org. Include your name, phone number and home meeting.

Meeting Closing

The Wednesday night 6pm Fruitland Park meeting has closed. Thank you for your service (Group #54703).

Service Positions Remaining Open

Intergroup Secretary, Region Rep #4 and the 'Next Gen' Committee Chair service positions are still open. For more information about the requirements and responsibilities of these offices go to CFI's [Policies & Procedures Manual](#) or contact a CFI Board Member or Intergroup Rep.

CFI Literature Sales

To pre-order literature that you or your groups would like to purchase through CFI intergroup e-mail literature@oacfi.org two weeks prior to the next meeting (to allow time for shipping). The literature chair will place your orders and have the total for your purchases along with receipts ready for pickup 15 minutes before or directly following the meeting. For last minute purchases please arrive early. There will be paper for you to write down orders and *if the items are available* you may pick them up after the meeting. Thank you for your cooperation.

January Treasurer's Report

Number	Day	Group	Contribution
48951	Sun	7 th Day Adventist Church	
16681	Mon	Gloria Dei Lutheran Church of Leesburg	
39211	Mon	House Next Door, Deland	
39535	Mon	Central Christian Church 12pm	10.00
45648	Mon	Casa De Fe Y Bendición, Kissimmee	
48859	Mon	Grace Presbyterian, Winter Springs	
53479	Mon	Holy Spirit-Voices of Recovery, Apopka	60.00
56041	Mon	Pimlico Rec Center, The Villages	
38320	Mon	St. Mark's Church, Palm Coast	
56481	Mon	Hospitality House New Smyrna	
46213	Tue	Asbury United Methodist Church	176.00
50209	Tue	Chatham Rec Ctr., The Villages	
53032	Tues	YMCA, Lecanto	
54196	Tue	Central Christian Church	10.00
25110	Wed	1st UMC Ocala	25.00
39536	Wed	Central Christian Church	10.00
48700	Wed	Lady Lake UMC	25.00
52613	Wed	FL Hospital Celebration Health, Kissimmee	90.00
53744	Wed	House Next Door, Deland	
54703	Wed	Unity Spiritual Center	
15171	Thurs	Flagler Beach Fire Department	
18502	Thurs	Church of the Messiah, Winter Garden	25.00
38170	Thurs	Asbury UMC	
52586	Thurs	Wekiva Springs Presbyterian, Longwood	50.00
52976	Thurs	Grace Episcopal, Port Orange	60.00
54195	Thurs	Central Christian Church	5.00
54798	Thurs	Dunnellon Library Group	172.58
936	Fri	Tuskawilla UMC, Casselberry	78.00
20088	Fri	St. Luke's UMC	25.00
45611	Fri	Lady Lake Library	159.00
53167	Fri	Central Christian Church	10.00
54490	Fri	Shepherd of the Hill Church, Clermont	
54669	Fri	Church of the Messiah	
9016	Sat	Central Florida Intergroup	64.00
37491	Sat	Cathedral Church St. Luke	25.00
38611	Sat	St. Richards Episcopal, Winter Park	
39883	Sat	Asbury Methodist Church	111.00
46851	Sat	Men's Meeting, St. Marks Presbyterian	39.00
46887	Sat	Ascension Church	
48952	Sat	Union Congregational Church, Holly Hill	
50419	Sat	Hibiscus Village Rec. Ctr 10:00am, The Villages	
51130	Sat	Hibiscus Village Rec. Ctr 8:30 am, The Villages	
51142	Sat	REBOS Club, St. Cloud	
		Angel Card Meeting (note -\$5)	228.75
Total Group Contributions			\$ 1,458.33

CENTRAL FLORIDA INTERGROUP

CFI Board Members

Chair: Pam T.
 Vice-Chair: Cynthia M.
 Treasurer: Tim Z.
 Secretary:

7th Tradition Contributions may be sent to:
Central Florida Intergroup
P.O. Box 180293, Casselberry, FL 32718

Local Website: www.oacfi.org
 Regional Website: www.oaregion8.org
 International Website: www.oa.org
 Facebook Page: www.facebook.com/oacfi.org
 Newsletter Email: newsletter@oacfi.org
 OA Literature Email: literature@oacfi.org
 Bylaws: oacfi.org/bylaws
 Policies and Procedures: [oacfi.org/p & p](http://oacfi.org/p&p)

Coming Intergroup Meetings
10 a.m. Saturday, Feb. 9th & March 9th
 St. Mark's, 1021 Palm Springs Drive
 Altamonte Springs, FL 32701
 All OA Members are welcome to attend.

CENTRAL FLORIDA INTERGROUP MEETING DIRECORY

Meeting Changes and Additions in Bold

Time	Type	Group #	Location	Contact	Phone
MONDAY					
10AM		54041	Pimlico Recreation Center, 530 Belvedere Blvd., The Villages 32162	Loretta H.	
NOON	SS	39535	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Robin C.	
5:45PM	L	56481	Coronado Hospitality House, 200 S. Peninsula Ave., New Smyrna Beach 32169	Peggy B.	
5:45PM	V	54471	UCF Research Pavilion Bldg., 12424 Research Pkwy., Orlando 32826 (Room 135)	Jacqui	
6:30PM	D	53479	Holy Spirit Episcopal, 601 S. Highland Avenue, Apopka 32703	Laura F.	
6:30PM	V	39211	The House Next Door, 804 N. Woodland Blvd., DeLand, FL 32724 (Location Changed)	Paul	
7PM	SS	45648	Casa De Fe Y Bendición, 1485 Mill Slough Road, Kissimmee 34744	Terry C.	
7PM	V	16681	Gloria Dei Lutheran Church, 130 Lone Oak Drive, Leesburg 34748	Rosemarie K.	
7:30PM	V	48859	Grace Presbyterian, 1111 Tuskawilla Road, Winter Springs 32708	Kathie H.	
7:30PM	V	01048	Church of the Ascension, 4950 S. Apopka Vineland Road, 32819 (Room 102)	Jacqueline	
TUESDAY					
10AM		50209	Chatham Rec Ctr 7415 SE 172 Legacy Ln., The Villages 32159 (Open to Non-Residents)	Leslie	
NOON	D	54196	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Mary L.	
5PM		53032	YMCA, 4127 West Norvell Bryant Highway, Lecanto 34461	Jennifer	
6PM	V	46213	Asbury United Methodist, 220 Horatio Ave., Maitland 32751 (Room 11)	Kathy M.	
7:30PM	SF	53165	806 West Verona Street, Kissimmee 32714 (Spanish Speaking)	Marta	
WEDNESDAY					
10AM	BB	48700	Lady Lake UMC, Corner of Hwy 27/441 & McClendon St., Lady Lake 34731	Barb R.	
10:30AM	V	25110	First United Methodist Church, 1126 E Silver Springs Blvd., Ocala 34470	Joleen	
NOON	BB	39536	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Julie	
6PM	V	54703	Unity Spiritual Center, 509 County Road 468, Fruitland Park 34731	Deborah H.	
6:30PM	V	53744	House Next Door, 804 N. Woodland Blvd., Deland 32724	Linda	
7PM	V	52613	FL Hospital Celebration Health, 400 Celebration Place, Kissimmee 34747 (Seagrass Lounge)	Geri B.	
THURSDAY					
NOON	L	54195	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Mary L.	
4PM	V	54798	Dunnellon Public Library, 20351 Robinson Road, Dunnellon 34432	Lisa B.	
5PM	L	56259	YMCA, 4127 West Norvell Bryant Highway, Lecanto 34461	Jennifer	
6PM	V	38170	Asbury United Methodist, 220 Horatio Avenue, Maitland 32751 (Room 11)	Betty	
6PM	SS	52976	Grace Episcopal, 4110 Ridgewood Avenue, Port Orange 32127 (St John's Room)	Tom H.	
7PM	BB	18502	Church of the Messiah, 241 N. Main Street, Winter Garden 34787	Jacqueline	
7PM	BB	52586	Wekiva Springs Pres., 211 Wekiva Springs Lane, Longwood 32779 (2 nd floor, Reformation Rm.)	Phyllis D.	
FRIDAY					
9AM	V	54490	Shepherd of The Hills Lutheran Church, 13600 Caspian Ln, Clermont 34711	Dee	
10AM	V	45611	Lady Lake Library, 225 West Guava Street., Lady Lake 32159	Nancy	
NOON	BB	53167	Central Christian Church, 250 SW Ivanhoe Blvd., Orlando 32804	Robin C.	
7PM	L	00936	Tuskawilla United Methodist Church, 3925 Red Bug Lake Road, Casselberry 32707	Phyllis D.	
7PM	D	20088	St. Luke UMC, 4851 S. Apopka Vineland Road, Orlando 32819 (Bldg. B Room 202 - 2 nd floor)	Jacqueline	
SATURDAY					
8AM	V	46887	Ascension Church, 4950 Apopka Vineland Road, Orlando 32819 (Room 108)	Geri B.	
8:30AM	N	51130	Hibiscus Village Rec Ctr., 1740 Bailey Trail, The Villages 32162 (Jasmin Card Rm)	Karen	
9AM	D	38611	St Richards Episcopal, 5151 Lake Howell Road, Winter Park 32792 (Speaker Meeting Last Sat)	Betsy D.	
9:10AM	D	51142	1614 Orange Avenue, St. Cloud 34769 (Intersection of Orange and 17 th) REBOS Clubhouse	Sandie	
9:15AM	D	48952	Union Congregational Church, 1050 Daytona Ave., Holly Hill 32117 (Fellowship Hall)	Sue H.	
9:30AM	D	39883	Asbury United Methodist, 220 Horatio Ave., Maitland 32751 (Room 11)	Gloria	
9:30AM	V	54276	Good Shepherd Lutheran Church, 439 E Norvell Bryant Highway, Hernando 34442	Nancy	
10AM	SS	50419	Hibiscus Village Rec Ctr., 1740 Bailey Trail, The Villages 32162 (Jasmin Card Rm)	Leslie F.	
1:30PM	SS	37491	Cathedral Church St Luke, 130 N. Magnolia Avenue, Orlando 32801 (Activities Rm)	Jacqueline	
2PM	SF	46851	St Mark's Pres., 1021 Palm Springs Dr., Altamonte Spr. 32701 (Men's Mtg., Activity Bld.)	John	
SUNDAY					
4:30PM	N	51353	7 th Day Adventist Church 2800 N Orange Avenue, Orlando 32804 (Across from FL Hospital)	Chery K.	
5PM	V	48951	7 th Day Adventist Church 2800 N Orange Avenue, Orlando 32804 (Across from FL Hospital)	Amy O.	

Book BB - Big, D - Discussion, N - Newcomers, SS - Step Study, V - Varied, L - Literature, SF - Special Focus www.oacfi.org for most recent list